

UnitedHealthcare Community Plan of Indiana

Clinical Practice Guidelines for Diabetes

Our Position:

More than 612,000 adults in Indiana, or almost 12.0% of the adult population, suffer from all forms of diabetes, including type 1, type 2 and gestational. Of these, an estimated 146,000 have diabetes but don't know it. Additionally, at least 1.7 million Hoosiers, 33% of the adult population, are living with prediabetes, putting them at risk for type 2 diabetes in the future. Every year over 40,000 people in Indiana are diagnosed with diabetes. Indiana estimates that total, direct medical expenses related to diagnosed diabetes is in the billions of dollars and expected to grow.¹

Our Goal:

Support our providers with the tools and assistance for understanding the importance of controlling a member's diabetes.

[Indiana Diabetes Profile | Centers for Disease Control \(CDC\)](#)

[Stats of the States: Diabetes Mortality | Centers for Disease Control \(CDC\)](#)

Indiana Resources:

[Division of Chronic Disease: Diabetes | Indiana Health Department \(IDH\)](#)

[Care of Students with Diabetes Law IC 20-34-5 | IN Department of Education \(IN DOE\)](#)

[Health and Safety Reminder: Diabetes Overview | Indiana Family & Social Services Administration \(FSSA\)](#)

National Resources:

[UHC National Diabetes Clinical Practice Guidelines | American Diabetes Association \(ADA\)](#)

[Diabetes: Clinical Guidance and Practice Resources | American Academy of Family Physicians \(AAFP\)](#)

[Information for Professionals: Diabetes | Centers for Disease Control \(CDC\)](#)

¹ [The Burden of Diabetes in Indiana \(ADA\)](#)