



2023 VABs

Program	Details	New or Expanded
Healthy Rewards program	Earn Debit Card Rewards for completing things like your annual health risk assessment and Well-Child Visits for children ages 3-17 . Debit cards can be used at specific retailers for hundreds of CMS approved healthy related items. Reward amounts range from \$10 to \$25.	Expanded
Wellness for all	All members can access a \$50.00 activity or program at a participating organization such as YMCA, Boys and Girls Clubs, and Parks and Recreation locations in Kansas or receive a fitness kit for healthy activities at home.	Expanded
Adult dental	Any member ages 21 and over are eligible for added dental benefits, like screenings, exams, x-rays, and specialty preventative treatments up to \$500 per year.	Modified
Extra rides	Members can get up to 24 total round-trip rides per year to cover for example: getting to the pharmacy, grocery store, food bank, WIC, prenatal classes, local community activities support group meetings, job related activities such as interviews, job training, shopping for work clothes, career counseling, early childhood education programs or any activities that assist members to remove transportation barriers to access services.	Expanded (for all members)
Bus Passes	Members aged 19 and over in Johnson, Sedgwick, Shawnee, and Wyandotte counties can get up to \$25 annually in bus passes.	
Education	Adults over age 19 can get help with education advancement. This includes GED, Coding Classes, English as a Second Language (ESL), Resume Writing Workshops. Health plan will pay up to \$200 annually for education.	



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Pregnant and new moms	<ul style="list-style-type: none"> - Pregnant members who complete their first prenatal exam within the first trimester (first 42 days of plan enrollment) can earn a \$75 Debit Card to be used toward health and wellness items and/or baby items. - Members can enroll in the BabyScripts program to gain access to an app that has information on nutrition, exercise, newborn care, pregnancy stages and more. Up to \$75 in rewards can be earned for completing program enrollment and attending specified appointments. - Pregnant Members with a diagnosis of Hypertension or Preeclampsia will receive a Digital Blood Pressure Monitor. 	New and expanded
School Supplies	Members who are in foster care can receive one school supply box.	New
Weighted Blankets	Members who are in foster care or on the Autism or SED Waivers, can received a weighted blanket per year, to provide support for anxiety.	New
Vision	Adult members (age 21+) get an additional \$60 per year to use toward enhanced frames.	
Nutrition	Members who complete the Create Better Health SNAP Education Classes will receive a food journal and cooking item valued at \$50.00	New
Dining with Diabetes	Members with a diagnosis of Type 2 Diabetes or their caregivers are eligible to attend Dining with Diabetes classes through K-State Research an Extension.	New
Home helper catalog	FE, PD, BI, TA, and I/DD enrolled on a waiver can chose \$50 per year on a home safety or home assistance product from our catalog through your care coordinator. Select from items such as adult briefs, tub safety rails, shower bench, over-the- counter and other home safety and support items.	Expanded
Internet	Members on the FE, PD, I/DD or Autism waivers may be invited to get internet service covered as incentive for completing specific health activity.	
Pest control	For Waiver members who own their home. Work with care coordinator to set up.	
Sesame Street	“Sesame Street Food for Thought Program” — A program to help families eat better. The program teaches families with children how to buy healthy food.	

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Respite care	I/DD waiver enrolled Members getting home services can get 40 hours of respite care.	
Mom's Meals	Members can get 14 meals (two meals/day for seven days) if they have been discharged from a hospital, skilled nursing facility, or rehab facility and have mobility needs, no family support to assist with food access, and/or be at risk for readmission due to nutritional issues (no age requirement).	
On My Way program	Young adult members can access websites to help prepare them for adult life. OMW teaches skills like managing money, getting housing, finding job training and applying for college. This online program helps you transition from Foster Care or from parents/guardians home to independent living.	
Mental Health First Aid trainings	Is a training program that teaches members of the public how to help a person developing a mental health problem, experiencing a worsening of an existing mental health problem or in a mental health crisis.	
Seeking Safety training events	A training that teaches coping skills to help adults, children and youth find safety from trauma and/or substance abuse.	
Sanvello app	Self-care, coaching, therapy, and peer support for dealing with stress, anxiety, and depression are available to all members through the premium version of the Sanvello™ app.	
Assurance Wireless	Free Android Smartphone with 350 free minutes per month, 3 GB of data per month and unlimited messaging for members 18 years and older, max one device per household. Members will be able to opt into engagement and outreach enabling health-related campaigns and text messaging with health professionals. Members will also be encouraged to use the device for telehealth with local providers.	
Wellness Calendar	FE members will be mailed a wellness calendar at the beginning of each year to track their doctor appointments, medications timeline, and social events.	
Pyx Health	Members 18 and older can access 24/7 support and companionship using the Pyx Health mobile application. Pyx offers members an engaging app experience to combat social isolation and loneliness by giving them access to compassionate people who can listen and connect them to resources.	New