

Clinical criteria prior authorization updates for medications

Effective Sept. 1, 2026, we're updating our clinical criteria prior authorization for several medications. This applies to UnitedHealthcare Community Plan of Texas CHIP, STAR, STAR Kids and STAR+PLUS plans.

Clinical criteria guidelines	Clinical criteria updates
<u>Cystic Fibrosis Agents</u>	- Updated Alyftrek and Trikafta's indication check to say, "at least 1 variant in the CFTR gene that is either responsive based on clinical and/or in vitro data or results in production of CFTR protein?" - Updated criteria lookback language to say, "in past medical and/or pharmacy claims history?" - Updated the lookback language for drug-drug interactions to check for concurrent use
<u>Cytokine and CAM Antagonists</u>	- Updated the Cosentyx age check for ankylosing spondylitis and hidradenitis suppurativa to greater than or equal to 12 years of age - Updated the Stelara age check for Crohn's disease to greater than or equal to 2 years of age - Added Otezla 10-20-30 mg Start 14 Day, Otezla XR Initiation PK 28 Day, and Otezla XR 75 mg tablet to the Otezla drugs requiring prior authorization table - Added Skyrizi 55 mg/0.37 mL syringe to the Skyrizi drugs requiring prior authorization table - Added Skyrizi 55 mg/0.37 mL syringe to the Biologic DMARDs, Conventional Therapy – Plaque Psoriasis, and Cytokine and CAM Antagonists supporting table - Updated the age check for moderate-to-severe plaque psoriasis and psoriatic arthritis to 6 years of age and older for Skyrizi
<u>Filspari (Sparsentan)</u>	- Added a check for the diagnosis of focal segmental glomerulosclerosis (FSGS) without nephrotic syndrome - Updated the quantity check to less than or equal to 2 tablets daily (from less than or equal to 1 tablet daily) - Updated criteria lookback language to say, "in past medical and/or pharmacy claims history?"
<u>Monoclonal Antibody Agents</u>	Updated the Dupixent age check for CSU to greater than or equal to 2 years of age (from greater than or equal to 12 years of age)

Please use the updated clinical criteria guidelines to determine if you need to submit a prior authorization request or review the clinical criteria before prescribing these medications.

Questions? We're here to help.

For chat options and contact information, visit UHCprovider.com/contactus.