

WASHINGTON BEHAVIORAL HEALTH PEER SUPPORT SERVICES

MEMBER AND PROVIDER INFORMATION



What are Peer Support Services?

Peer Support Services are community support services that provide help to people with behavioral health conditions, such as substance use or mental health conditions. A Certified Peer Support Specialist is someone who has also lived with a behavioral health condition. They use their own experiences and training to help others who are living with similar conditions reach their health goals. Peer Support Services can be available at any time during a person's care.

Peer Support Services may include:

- Helping people, families, and caregivers find their way through the healthcare system to access clinical and community services.
- Working together with a person's care team, case workers, and providers to make sure they get the help they need.
- Sharing helpful tools, skills, supports, and resources that can help people reach their health goals.
- Helping people feel hopeful, confident, and motivated during their care journey.

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Additional Support

If you need additional support or have trouble finding Peer Support Services in your area, please contact your insurance provider's Case Management Program.

Community Health Plan of Washington

Phone: 206-418-7004 or Fax: 206-652-7073 Email:
CareMgmtReferrals@chpw.org

Coordinated Care Apple Health Care Management Department

1-877-644-4613 (TTY: 711)
Send a secure email to
caremanagement@coordinatedcarehealth.com

Coordinated Care Apple Health Core Connections Health Care Coordination (Foster Care)

1-844-354-9876
Send secure email to AHCCTeam@coordinatedcarehealth.com

Molina Healthcare

Phone: 800-869-7175 ext. 142618
Provider Questions Email:
MHWCMLReferrals@MolinaHealthCare.Com

UnitedHealthcare

Member Services: 877-542-8997 TTY 711
Provider Questions Email: wa_behavioralhealthreferrals@uhc.com

Wellpoint

Member and Provider Questions Email:
WABHReferrals@wellpoint.com
Member services: 1-833-731-2167

King County

Provider & Client Services line at 206-263-8997 or 1-800-790-8049

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Peer Support Resources

A Common Voice, the Center of Parent Excellence (C.O.P.E.)- Peer Support

Services for parents and caregivers:
<https://www.acommonvoice.org/>

Behavioral Health Agencies Directory- list

of licensed providers offering Peer Support Services in WA:
<https://doh.wa.gov/sites/default/files/2022-02/606019-BHADirectory.pdf>

Clubhouse International- Peer-Led Support and Resources:

<https://clubhouse-intl.org/>

Dads MOVE- Family-Centered Peer Services and Education:

<https://www.dadsmovewa.org/>

Health Care Authority Peer Support and counseling- overview of Peer Support

Services in WA:
<https://www.hca.wa.gov/free-or-low-cost-health-care/i-need-behavioral-health-support/peer-support-and-counseling#how-do-i-find>

NAMI Peer Led Connection and Family Led Support Groups:

<https://www.namiwa.org/support-groups>

Peer Washington- connect to Peer Support Services in WA:

<https://www.peerwa.org/services>

Recovery Café- Peer Support and Community Building:

<https://recoverycafe.org/>

Teen Link- teen Peer Support Services help line:

<https://www.teenlink.org/>

Warm Line- Peer Support Services help line:

<https://www.crisisconnections.org/wa-warm-line/>