

Area of Expertise indicators

Quick reference guide

Overview

Area of Expertise (AOE) is an indicator within our medical directory that displays a health care professional's unique experience, training and certifications. This indicator helps members identify in-network health care professionals who can best meet their special health care needs.

The AOE indicators are distinct from a health care professional's practicing specialty and clinical focus. For instance, an OB/GYN may have a clinical focus in endometriosis and infertility and have expertise in postpartum depression/maternal mental health or breastfeeding, lactation consultant and support.



**Questions?
We're here to help.**

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Available indicators

You can include the following Area of Expertise indicators in UnitedHealthcare® commercial plans and UnitedHealthcare Community Plans and UnitedHealthCare Medicare Advantage plans.

Age expertise

Name	Code	Definition
Ages 0-23 months - Infants**	INFT	Care that focuses on patients in infancy
Ages 2-5 - Younger children	YC	Care that focuses on patients in early childhood
Ages 6-12 - Older children	OC	Care that focuses on patients in late childhood
Ages 13-18 - Adolescents**	ADOL	Care that focuses on patients in adolescence
Ages 19-24 - Young adults	YA	Care that focuses on patients in young adulthood
Ages 25-44 - Adults**	ADUL	Care that focuses on patients in early adulthood
Ages 45-64 - Middle-aged adults	MAA	Care that focuses on patients in mid-adulthood
Ages 65+ - Older adults**	AGED	Care that focuses on patients in late adulthood

**Asterisks by AOE name indicate a code created to satisfy a Medicaid regulatory display requirement.

Conditions treated

Name	Code	Definition
Asthma remediation	ASRM	Asthma remediation focuses on improving asthma symptoms by removing triggers from the home environment.
Attention-deficit/hyperactivity disorder (ADHD)**	E025	Get care for a condition that makes it difficult for a person to pay attention, stay still or control impulsive behavior, which may affect learning.
Blindness or visually impaired	BVI	Get care for individuals with vision loss (blindness) or for those who need help improving vision through glasses, contacts or surgery.
Chronic illness	CIL	Access care for individuals living with long-term illnesses such as HIV/AIDS, arthritis, diabetes, heart disease or chronic obstructive pulmonary disease (COPD).
Co-occurring disorders**	CODT	Access care for individuals who have both a mental health disorder and a substance use disorder.
Developmentally disabled	DD	Get care for conditions in which a person develops more slowly than others; this typically begins during childhood.
Genetic inherited or congenital disorder**	GICD	Get care from a provider who treats conditions present from birth (congenital conditions).
Hearing-impaired populations**	HIMP	Get care for individuals with mild, moderate or complete hearing loss.
HIV/AIDS	HV	Get care for individuals living with HIV/AIDS.
Neurodevelopment/ Neurodiversity disabilities	NND	Get care from a provider who specializes in treating individuals with neurodevelopmental or neurodiversity-related disabilities.
Obesity medicine	OBM	Get care from a professional with specialized training and knowledge in obesity care.
PANDAS and PANS**	PANS	Access care for the treatment of PANDAS and PANS.
Physical disabilities	PDB	Access care for individuals with physical disabilities such as cerebral palsy, cystic fibrosis or multiple sclerosis.
Postpartum depression/ Maternal mental health**	E198	Receive care for postpartum depression and other mild to moderate maternal mental health conditions.
Serious mental illness	SMI	Access care from providers with training, skills or experience treating individuals with serious mental illness.

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Conditions treated (cont.)

Name	Code	Definition
Sleep-wake disorders**	E230	Get care for sleep disorders that affect the quality, timing, or amount of sleep and interfere with daily functioning.
Speech impairment	SI	Get care from a provider who treats individuals with speech impairments.
Spinal cord/Brain injury**	SCBI	Get care from a provider who treats individuals with spinal cord or brain injuries.
Substance disorder (SUD) residential treatment	A141	Substance Use Disorder (SUD) - Inpatient Treatment offers comprehensive, 24-hour care for Ohio Medicaid members diagnosed with a substance use disorder.
Substance use disorder**	E280	Get care for a condition in which the use of legal or illegal drugs or alcohol causes significant health problems or harm.
Traumatic brain injury	TBI	Get care from a provider who treats individuals with brain injuries.

Procedure expertise

Name	Code	Definition
Gender affirming - Hormone therapy**	CSHT	A form of hormone therapy in which sex hormones and other hormonal medications are administered to help align an individual's secondary sexual characteristics with their gender identity
Gender affirming surgery - Bottom (female-to-male) **	FTMB	Surgical procedure(s) that alter the physical appearance and function of existing sexual characteristics to resemble those associated with an individual's gender identity; the provider performs female-to-male bottom (below-the-waist) surgery
Gender affirming surgery - Top (female-to-male) **	FTMT	Surgical procedure(s) that alter the physical appearance and function of existing sexual characteristics to resemble those associated with an individual's gender identity; the provider performs female-to-male top (above-the-waist) surgery

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Procedure expertise (cont.)

Name	Code	Definition
Gender affirming surgery - Bottom (male-to-female) **	MTFB	Surgical procedure(s) that alter the physical appearance and function of existing sexual characteristics to resemble those associated with an individual's gender identity; the provider performs male-to-female bottom (below-the-waist) surgery
Gender affirming surgery - Top (male-to-female) **	MTFT	Surgical procedure(s) that alter the physical appearance and function of existing sexual characteristics to resemble those associated with an individual's gender identity; the provider performs male-to-female top (above-the-waist) surgery
Gender affirming - Electrolysis/hair removal**	TEHR	Hair removal performed in preparation for genital or facial reconstruction, when prescribed by a physician for the treatment of gender dysphoria
Gender affirming - Facial surgery**	TFFS	A set of cosmetic surgical procedures designed to alter facial features to more closely align with an individual's gender identity

Programs offered

Name	Code	Definition
Diabetes prevention program	DPP	A federal program that focuses on providing care and information for prediabetes and type 2 diabetes
Foster care agency**	E478	State-designated agency that provides a temporary living situation for children

Provider certifications

Name	Code	Definition
Pediatric sexual abuse examination**	PSAE	A Pediatric Sexual Assault Examination (PSAE or P-SAFE) is a specialized, trauma-informed medical evaluation conducted, often by a SANE (Sexual Assault Nurse Examiner) or trained professional, to assess for trauma, collect forensic evidence, and provide medical care to children, usually within 5 days of an alleged incident.

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Services offered

Name	Code	Definition
Air transport**	AIRT	An emergency aircraft used to transport patients to a health care facility after illness or injury; typically, a rotary-wing (helicopter) or fixed-wing (airplane) vehicle
Ambulatory infusion suite**	AMIS	An ambulatory infusion suite is a setting where an individual can receive medications or biological treatments intravenously or subcutaneously under clinician supervision.
Bariatric surgery**	BARS	Care from a professional who specializes in performing bariatric surgery
Breastfeeding - Lactation consultant and support**	BLCS	Support and education to assist individuals with breastfeeding and lactation
Cognitive enhancement (CET)	E486	A performance-based, comprehensive, developmental approach used to rehabilitate social, cognitive and neurocognitive deficits
Community transition services/ Nursing facility transition to a home**	CTSH	Services that help individuals live in the community and avoid further institutionalization
Community violence prevention services**	CVPS	Evidence-based, trauma-informed support services designed to improve health outcomes and prevent future violence or injury
Eating disorders	ED	Care for a condition that causes severe changes in eating habits, thoughts about food, and perceptions of body weight and shape
Electroencephalography (EEG)	EEG	Diagnostic testing that measures brain activity and helps detect abnormalities
Electronic prescribing**	ELPR	A prescriber's ability to electronically send accurate, error-free, and clear prescriptions directly to a pharmacy from the point of care
Enhanced care management/ Health home**	ECMH	Specialized case management services for a specific population of members
Environmental Accessibility Adaptations	EAA	Physical modifications to a home that support an individual's health, safety and independence
Foster care**	E445	A temporary service provided by states for children who are unable to live with their families

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Services offered (cont.)

Name	Code	Definition
Gender-affirming care	GAC	Access to care from a health care provider who is culturally and medically competent in supporting individuals seeking gender affirmation
Home infusion	HI	Home infusion services in which medications or biological treatments are administered intravenously or subcutaneously in an individual's primary residence
Home visiting services	HVS	Supportive services for pregnant individuals during pregnancy and childbirth, along with postpartum support for parents and infants
Homelessness	HLC	Services that provide mental, emotional, physical and financial support for individuals experiencing homelessness
Homemaker services**	HMSV	Assistance for individuals who require help with activities of daily living (ADLs) such as bathing, dressing, toileting, walking or eating
Intellectual/Developmental disability accommodations**	IDDA	Supports that promote accessibility, including sensory-friendly environments, simple language, visual aids, additional time, task assistance and involvement of the individual's support network
Intensive behavioral health community transition services**	IBCT	A short, intensive program that equips individuals with serious mental illness and/or substance use disorders with tools to function successfully in daily life (Medicaid only)
Intensive behavioral health family transition services**	IBFT	A short, intensive program that equips families affected by serious mental illness and/or substance use disorders with tools to thrive within their communities
Land transport**	LNDT	An emergency ground vehicle used to transport patients to a health care facility after illness or injury; usually a surface (ground) ambulance
LGBTQ+ supportive**	E479	Access to care from a provider who is culturally sensitive to and knowledgeable about the health needs of the LGBTQ+ community
Medically tailored meals	MTM	Home-delivered meals that support nutrition and health needs

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Services offered (cont.)

Name	Code	Definition
Mental health disability accommodations**	MHDA	Supports that promote accessibility, including calm environments, simple language, visual aids, flexible scheduling, emotional support, involvement of the support network and medication assistance
Military service member**	E489	A provider with specialized experience supporting the needs of military members
Nursing facility transition/diversion**	NFTD	Services that support transition from a nursing facility to a community or home setting or prevent nursing facility admission when an individual has an imminent need for that level of care
Personal care services	PCS	Assistance with ADLs such as bathing, dressing, toileting, walking, or eating, and with instrumental activities of daily living (IADLs) such as meal preparation, shopping, and money management
School-based clinics	SBC	Health care services are provided to students within a school setting
Short-term post-hospitalization housing**	SPHH	A supportive environment for individuals experiencing homelessness who have high medical or behavioral needs and require additional recovery time after hospital discharge
Skilled nursing facility adult and SADC = social adult day care**	SADC	Skilled nursing facilities that also provide adult day health and social day care services
Sobering centers**	SOBC	An alternative location for individuals who are intoxicated and would otherwise be taken to the emergency department or jail
Supportive Housing Services**	HCBS	Supportive housing services that include pre-tenancy and tenancy supports to help individuals obtain and maintain safe, stable and affordable housing

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Telehealth

Name	Code	Definition
Telemedicine	THS	Real-time, confidential health care delivered through virtual chat or audio-only communication over the phone
Telehealth**	THTH	A health service that uses advanced telecommunication technologies and is provided by a licensed or certified health professional acting within their authorized scope of practice
Telemonitoring**	TMNT	Home telemonitoring that includes scheduled remote collection of health data and secure transmission of that data from the individual's home to a licensed home health agency or hospital

Therapy/Treatment methods

Name	Code	Definition
Hemophilia treatment center - Gene therapy**	HCGT	A Hemophilia Treatment Center that specializes in providing gene therapy for individuals with hemophilia, including treatments such as Hemgenix, Roctavian and similar therapies
Medical respite/recuperative care**	MRES	Access to short-term care in a home-like environment that supports recovery after hospital discharge, especially for individuals who do not have stable housing
Medication-assisted treatment - Buprenorphine**	MAT1	The use of medications such as buprenorphine, combined with counseling and behavioral therapies, to treat substance use disorder (SUD) and opioid use disorder (OUD). The provider is registered with the DEA to prescribe OUD treatment medications.
Medication-assisted treatment - Methadone**	MAT2	The use of medications such as methadone, combined with counseling and behavioral therapies, to treat SUD and OUD. The provider is registered with the DEA to prescribe OUD treatment medications.
Medication-assisted treatment - Naltrexone**	MAT3	The use of medications such as naltrexone, combined with counseling and behavioral therapies, to treat SUD and OUD. The provider is registered with the DEA to prescribe OUD treatment medications.
Trauma-informed care	TIC	Trauma-informed care, an organizational approach and treatment framework that emphasizes understanding, recognizing, and responding to the physical, emotional and psychological effects of trauma

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