

## UnitedHealthcare Individual Exchange/Individual and Family Plans Reimbursement Policy Update Bulletin: October 2025

New		
Policy Title	Effective Date	Summary of Changes
Routine Testing Management Policies – Professional and Facility	December 1, 2025 for all states except CO, NC, NE and OH. We will issue a later notification for these states.	<p>Effective for dates of service on or after December 1, 2025, UnitedHealthcare will implement new Routine Testing Management Policies, Professional and Facility.</p> <p>These new reimbursement policies apply to specific laboratory services, tests, and procedures. They will be available for review on the UnitedHealthcare website, <a href="https://uhcprovider.com">uhcprovider.com</a>, on September 8, 2025.</p> <p>Effective December 1, 2025, UnitedHealthcare will apply automated post-service, pre-payment policy enforcement to claims reporting laboratory services performed in office, hospital outpatient, and independent laboratory locations. These policies will provide guidelines around the circumstances and frequency for which claims for these tests will be considered for reimbursement.</p> <ul style="list-style-type: none"> <li>These policies will not apply to laboratory services, tests, and procedures provided in emergency rooms, hospital observation units, and hospital inpatient settings.</li> </ul> <p>Routine Testing Management Policies:</p> <ul style="list-style-type: none"> <li>Flow Cytometry Policy, Professional and Facility</li> <li>Diabetes Mellitus Testing Policy, Professional and Facility</li> <li>Iron Homeostasis and Metabolism Policy, Professional and Facility</li> <li>Enzyme Testing for Acute Pancreatitis Policy, Professional and Facility</li> <li>Prostate Biopsy Specimen Analysis Policy, Professional and Facility</li> <li>Intestinal Dysbiosis and Fecal Microbiota Transplant Testing Policy, Professional and Facility</li> <li>Diagnostic Testing for Influenza Policy, Professional and Facility</li> <li>Homocysteine Testing for Metabolism Policy, Professional and Facility</li> <li>Lyme Disease Testing Policy, Professional and Facility</li> <li>Bone Turnover Marker Testing of Osteoporosis Policy, Professional and Facility</li> <li>Fecal Calprotectin Testing Policy, Professional and Facility</li> <li>Autoimmune Rheumatic Disease Policy, Professional and Facility</li> <li>Diagnostic Testing for Inflammatory Bowel Disease Policy, Professional and Facility</li> <li>Onychomycosis Testing Policy, Professional and Facility</li> <li>Immune Cell Function Assay Policy, Professional and Facility</li> <li>Chronic Heart Failure Policy, Professional and Facility</li> </ul>

## New

Policy Title	Effective Date	Summary of Changes
		<ul style="list-style-type: none"> <li>- Epithelial Cell Cytology Policy, Professional and Facility</li> <li>- Intracellular Micronutrient Analysis Policy, Professional and Facility</li> </ul>

## Revised

Policy Title	Effective Date	Summary of Changes
Multiple Procedure Payment Reduction (MPPR) for Diagnostic Imaging Policy, Professional – Reminder	November 1, 2025  (December 1, 2025, for Colorado, Rhode Island)	<ul style="list-style-type: none"> <li>• Effective with dates of service on or after November 1, 2025, UnitedHealthcare will enhance the Multiple Procedure Payment Reduction (MPPR) for Diagnostic Imaging Policy, Professional.</li> <li>• UnitedHealthcare will apply a reduction to certain ultrasound CPT codes with an MPPR Status Indicator of "0" to provide consistency with similar ultrasound codes with an assigned MPPR Status Indicator of "4".</li> <li>• For these CPT codes with an MPPR Status Indicator of "0", this will result in a 50% reduction for the technical component (TC) and 5% reduction for the professional component (PC) of secondary and subsequent ultrasound imaging procedures when provided to the same patient in the same session on the same date of service by the same or different physician in the same group, consistent with what currently occurs for CPT codes with an MPPR status indicator of "4".</li> <li>• When appropriate, a modifier may be appended to the additional ultrasound procedures to indicate they were performed on the same date of service during a separate session.</li> </ul>
Procedure and Place of Service Policy, Professional – Reminder	November 1, 2025  (December 1, 2025 for Colorado and Rhode Island)	<ul style="list-style-type: none"> <li>• Effective with dates of service on or after November 1, 2025, UnitedHealthcare will enhance the Procedure and Place of Service Policy, Professional.</li> <li>• According to the CMS National Physician Fee Schedule Relative Value File, the Facility Indicator identified as "NA" indicates that "this procedure is rarely or never performed in the facility setting" by a Physician or Qualified Healthcare Professional.</li> <li>• The enhanced reimbursement policy will not consider for reimbursement CPT or HCPCS codes with a CMS National Physician Fee Schedule Facility NA Indicator of "NA" when billed by a Physician or Qualified Healthcare Professional in a facility place of service 21. The codes may still be considered for reimbursement when billed by the facility.</li> </ul>
Assistant-at-Surgery Services Policy, Professional  Bilateral Procedures Policy, Professional  Co-Surgeon/Team Surgeon Policy, Professional  Multiple Procedure Payment Reduction (MPPR) for Medical and	November 1, 2025	<ul style="list-style-type: none"> <li>• Effective with dates of service on or after November 1, 2025, UnitedHealthcare will enhance multiple policies to accommodate the billing and consideration for reimbursement of HCPCS S codes.</li> <li>• When applicable modifiers are appended to certain S codes, UHC will consider those S codes for reimbursement and apply the effect of those modifiers to the S codes as it does for comparable CPT or HCPCS codes.</li> <li>• This change helps ensure accurate payment and that any applicable reductions are applied appropriately, whether an S code or its comparable CPT or HCPCS code is submitted.</li> <li>• S codes that have a comparable CPT code(s) will be added to following professional reimbursement policies: <ul style="list-style-type: none"> <li>○ Assistant-at-Surgery Services Policy, Professional</li> <li>○ Bilateral Procedures Policy, Professional</li> </ul> </li> </ul>

Revised		
Policy Title	Effective Date	Summary of Changes
Surgical Services Policy, Professional – Reminder		<ul style="list-style-type: none"> <li>○ Co-Surgeon/Team Surgeon Policy, Professional</li> <li>○ Multiple Procedure Payment Reduction (MPPR) for Medical and Surgical Services Policy, Professional</li> </ul> <ul style="list-style-type: none"> <li>• Additional S Codes may be added to the applicable reimbursement policies as codes are identified and as part of routine policy updates.</li> </ul>

Code Updates		
Policy Title	Effective Date	Summary of Changes
Reimbursement Policy Code Updates – Multiple Policies	N/A	<p>In response to provider feedback and in an effort to provide more transparency, UnitedHealthcare is providing additional information regarding code updates that impact reimbursement policies. These updates are not changing the intent or the coding requirements of the policy, but reflect changes made to industry standard code sets.</p> <ul style="list-style-type: none"> <li>• The following UnitedHealthcare policies have recently been updated to include code changes: <ul style="list-style-type: none"> <li>• Outpatient Hospital CCI Editing, Facility</li> <li>• Obstetrical Services, Professional</li> </ul> </li> <li>• Information regarding these code updates can be found in the history section which is located at the end of the posted policy.</li> <li>• Code sections/lists/tables within a policy may not be comprehensive but may be provided as examples. Please review the full policy to understand applicability.</li> <li>• Code updates could include, for example, CPT, HCPCS, ICD-10, Modifiers, Revenue Codes, or other industry standard code sets.</li> <li>• UnitedHealthcare routinely updates its reimbursement policies in response to code updates made by, for example, Centers for Medicare and Medicaid Services (CMS), the American Medical Association (AMA), and the World Health Organization (WHO). This information is provided as a courtesy and may not include all code updates.</li> </ul>

**Note:** The absence of a policy does not automatically indicate or imply coverage. As always, coverage for a health service must be determined in accordance with the member's benefit plan and any applicable federal or state regulatory requirements.



The complete library of UnitedHealthcare Individual & Family Plan Reimbursement Policies is available [UHCprovider.com](https://UHCprovider.com) > Coverage and payments > Policies and protocols > For Individual Exchange Plans > [Exchanges-Reimbursement-Policies](#).