#### UnitedHealthcare® Community Plan Medical Policy

# **Surgery of the Elbow (for North Carolina Only)**

**Related Policies** 

None

Policy Number: CSNCT0551.05 Effective Date: December 1, 2024

Instructions for Use

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## **Application**

This Medical Policy only applies to the state of North Carolina.

#### **Coverage Rationale**

**Surgery of the elbow is proven and medically necessary in certain circumstances.** For medical necessity clinical coverage criteria, refer to the InterQual® CP: Procedures:

- Arthroscopy, Diagnostic, +/- Synovial Biopsy, Elbow
- Arthroscopy, Surgical, Elbow
- Joint Replacement, Elbow
- Removal or Revision, Arthroplasty, Elbow

Click here to view the InterQual® criteria.

### **Medical Records Documentation Used for Reviews**

Benefit coverage for health services is determined by the federal, state, or contractual requirements, and applicable laws that may require coverage for a specific service. Medical records documentation may be required to assess whether the member meets the clinical criteria for coverage but does not guarantee coverage of the service requested; refer to the guidelines titled <a href="Medical Records Documentation Used for Reviews">Medical Records Documentation Used for Reviews</a>.

## **Applicable Codes**

The following list(s) of procedure and/or diagnosis codes is provided for reference purposes only and may not be all inclusive. Listing of a code in this policy does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by federal, state, or contractual requirements and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Guidelines may apply.

CPT Code	Description	
Arthroscopy, Surgical, Elbow		
29830	Arthroscopy, elbow, diagnostic, with or without synovial biopsy (separate procedure)	
29834	Arthroscopy, elbow, surgical, with removal of loose body or foreign body	
29835	Arthroscopy, elbow, surgical; synovectomy, partial	

CPT Code	Description	
Arthroscopy, Surgical, Elbow		
29836	Arthroscopy, elbow, surgical; synovectomy, complete	
29837	Arthroscopy, elbow, surgical, debridement, limited	
29838	Arthroscopy, elbow, surgical, debridement, extensive	
Arthroplasty, Joint Replacement, Elbow		
24360	Arthroplasty, elbow; with membrane (e.g., fascial)	
24361	Arthroplasty, elbow; with distal humeral prosthetic replacement	
24362	Arthroplasty, elbow; with implant and fascia lata ligament reconstruction	
24363	Arthroplasty, elbow; with distal humerus and proximal ulnar prosthetic replacement (e.g., total elbow)	
24365	Arthroplasty, radial head	
24366	Arthroplasty, radial head; with implant	
24370	Revision of total elbow arthroplasty, including allograft when performed; humeral or ulnar component	
24371	Revision of total elbow arthroplasty, including allograft when performed; humeral and ulnar component	

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## U.S. Food and Drug Administration (FDA)

This section is to be used for informational purposes only. FDA approval alone is not a basis for coverage.

Surgeries of the elbow are procedures and, therefore, not regulated by the FDA. However, devices and instruments used during the surgery may require FDA approval. Refer to the following website for additional information: <a href="http://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfPMN/pmn.cfm">http://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfPMN/pmn.cfm</a>. (Accessed July 19, 2024)

## **Policy History/Revision Information**

Date	Summary of Changes
10/01/2025	<ul> <li>Created state-specific policy version for the state of North Carolina (no change to coverage guidelines)</li> </ul>
06/01/2025	<ul> <li>Application         Idaho and Kansas         <ul> <li>Added language to indicate this Medical Policy does not apply to the states of Idaho and Kansas; refer to the state-specific policy versions</li> </ul> </li> <li>Medical Records Documentation Used for Reviews</li> <li>Updated reference link to the guidelines titled Medical Records Documentation Used for</li> </ul>
12/01/2024	Reviews Medical Records Documentation Used for Reviews
12/01/2024	<ul> <li>Added language to indicate:         <ul> <li>Benefit coverage for health services is determined by federal, state, or contractual requirements, and applicable laws that may require coverage for a specific service</li> <li>Medical records documentation may be required to assess whether the member meets the clinical criteria for coverage but does not guarantee coverage of the service requested; refer to the protocol titled Medical Records Documentation Used for Reviews</li> </ul> </li> </ul>
	Supporting Information  • Archived previous policy version CS033.S

#### **Instructions for Use**

This Medical Policy provides assistance in interpreting UnitedHealthcare standard benefit plans. When deciding coverage, the federal, state or contractual requirements for benefit plan coverage must be referenced as the terms of the federal, state or contractual requirements for benefit plan coverage may differ from the standard benefit plan. In the event of a

conflict, the federal, state or contractual requirements for benefit plan coverage govern. Before using this policy, please check the federal, state or contractual requirements for benefit plan coverage. UnitedHealthcare reserves the right to modify its Policies and Guidelines as necessary. This Medical Policy is provided for informational purposes. It does not constitute medical advice.

UnitedHealthcare may also use tools developed by third parties, such as the InterQual<sup>®</sup> criteria, to assist us in administering health benefits. The UnitedHealthcare Medical Policies are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.