

UnitedHealthcare<sup>®</sup> Community Plan *Medical Policy* 

# **Breast Reduction Surgery (for New Mexico Only)**

Policy Number: CS012NM.A Effective Date: July 1, 2024

Instructions for Use

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#### **Related Policies**

- Breast Reconstruction (for New Mexico Only)
- <u>Cosmetic and Reconstructive Procedures (for</u> New Mexico Only)
- <u>Gender Dysphoria Treatment (for New Mexico</u> Only)
- <u>Gynecomastia Surgery (for New Mexico Only)</u>
- <u>Panniculectomy and Body Contouring Procedures</u> (for New Mexico Only)

# Application

This Medical Policy only applies to the state of New Mexico.

### **Coverage Rationale**

**Breast reduction surgery is considered reconstructive and medically necessary in certain circumstances.** For medical necessity clinical coverage criteria, refer to the InterQual<sup>®</sup> CP: Procedures:

- Reduction Mammaplasty, Female
- Reduction Mammaplasty, Female, Adolescent

Click here to view the InterQual<sup>®</sup> criteria.

**Note**: For reduction mammaplasty related to gynecomastia, refer to the Medical Policy titled <u>Gynecomastia Surgery (for</u> <u>New Mexico Only</u>).

#### **Applicable Codes**

The following list(s) of procedure and/or diagnosis codes is provided for reference purposes only and may not be all inclusive. Listing of a code in this policy does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by federal, state, or contractual requirements and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Guidelines may apply.

**Note**: Coding for suction lipectomy is addressed in the Medical Policy titled <u>Panniculectomy and Body Contouring</u> <u>Procedures (for New Mexico Only)</u>.

CPT Code		Description
19318	Breast reduction	
		CPT <sup>®</sup> is a registered trademark of the American Medical Association
Diagnosis Code		Description
N62	Hypertrophy of breast	

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Diagnosis Code	Description	
N65.1	Disproportion of reconstructed breast	

# **Policy History/Revision Information**

Date 07/01/2024

New Medical Policy

Summary of Changes

#### **Instructions for Use**

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This Medical Policy provides assistance in interpreting UnitedHealthcare standard benefit plans. When deciding coverage, the federal, state or contractual requirements for benefit plan coverage must be referenced as the terms of the federal, state or contractual requirements for benefit plan coverage may differ from the standard benefit plan. In the event of a conflict, the federal, state or contractual requirements for benefit plan coverage govern. Before using this policy, please check the federal, state or contractual requirements for benefit plan coverage. UnitedHealthcare reserves the right to modify its Policies and Guidelines as necessary. This Medical Policy is provided for informational purposes. It does not constitute medical advice.

UnitedHealthcare may also use tools developed by third parties, such as the InterQual<sup>®</sup> criteria, to assist us in administering health benefits. The UnitedHealthcare Medical Policies are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.