



# UnitedHealthcare Individual Exchange Medical Policy Update Bulletin: February 2023

Access a policy listed below for complete details on the latest updates. A comprehensive summary of changes is provided at the bottom of every policy document for your reference. To view a detailed version of this bulletin, click [here](#).

## Take Note

### Medical Policy Consolidation for UnitedHealthcare Commercial and Individual Exchange Plans

Effective April 1, 2023, the UnitedHealthcare Commercial and Individual Exchange Plans will share the same Medical Policies (MPs) and Coverage Determination Guidelines (CDGs); we will no longer maintain separate policy documents for these plans except the versions listed below:

Policy Title	Policy Type
Enteral Nutrition (for Commercial Only)	CDG
Enteral Nutrition (for Individual Exchange Only)	CDG
Gender Dysphoria Treatment (for Commercial Only)	MP
Gender Dysphoria Treatment (for Individual Exchange Only)	MP
Hearing Aids and Devices Including Wearable, Bone Anchored and Semi-Implantable (for Commercial Only)	MP
Hearing Aids and Devices Including Wearable, Bone Anchored and Semi-Implantable (for Individual Exchange Only)	MP
Home Health, Skilled, and Custodial Care Services (for Commercial Only)	MP
Home Health, Skilled, and Custodial Care Services (for Individual Exchange Only)	MP
Hospice Care (for Individual Exchange Only)	CDG
Outpatient Surgical Procedures – Site of Service	MP
Outpatient Surgical Procedures – Site of Service (for Individual Exchange Only)	MP
Referral to Out-of-Network Specialists (for Individual Exchange Only)	MP

The Medical Policies and Coverage Determination Guidelines will be updated to specify the plan(s) to which they apply on Apr. 1, 2023. Unless otherwise announced, there will be no change to policy guidelines as a result of this template update.

The policy libraries and corresponding bulletins will continue to be available for your reference at their current locations on UHCprovider.com.

## Medical Policy Updates

Policy Title	Status	Effective Date
Ablative Treatment for Spinal Pain	Revised	Apr. 1, 2023
Apheresis	Revised	Mar. 1, 2023
Articular Cartilage Defect Repairs	Revised	Apr. 1, 2023
Beds and Mattresses	Updated	Feb. 1, 2023
Category III Codes	New	Apr. 1, 2023
Clinical Trials	Updated	Feb. 1, 2023
Discogenic Pain Treatment	Revised	Apr. 1, 2023

Policy Title	Status	Effective Date
Elective Inpatient Services	Updated	Apr. 1, 2023
Electrical Stimulation for the Treatment of Pain and Muscle Rehabilitation	Revised	Apr. 1, 2023
Habilitation and Rehabilitation (Occupational, Physical and Speech Therapy)	Revised	Apr. 1, 2023
Hearing Aids and Devices Including Wearable, Bone Anchored and Semi-Implantable (for Individual Exchange Only)	Revised	Apr. 1, 2023
Home Health, Skilled, and Custodial Care Services (for Individual Exchange Only)	Revised	Apr. 1, 2023
Hysterectomy	Revised	Apr. 1, 2023
Interspinous Fusion and Decompression Devices	Revised	Apr. 1, 2023
Liposuction for Lipedema	Updated	Apr. 1, 2023
Lower Extremity Prosthetics	Revised	Apr. 1, 2023
Minimally Invasive Spine Surgery Procedures	Revised	Apr. 1, 2023
Molecular Oncology Testing for Cancer Diagnosis, Prognosis, and Treatment Decisions	Revised	Apr. 1, 2023
Office Based Procedures – Site of Service	Updated	Apr. 1, 2023
Outpatient Surgical Procedures – Site of Service (for Individual Exchange Only)	Updated	Apr. 1, 2023
Pneumatic Compression Devices	Revised	Apr. 1, 2023
Spinal Fusion and Decompression	Revised	Apr. 1, 2023
Surgical Treatment for Spine Pain	Replaced	Apr. 1, 2023
Transcatheter Heart Valve Procedures	Revised	Apr. 1, 2023
Upper Extremity Myoelectric Prosthetic Devices	Revised	Apr. 1, 2023

## Medical Benefit Drug Policy Updates

Policy Title	Status	Effective Date
Hemgenix® (Etranacogene Dezaparvovec-Drlb)	New	Mar. 1, 2023
Ilumya® (Tildrakizumab-Asmn)	Revised	Mar. 1, 2023
Infliximab (Avsola®, Inflectra®, Remicade®, & Renflexis®)	Revised	Mar. 1, 2023
Intravenous Iron Replacement Therapy (Feraheme®, Injectafer®, & Monoferric®)	Updated	Feb. 1, 2023
Leqvio® (Inclisiran)	Revised	Mar. 1, 2023
Maximum Dosage and Frequency	Revised	Mar. 1, 2023
RNA-Targeted Therapies	Revised	Mar. 1, 2023
Spevigo® (Spesolimab-Sbzo)	New	Mar. 1, 2023
Tzield™ (Teplizumab-Mzwv)	New	Mar. 1, 2023

## Coverage Determination Guideline Updates

Policy Title	Status	Effective Date
Habilitative Services and Outpatient Rehabilitation Therapy	Revised	Mar. 1, 2023
Prosthetic Devices, Wigs, Specialized, Microprocessor or Myoelectric Limbs	Replaced	Apr. 1, 2023
Skilled Care and Custodial Care Services	Replaced	Apr. 1, 2023

## General Information

The inclusion of a health service (e.g., test, drug, device or procedure) in this bulletin indicates only that UnitedHealthcare is adopting a new policy and/or updated, revised, replaced or retired an existing policy; it does not imply that UnitedHealthcare provides coverage for the health service. Note that most benefit plan documents exclude from benefit coverage health services identified as investigational or unproven/not medically necessary. Physicians and other health care professionals may not seek or collect payment from a member for services not covered by the applicable benefit plan unless first obtaining the member's written consent, acknowledging that the service is not covered by the benefit plan and that they will be billed directly for the service.

Note: The absence of a policy does not automatically indicate or imply coverage. As always, coverage for a health service must be determined in accordance with the member's benefit plan and any applicable federal or state regulatory requirements. Additionally, UnitedHealthcare reserves the right to review the clinical evidence supporting the safety and effectiveness of a medical technology prior to rendering a coverage determination.

UnitedHealthcare respects the expertise of the physicians, health care professionals, and their staff who participate in our network. Our goal is to support you and your patients in making the most informed decisions regarding the choice of quality and cost-effective care, and to support practice staff with a simple and predictable administrative experience. The Medical Policy Update Bulletin was developed to share important information regarding UnitedHealthcare Medical Policy, Medical Benefit Drug Policy, Coverage Determination Guideline, and Utilization Review Guideline updates. When information in this bulletin conflicts with applicable state and/or federal law, UnitedHealthcare follows such applicable federal and/or state law.

## Policy Update Classifications

### *New*

New clinical coverage criteria have been adopted for a health service (e.g., test, drug, device or procedure)

### *Updated*

An existing policy has been reviewed and changes have not been made to the clinical coverage criteria; however, items such as the clinical evidence, FDA information, and/or list(s) of applicable codes may have been updated

### *Revised*

An existing policy has been reviewed and revisions have been made to the clinical coverage criteria

### *Replaced*

An existing policy has been replaced with a new or different policy

### *Retired*

The health service(s) addressed in the policy are no longer being managed or are considered to be proven/medically necessary and are therefore not excluded as unproven/not medically necessary services, unless coverage guidelines or criteria are otherwise documented in another policy



The complete library of UnitedHealthcare Individual Exchange Medical Policies, Medical Benefit Drug Policies, Coverage Determination Guidelines, and Utilization Review Guidelines is available at [UHCprovider.com](https://UHCprovider.com) > Policies and Protocols > Exchange Plans Policies > [Medical & Drug Policies and Coverage Determination Guidelines for UnitedHealthcare® Individual Exchange Plans](#).