

UnitedHealthcare Pharmacy  
Clinical Pharmacy Programs

Program Number	2023 P 1052-12
Program	Prior Authorization/Notification
Medication	Jakafi® (ruxolitinib)
P&T Approval Date	1/2012, 8/2012, 7/2013, 5/2014, 5/2015, 5/2016, 5/2017, 3/2018, 3/2019, 3/2020, 3/2021, 11/2021, 11/2022, 11/2023
Effective Date	2/1/2024

**1. Background:**

Jakafi® (ruxolitinib) is a kinase inhibitor indicated for treatment of patients with intermediate or high-risk myelofibrosis, including primary myelofibrosis (PMF), post-polycythemia vera myelofibrosis and post-essential thrombocythemia myelofibrosis. It is also indicated in patients with polycythemia vera who have had an inadequate response to or are intolerant of hydroxyurea. It is also indicated for the treatment of steroid-refractory acute graft-versus-host disease and chronic graft-versus-host disease after failure of one or two lines of systemic therapy in adult and pediatric patients 12 years and older.

The National Cancer Comprehensive Network (NCCN) also recommends Jakafi for the treatment of patients with polycythemia vera who have had an inadequate response to interferon therapy, essential thrombocythemia, lymphoid, myeloid or mixed lineage neoplasms with eosinophilia and JAK2 rearrangement, myelodysplastic syndromes, pediatric acute lymphoblastic leukemia, T-Cell Lymphomas, and management of CAR-T-cell related toxicities.

**Coverage Information:**

Members will be required to meet the criteria below for coverage. For members under the age of 19 years, the prescription will automatically process without a coverage review.

Some states mandate benefit coverage for off-label use of medications for some diagnoses or under some circumstances. Some states also mandate usage of other Compendium references. Where such mandates apply, they supersede language in the benefit document or in the notification criteria.

**2. Coverage Criteria<sup>a</sup>:**

<p><b>A. <u>Patients less than 19 years of age</u></b></p> <p>1. <b>Jakafi</b> will be approved based on the following criterion:</p> <p style="padding-left: 40px;">a. Patient is less than 19 years of age</p> <p style="text-align: center;"><b>Authorization will be issued for 6 months.</b></p> <p><b>B. <u>Myelofibrosis</u></b></p> <p>1. <b><u>Initial Authorization</u></b></p> <p style="padding-left: 40px;">a. <b>Jakafi</b> will be approved based on <b><u>one</u></b> of the following diagnoses:</p> <p style="padding-left: 80px;">(1) Primary myelofibrosis</p>
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-OR-

- (2) Post-polycythemia vera myelofibrosis

-OR-

- (3) Post-essential thrombocythemia myelofibrosis

**Authorization will be issued for 6 months.**

## 2. **Reauthorization**

- a. **Jakafi** will be approved based on **one** of the following criteria:

- (1) Documentation that patient has evidence of symptom improvement or reduction in spleen volume while on Jakafi

**Authorization will be issued for 6 months.**

-OR-

- (2) Documentation does not provide evidence of symptom improvement or reduction in spleen volume while on Jakafi, allow for dose titration with discontinuation of therapy

**Authorization will be issued for 2 months.**

## C. **Polycythemia vera**

### 1. **Initial Authorization**

- a. **Jakafi** will be approved based on **both** of the following:

- (1) Diagnosis of polycythemia vera

-AND-

- (2) History of failure, inadequate response, contraindication, or intolerance to **one** of the following:

- (a) Hydroxyurea

-OR-

- (b) Interferon therapy (e.g., Intron A, Pegasys)

**Authorization will be issued for 6 months.**

2. **Reauthorization**

a. **Jakafi** will be approved based on **one** of the following criteria:

- (1) Documentation that patient has evidence of symptom improvement or reduction in spleen volume while on Jakafi

**Authorization will be issued for 6 months.**

**-OR-**

- (2) Documentation does not provide evidence of symptom improvement or reduction in spleen volume while on Jakafi, allow for dose titration with discontinuation of therapy

**Authorization will be issued for 2 months.**

**D. Essential thrombocythemia**

1. **Initial Authorization**

a. **Jakafi** will be approved based on **both** of the following:

- (1) Diagnosis of essential thrombocythemia

**-AND-**

- (2) Inadequate response or loss of response to **one** of the following:

- (a) Hydroxyurea

**-OR-**

- (b) Pegasys (peginterferon alfa-2a)

**-OR-**

- (c) Agrylin (Anagrelide)

**Authorization will be issued for 6 months.**

2. **Reauthorization**

a. **Jakafi** will be approved based on **one** of the following criteria:

- (1) Documentation that patient has evidence of symptom improvement or reduction in spleen volume while on Jakafi

**Authorization will be issued for 6 months.**

**-OR-**

- (2) Documentation does not provide evidence of symptom improvement or reduction in spleen volume while on Jakafi, allow for dose titration with discontinuation of therapy

**Authorization will be issued for 2 months.**

**E. Graft versus host disease (GVHD)**

**1. Initial Authorization**

- a. **Jakafi** will be approved based on **one** of the following:

- (1) **Both** of the following:

- (a) Diagnosis of acute GVHD

**-AND-**

- (b) Disease is steroid refractory

**-OR-**

- (2) **Both** of the following:

- (a) Diagnosis of chronic GVHD

**-AND-**

- (b) Failure of one or two lines of systemic therapy

**Authorization will be issued for 6 months.**

**2. Reauthorization**

- a. **Jakafi** will be approved based on the following criterion:

- (1) Documentation that patient has symptom improvement while on Jakafi

**Authorization will be issued for 6 months.**

**F. Myeloid/Lymphoid Neoplasms**

**1. Initial Authorization**

a. **Jakafi** will be approved based on **both** of the following:

- (1) Diagnosis of lymphoid, myeloid, or mixed lineage neoplasms with eosinophilia

-AND-

- (2) Patient has a JAK2 rearrangement

**Authorization will be issued for 6 months.**

## 2. Reauthorization

a. **Jakafi** will be approved based on the following criterion:

- (1) Patient does not show evidence of progressive disease while on **Jakafi** therapy.

**Authorization will be issued for 6 months.**

## G. Myelodysplastic Syndromes

### 1. Initial Authorization

a. **Jakafi** will be approved based on **one** of the following:

- (1) **Both** of the following:

- (a) Diagnosis of chronic myelomonocytic leukemia (CMML)-2
- (b) Use in combination with a hypomethylating agent (e.g., azacitidine, decitabine)

-OR-

- (2) Diagnosis of BCR-ABL negative atypical chronic myeloid leukemia (aCML)

**Authorization will be issued for 6 months.**

### 2. Reauthorization

a. **Jakafi** will be approved based on the following criterion:

- (1) Patient does not show evidence of progressive disease while on **Jakafi** therapy.

**Authorization will be issued for 6 months.**

## **H. Pediatric Acute Lymphoblastic Leukemia**

### **1. Authorization**

a. **Jakafi** will be approved based on **both** of the following:

(1) Diagnosis of pediatric acute lymphoblastic leukemia

**-AND-**

(2) Used as a component of induction therapy

**Authorization will be issued for 6 months.**

## **I. Immunotherapy-Related Toxicities**

### **1. Authorization**

a. **Jakafi** will be approved based on **both** of the following:

(1) Diagnosis of CAR-T induced G4 cytokine release syndrome

**-AND-**

(2) Disease is refractory to high-dose corticosteroids and anti-IL-6 therapy (e.g., Actemra [tocilizumab])

**Authorization will be issued for 6 months.**

## **J. T-Cell Lymphomas**

### **1. Initial Authorization**

a. **Jakafi** will be approved based on **both** of the following criteria:

(1) Diagnosis of **one** of the following:

(a) Peripheral T-Cell Lymphoma not otherwise specified (PTCL-NOS)

(b) Enteropathy-associated T-cell lymphoma (EATL)

(c) Monomorphic epitheliotropic intestinal T-cell lymphoma (MEITL)

(d) Angioimmunoblastic T-cell lymphoma (AITL)

(e) Nodal peripheral T-cell lymphoma with T-follicular helper phenotype (PTCL, TFH)

- (f) Follicular T-cell lymphoma (FTCL)
- (g) Anaplastic large cell lymphoma (ALCL)
- (h) Hepatosplenic T-cell lymphoma

**-AND-**

- (2) Used as initial palliative intent therapy or second-line and subsequent therapy for relapsed/refractory disease

**Authorization will be issued for 6 months.**

## 2. **Reauthorization**

- a. **Jakafi** will be approved based on the following criterion:

- (1) Patient does not show evidence of progressive disease while on **Jakafi** therapy.

**Authorization will be issued for 6 months.**

## **K. NCCN Recommended Regimens**

The drug has been recognized for treatment of the cancer indication by The National Comprehensive Cancer Network (NCCN) Drugs and Biologics Compendium with a Category of Evidence and Consensus of 1, 2A, or 2B

**Authorization will be issued for 6 months.**

<sup>a</sup> State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.

## 3. **Additional Clinical Rules:**

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Supply limits may be in place.

## 4. **References:**

1. Jakafi [package insert]. Wilmington, DE: Incyte Corporation; January 2023.
2. The NCCN Drugs and Biologics Compendium (NCCN Compendium™). Available at [http://www.nccn.org/professionals/drug\\_compendium/content/contents.asp](http://www.nccn.org/professionals/drug_compendium/content/contents.asp). Accessed September 27, 2023.
3. Ayalew Tefferi and Animesh Pardanani. Brief Report: Serious Adverse Events During Ruxolitinib Treatment Discontinuation in Patients With Myelofibrosis. Mayo Clin Proc. December 2011 86(12):1188-1191.
4. Hill, J, Alousi A, Kebriaei P, et al. New and emerging therapies for acute and chronic graft versus host disease. Ther Adv Hematol. 2018; 9(1):21-46.

5. Zeiser R, Burchert A, Lengerke C, et al. Ruxolitinib in corticosteroid-refractory graft versus host disease after allogeneic stem cell transplantation: a multicenter survey. *Leukemia*. 2015; 29(10):2062-8.
6. Zeiser R, Blazar BR. Pathophysiology of chronic graft versus host disease and therapeutic target. *N Engl J Med*. 2017; 377:2565-79.
7. Arber DA, Orazi A, Hasserjian RP, et al. International Consensus Classification of myeloid neoplasms and acute leukemia: Integrating morphological, clinical and genomic data. *Blood* 2022. Epub ahead of print

Program	Prior Authorization/Notification - Jakafi (ruxolitinib)
<b>Change Control</b>	
5/2014	Annual review with no change to coverage.
5/2015	Added clinical criteria for polycythemia vera. Updated references.
5/2016	Annual review. Added 6 month initial authorization time frame to Myeofibrosis. Updated references.
5/2017	Annual review. Changed member to patient in coverage criteria. Changed word criterion to criteria in reauthorization of coverage criteria.
3/2018	Annual review. Added off label criteria for management of steroid refractory GVHD based on consultant feedback and review of emerging evidence. Updated references.
3/2019	Annual review. Updated criteria for polycythemia vera to align with NCCN recommendation. Updated references.
3/2020	Annual review. Updated background, added general NCCN recommendations for use criteria. Updated reference.
3/2021	Annual review. Coverage criteria added for Myeloid/Lymphoid Neoplasms and Myelodysplastic Syndromes per NCCN recommendations. Reference updated.
11/2021	Updated background to include new indication for treatment of chronic GVHD. Added coverage criteria for pediatric acute lymphoblastic leukemia and CAR-T cell related toxicities per NCCN recommendations. References updated.
11/2022	Annual review. Updated background per prescribing information, added state mandate, and updated references.
11/2023	Annual review. Added criteria for T-cell lymphomas and essential thrombocythemia per NCCN recommendations. Updated criteria for pediatric ALL. Updated criteria for GVHD per FDA label. Updated background. Updated references.