

UnitedHealthcare Pharmacy Clinical Pharmacy Programs

Program Number	2023 P 2180-6
Program	Prior Authorization/Medical Necessity
Medication	Trikafta® (elexacaftor/tezacaftor/ivacaftor)
P&T Approval Date	11/2019, 11/2020, 3/2021, 7/2021, 7/2022, 6/2023
Effective Date	9/1/2023;
	Oxford only: 9/1/2023

1. Background:

Trikafta is a combination of elexacaftor, tezacaftor, and ivacaftor, indicated for the treatment of patients with cystic fibrosis (CF) in patients aged 2 years and older who have at least one F508del mutation in the cystic fibrosis transmembrane conductance regulator (CFTR) gene or a mutation in the CFTR gene that is responsive based on *in vitro* data.

If the patient's genotype is unknown, an FDA-cleared CF mutation test should be used to confirm the presence of at least one F508del mutation or a mutation that is responsive based on *in vitro* data.

Members will be required to meet the coverage criteria below.

2. Coverage Criteria^a:

A. Initial Authorization

- 1. Trikafta will be approved based upon <u>all</u> of the following criteria:
 - a. Diagnosis of cystic fibrosis (CF)

-AND-

- b. Submission of laboratory results documenting that the patient has at least **one** of the following mutations in the CFTR gene:
 - (1) F508del mutation
 - (2) A mutation that is responsive based on *in vitro* data¹*

*List of CFTR gene mutations that are responsive to Trikafta					
3141del9	E822K	G1069R	L967S	R117L	S912L
546insCTA	F191V	G1244E	L997F	R117P	S945L
A46D	F311del	G1249R	L1077P	R170H	S977F
A120T	F311L	G1349D	L1324P	R258G	S1159F
A234D	F508C	H139R	L1335P	R334L	S1159P
A349V	F508C;S1251N†	H199Y	L1480P	R334Q	S1251N



A455E	F508del *	H939R	M152V	R347H	S1255P
A554E	F575Y	H1054D	M265R	R347L	T338I
A1006E	F1016S	H1085P	M952I	R347P	T1036N
A1067T	F1052V	H1085R	M952T	R352Q	T1053I
D110E	F1074L	H1375P	M1101K	R352W	V201M
D110H	F1099L	I148T	P5L	R553Q	V232D
D192G	G27R	1175V	P67L	R668C	V456A
D443Y	G85E	1336K	P205S	R751L	V456F
D443Y;G576A;R 668C†	G126D	I502T	P574H	R792G	V562I
D579G	G178E	<i>I601F</i>	Q98R	R933G	V754M
D614G	G178R	I618T	Q237E	R1066H	V1153E
D836Y	G194R	I807M	Q237H	R1070Q	V1240G
D924N	G194V	I980K	Q359R	R1070W	V1293G
D979V	G314E	I1027T	Q1291R	R1162L	W361R
D1152H	G463V	11139V	R31L	R1283M	W1098C
D1270N	G480C	11269N	R74Q	R1283S	W1282R
E56K	G551D	11366N	R74W	S13F	Y109N
E60K	G551S	K1060T	R74W;D1270N†	S341P	Y161D
E92K	G576A	L15P	R74W;V201M†	S364P	Y161S
E116K	G576A;R668C†	L165S	R74W;V201M; D1270N †	S492F	Y563N
E193K	G622D	L206W	R75Q	S549N	Y1014C
E403D	G628R	L320V	R117C	S549R	Y1032C
E474K	G970D	L346P	R117G	S589N	
E588V	G1061R	L453S	R117H	S737F	

^{*} F508del is a responsive CFTR mutation based on both clinical and in vitro data.

[†] Complex/compound mutations where a single allele of the *CFTR* gene has multiple mutations; these exist independent of the presence of mutations on the other allele.



-AND-

c. The patient is ≥ 2 years of age

-AND-

d. Prescribed by or in consultation with a provider who specializes in the treatment of CF

Authorization will be issued for 6 months.

B. Reauthorization

- 1. **Trikafta** will be approved based on **both** of the following criteria:
 - a. Documentation of positive clinical response to Trikafta therapy (e.g., improved lung function, stable lung function)

-AND-

b. Prescribed by or in consultation with a provider who specializes in the treatment of CF

Authorization will be issued for 12 months.

^a State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.

3. Additional Clinical Rules:

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Supply limits may be in place.

4. References:

1. Trikafta [package insert]. Cambridge, MA: Vertex Pharmaceuticals, Inc.; April 2023.

Program	Prior Authorization/Medical Necessity – Trikafta	
	(elexacaftor/tezacaftor/ivacaftor)	
Change Control		
11/2019	New program	
11/2020	Annual review. Updated reference.	
3/2021	Updated criteria due to expanded indication approved for additional mutations.	
7/2021	Updated criteria due to expanded indication approved for patients 6 years and older.	



7/2022	Annal review with no change to coverage criteria. Updated
	reauthorization duration to 12 months and reference.
6/2023	Updated criteria due to expanded indication approved for patients two
	years and older. Updated prescriber requirement, simplified
	reauthorization criteria, and updated reference.