

UNITEDHEALTHCARE® COMMUNITY PLAN: RADIOLOGY IMAGING COVERAGE DETERMINATION GUIDELINE

Pediatric Cardiac Imaging Guidelines (For Ohio Only)

V1.0.2025

Guideline Number: CSRAD016OH.D

Effective Date: November 1, 2025

Application (for Ohio Only)

This Medical Policy only applies to the state of Ohio. Any requests for services that are stated as unproven or services for which there is a coverage or quantity limit will be evaluated for medical necessity using Ohio Administrative Code 5160-1-01.

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D UnitedHealthcare Community Plan Coverage Determination Guideline

Effective: November 1, 2025

Page 1 of 164

Table of Contents

Guideline

Related Community Plan Policies

Application (For Ohio Only)

Guideline Development (Preface-1)

Benefits, Coverage Policies, and Eligibility Issues (Preface-2)

Clinical Information (Preface-3)

Coding Issues (Preface-4)

Whole-Body Imaging (Preface-5)

References (Preface-6)

Copyright Information (Preface-7)

Trademarks (Preface-8)

General Information

Congenital Heart Disease

Condition Specific Imaging

Echocardiography

Computed Tomography

Magnetic Resonance Imaging

Diagnostic Heart Catheterization

Policy History and Instructions for Use

V1.0.2025

Related Community Plan Policies

| \sim | | | |
|--------|-----|---|------|
| Gι | JIC | е | line |

Related Community Plan Policies

Page 3 of 164

Effective: November 1, 2025

V1.0.2025

Related Community Plan Policies

Related Community Plan Policies

v1.0.2025

General Policies

- · Cardiac Imaging Guidelines
- Peripheral Vascular Disease Imaging Guidelines

Pediatric Policies

Pediatric Peripheral Vascular Disease Imaging Guidelines

Effective: November 1, 2025

Page 4 of 164

V1.0.2025

Application (For Ohio Only)

| \sim | | | | |
|--------|-----|-----|-----|---|
| Gι | IIC | lel | lın | е |

Application (For Ohio Only)

. raye 5 or 10

Effective: November 1, 2025

Page 5 of 164

V1.0.2025

Application (For Ohio Only)

Application for Ohio OH UHC

v1.0.2025

This Medical Policy only applies to the state of Ohio. Any requests for services that
are stated as unproven or services for which there is a coverage or quantity limit will
be evaluated for medical necessity using Ohio Administrative Code 5160-1-01.

V1.0.2025

Guideline Development (Preface-1)

| $\overline{}$ | | | |
|---------------|-----|---|------|
| (ii | IIC | Ы | line |

Guideline Development (Preface-1.1)

Effective: November 1, 2025

Page 7 of 164

Guideline Development (Preface-1.1)

PRF.GG.0001.1.UOH

v1.0.2025

- These evidence-based, proprietary clinical guidelines evaluate a range of advanced imaging and procedures, including NM, US, CT, MRI, PET, Radiation Oncology, Sleep Studies, as well as Cardiac, musculoskeletal and Spine interventions.
- UnitedHealthcare reserves the right to change and update the guidelines. The
 guidelines undergo a formal review annually. These clinical guidelines are based
 on current evidence supported by major national and international association and
 society guidelines and criteria, peer-reviewed literature, major treatises as well as,
 input from health plans, and practicing academic and community-based physicians.
- These guidelines are not intended to supersede or replace sound medical judgment, but instead, should facilitate the identification of the most appropriate imaging or other designated procedure given the individual's clinical condition. These guidelines are written to cover medical conditions as experienced by the majority of individuals. However, these guidelines may not be applicable in certain clinical circumstances, and physician judgment can override the guidelines.
- These guidelines provide evidence-based, clinical benefits with a focus on health care quality and patient safety.
- Clinical decisions, including treatment decisions, are the responsibility of the individual and his/her provider. Clinicians are expected to use independent medical judgment, which takes into account the clinical circumstances to determine individual management decisions.
- UnitedHealthcare supports the Choosing Wisely initiative (https://www.choosingwisely.org/) by the American Board of Internal Medicine (ABIM) Foundation and many national physician organizations, to reduce the overuse of diagnostic tests that are low value, no value, or whose risks are greater than the benefits.

V1.0.2025

Benefits, Coverage Policies, and Eligibility Issues (Preface-2)

Guideline

Benefits, Coverage Policies, and Eligibility Issues (Preface-2.1) References (Preface-2)

. raye a or it

Effective: November 1, 2025

Page 9 of 164

Benefits, Coverage Policies, and Eligibility Issues (Preface-2.1)

PRF.BC.0002.1.UOH

v1.0.2025

Investigational and Experimental Studies

- Certain studies, treatments, procedures, or devices may be considered experimental, investigational, or unproven for any condition, illness, disease, injury being treated if one of the following is present:
 - if there is a paucity of supporting evidence;
 - if the evidence has not matured to exhibit improved health parameters;
 - if clinical utility has not been demonstrated in any condition; OR
 - if the study, treatment, procedure, or device lacks a collective opinion of support
- Supporting evidence includes standards that are based on credible scientific evidence
 published in peer-reviewed medical literature (such as well conducted randomized
 clinical trials or cohort studies with a sample size of sufficient statistical power)
 generally recognized by the relevant medical community. Collective opinion of
 support includes physician specialty society recommendations and the views of
 physicians practicing in relevant clinical areas when physician specialty society
 recommendations are not available.

Clinical and Research Trials

- Similar to investigational and experimental studies, clinical trial imaging requests will be considered to determine whether they meet these evidence-based clinical guidelines.
- Imaging studies which are inconsistent with established clinical standards, or are requested for data collection and not used in direct clinical management are not supported.¹

Legislative Mandate

 State and federal legislations may need to be considered in the review of advanced imaging requests.

V1.0.2025

References (Preface-2)

v1.0.2025

1. Coverage of Clinical Trials under the Patient Protection and Affordable Care Act; 42 U.S.C.A. § 300gg-8

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

Page 11 of 164

Effective: November 1, 2025

V1.0.2025

Clinical Information (Preface-3)

Guideline

Clinical Information (Preface-3.1) References (Preface-3)

Effective: November 1, 2025 Page 12 of 164

Clinical Information (Preface-3.1)

PRF.CL.0003.1.UOH

v1.0.2025

Clinical Documentation and Age Considerations

- These clinical guidelines use an evidence-based approach to determine the most appropriate procedure for each individual, at the most appropriate time in the diagnostic and treatment cycle. These clinical guidelines are framed by:
 - clinical presentation of the individual, rather than the studies requested
 - adequate clinical information that must be submitted to UnitedHealthcare in order to establish medical necessity for advanced imaging or other designated procedures includes, but is not limited to, the following:
 - Pertinent clinical evaluation should include a recent detailed history, physical examination²⁰ since the onset or change in symptoms, and/or laboratory and prior imaging studies.
 - Condition-specific guideline sections may describe additional clinical information which is required for a pertinent clinical evaluation.
 - The Spine and Musculoskeletal guidelines require x-ray studies from when the current episode of symptoms has started or changed.
 - Advanced imaging or other designated procedures should not be ordered prior to clinical evaluation of an individual by the physician treating the individual. This may include referral to a consultant specialist who will make further treatment decisions.
 - Other meaningful technological contact (telehealth visit, telephone or video call, electronic mail or messaging) since the onset or change in symptoms by an established individual can serve as a pertinent clinical evaluation.
 - Some conditions may require a face-to-face evaluation as discussed in the applicable condition-specific guideline sections.
 - A recent clinical evaluation may be unnecessary if the individual is undergoing a guideline-supported, scheduled follow-up imaging or other designated procedural evaluation. Exceptions due to routine surveillance indications are addressed in the applicable condition-specific guideline sections.
 - the evidence-based approach to determine the most appropriate procedure for each individual requires submission of medical records pertinent to the requested imaging or other designated procedures.
- Many conditions affecting the pediatric population are different diagnoses than those
 occurring in the adult population. For those diseases which occur in both pediatric
 and adult populations, minor differences may exist in management due to individual

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

age, comorbidities, and differences in disease natural history between children and adults.

Individuals who are 18 years old or younger¹⁹ should be imaged according to the Pediatric Imaging Guidelines if discussed in the condition-specific guideline sections. Any conditions not specifically discussed in the Pediatric Imaging Guidelines should be imaged according to the General Imaging Guidelines. Individuals who are >18 years old should be imaged according to the General Imaging Guidelines, except where directed otherwise by a specific guideline section.

General Imaging Information

- "Standard" or "conventional" imaging is most often performed in the initial and subsequent evaluations of malignancy. Standard or conventional imaging includes plain film, CT, MRI, or US.
 - Often, further advanced imaging is needed when initial imaging, such as ultrasound, CT, or MRI does not answer the clinical question. Uncertain, indeterminate, inconclusive, or equivocal may describe these situations.
- Appropriate use of contrast is a very important component of evidence-based advanced imaging use.
 - The appropriate levels of contrast for an examination (i.e., without contrast, with contrast, without and with contrast) is determined by the evidence-based guidance reflected in the condition-specific guideline sections.
 - If, during the performance of a non-contrast imaging study, there is the unexpected need to use contrast in order to evaluate a possible abnormality, then that is appropriate.¹

Ultrasound

- Diagnostic ultrasound uses high-frequency sound waves to evaluate soft tissue structures and vascular structures utilizing grey scale and Doppler techniques.
- Ultrasound allows for dynamic real-time imaging at the bedside.
 - Ultrasound is limited in areas where there is dense bone or other calcification.
 - Ultrasound also has a relatively limited imaging window so may be of limited value in evaluating very large abnormalities.
 - In general, ultrasound is highly operator-dependent, and proper training and experience are required to perform consistent, high-quality evaluations.

- Indications for ultrasound may include, but are not limited to, the following:
 - Obstetric and gynecologic imaging
 - Soft tissue and visceral imaging of the chest, abdomen, pelvis, and extremities
 - Brain and spine imaging when not obscured by dense bony structures
 - Vascular imaging when not obscured by dense bony structures
 - Procedural guidance when not obscured by dense bony structures
 - Initial evaluation of ill-defined soft tissue masses or fullness and differentiating adenopathy from mass or cyst. Prior to advanced imaging, ultrasound can be very beneficial in selecting the proper modality, body area, image sequences, and contrast level that will provide the most definitive information for the individual.
- More specific guidance for ultrasound usage, including exceptions to this general guidance, can be found throughout the condition-specific guidelines.

Computed Tomography (CT)

- The AMA CPT® manual does not describe nor assign any minimum or maximum number of sequences for any CT study. CT imaging protocols are often influenced by the individual's clinical situation and additional sequences are not uncommon. There are numerous CT protocols that may be performed to evaluate specific clinical questions, and this technology is constantly undergoing development.
- CT utilizes ionizing radiation to create cross-sectional and volumetric images of the body.
 - Advantages over ultrasound include a much larger field of view and faster completion time in general. Disadvantages compared to ultrasound include lack of portability and exposure to ionizing radiation.
 - Advantages over MRI include faster imaging and a more spacious scanner area limiting claustrophobia. Disadvantages compared to MRI include decreased soft tissue definition, especially with non-contrast imaging, and exposure to ionizing radiation.
- CT can be performed without, with, or without and with intravenous (IV) contrast depending on the clinical indication and body area.
 - In general, non-contrast imaging is appropriate for evaluating structures with significant tissue density differences such as lung parenchyma and bony structures, or when there is a contraindication to contrast.
 - In general, CT with contrast is the most common level of contrast and can be used when there is need for improved vascular or soft tissue resolution, including better characterization of known or suspected malignancy, as well as infectious and inflammatory conditions.

- CT without and with contrast has a limited role as the risks of doubling the ionizing radiation exposure rarely outweigh the benefits of multiphasic imaging, though there are some exceptions which include, but are not limited to, the following:
 - Characterization of a mass
 - Characterization of arterial and venous anatomy
 - CT with contrast may be used to better characterize findings on a very recent (within two weeks) inconclusive non-contrast CT where the guidelines would support CT without and with contrast.
- More specific guidance for CT contrast usage, including exceptions to this general guidance, can be found throughout the condition-specific guidelines.
- Shellfish allergy:
 - It is commonly assumed that an allergy to shellfish indicates iodine allergy, and that this implies an allergy to iodinated contrast media used with CT. However, this is NOT true. Shellfish allergy is due to tropomyosins. lodine plays no role in these allergic reactions. Allergies to shellfish do not increase the risk of reaction to iodinated contrast media any more than that of other allergens.1
- Enteric contrast (oral or rectal) is sometimes used in abdominal imaging. There is no specific CPT® code which refers to enteric contrast.
- The appropriate contrast level and anatomic region in CT imaging is specific to the clinical indication, as listed in the condition-specific guideline sections.
- CT should not be used to replace MRI in an attempt to avoid sedation unless it is listed as a recommended study in the appropriate condition-specific guideline.
- · There are significant potential adverse effects associated with the use of iodinated contrast media. These include hypersensitivity reactions, thyroid dysfunction, and contrast-induced nephropathy (CIN). Individuals with impaired renal function are at increased risk for CIN.2
- Both contrast CT and MRI may be considered to have the same risk profile with renal failure (GFR <30 mL/min).
- The use of CT contrast should proceed with caution in pregnant and breastfeeding individuals. There is a theoretical risk of contrast toxicity to the fetal and infant thyroid. The procedure can be performed if the specific need for that contrast-enhanced procedure outweighs risk to the fetus. Breastfeeding individuals may reduce this risk by choosing to pump and discard breast milk for 12-24 hours after the contrast injection.
- CT without contrast may be appropriate if clinical criteria for CT with contrast are met AND the individual has/is:
 - elevated blood urea nitrogen (BUN) and/or creatinine
 - renal insufficiency
 - allergies to iodinated contrast

- thyroid disease which could be treated with I-131
- diabetes
- very elderly
- urgent or emergent settings due to availability
- trauma
- CT is superior to other imaging modalities in certain conditions including, but not limited to, the following:
 - Screening following trauma
 - Imaging pulmonary disease
 - Imaging abdominal and pelvic viscera
 - Imaging of complex fractures
 - Evaluation of inconclusive findings on Ultrasound or MRI, or if there is a contraindication to MRI
- More specific guidance for CT usage, including exceptions to this general guidance, can be found throughout the condition-specific guidelines.

Magnetic Resonance Imaging (MRI)

- The AMA CPT® manual does not describe nor assign any minimum or maximum number of sequences for any MRI study. MRI protocols are often influenced by the individual's clinical situation and additional sequences are not uncommon. There are numerous MRI sequences that may be performed to evaluate specific clinical questions, and this technology is constantly undergoing development.
- Magnetic Resonance Imaging (MRI) utilizes the interaction between the intrinsic radiofrequency of certain molecules in the body (hydrogen in most cases) and a strong external magnetic field.
 - MRI is often superior for advanced imaging of soft tissues and can also define physiological processes in some instances (e.g., edema, loss of circulation [AVN], and increased vascularity [tumors]).
 - MRI does not use ionizing radiation and even non-contrast images have much higher soft tissue definition than CT or Ultrasound.
 - MRI typically takes much longer than either CT or Ultrasound, and for some individuals may require sedation. It is also much more sensitive to individual motion that can degrade image quality than either CT or Ultrasound.
- MRI Breast and MRI Chest are not interchangeable, as they focus detailed sequences on different adjacent body parts.
- MRI may be utilized either as the primary advanced imaging modality, or when further definition is needed based on CT or ultrasound imaging.
- Most orthopedic and dental implants are not magnetic. These include hip and knee replacements; plates, screws, and rods used to treat fractures; and cavity fillings. Yet,

all of these metal implants can distort the MRI image if near the part of the body being scanned.

- Other implants, however, may have contraindications to MRI. These include the following:
 - Pacemakers
 - ICD or heart valves
 - Metal implants in the brain
 - Metal implants in the eyes or ears
 - Infusion catheters and bullets or shrapnel
- CT can therefore be an alternative study to MRI in these scenarios.
- The contrast level and anatomic region in MRI imaging is specific to the clinical indication, as listed in the specific guideline sections.
- MRI utilizing Xenon Xe 129 (CPT® C9791) for contrast is considered investigational and experimental at this time. MRI with or with and without contrast in these guidelines refers to MRI utilizing gadolinium for contrast.
- MRI is commonly performed without, without and with contrast.
 - Non-contrast imaging offers excellent tissue definition.
 - Imaging without and with contrast is commonly used when needed to better characterize tissue perfusion and vascularization.
 - Most contrast is gadolinium based and causes T2 brightening of the vascular and extracellular spaces.
 - Some specialized gadolinium and non-gadolinium contrast agents are available, and most commonly used for characterizing liver lesions.
 - MRI with contrast only is rarely appropriate and is usually used to better characterize findings on a recent inconclusive non-contrast MRI, commonly called a completion study.
 - MRI contrast is contraindicated in pregnant individuals.
 - More specific guidance for MRI contrast usage, including exceptions to this general guidance, can be found throughout the condition-specific guidelines.
- MRI may be preferred in individuals with renal failure and in individuals allergic to intravenous CT contrast.
 - Both contrast CT and MRI may be considered to have the same risk profile with renal failure (GFR <30 mL/min).²
 - Gadolinium can cause Nephrogenic Systemic Fibrosis (NSF). The greater the
 exposure to gadolinium in individuals with a low GFR (especially if on dialysis), the
 greater the chance of individuals developing NSF.
 - Multiple studies have demonstrated potential for gadolinium deposition following the use of gadolinium-based contrast agents (GBCAs) for MRI studies.³⁻⁷ The U.S. Food and Drug Administration (FDA) has noted that there is currently no evidence to suggest that gadolinium retention in the brain is harmful and restricting

gadolinium-based contrast agents (GBCAs) use is not warranted at this time. It has been recommended that GBCA use should be limited to circumstances in which additional information provided by the contrast agent is necessary and the necessity of repetitive MRIs with GBCAs should be assessed.⁸

- A CT may be approved in place of an MRI when clinical criteria are met for MRI AND there is a contraindication to having an MRI (pacemaker, ICD, insulin pump, neurostimulator, etc.).
 - When replacing MRI with CT, contrast level matching should occur as follows:
 - MRI without contrast → CT without contrast
 - MRI without and with contrast → CT with contrast or CT without and with contrast
- The following situations may impact the appropriateness for MRI and or MR contrast:
 - Caution should be taken in the use of gadolinium in individuals with renal failure.
 - The use of gadolinium contrast agents is contraindicated during pregnancy unless the specific need for that procedure outweighs risk to the fetus.
 - MRI can be performed for non-ferromagnetic body metals (i.e., titanium), although some imaging facilities will consider it contraindicated if recent surgery, regardless of the metal type.
- MRI should not be used as a replacement for CT for the sole reason of avoidance of ionizing radiation when MRI is not supported in the condition-based guidelines, since it does not solve the problem of overutilization.
- MRI is superior to other imaging modalities in certain conditions including, but not limited to, the following:
 - Imaging the brain and spinal cord
 - Characterizing visceral and musculoskeletal soft tissue masses
 - Evaluating musculoskeletal soft tissues including ligaments and tendons
 - Evaluating inconclusive findings on ultrasound or CT
 - Individuals who are pregnant or have high radiation sensitivity
 - Suspicion, diagnosis, or surveillance of infections
- More specific guidance for MRI usage, including exceptions to this general guidance, can be found throughout the condition-specific guidelines.

Positron Emission Tomography (PET)

- PET is a nuclear medicine study that uses a positron emitting radiotracer to create cross-sectional and volumetric images based on tissue metabolism.
- Conventional imaging (frequently CT, sometimes MRI or bone scan) of the affected area(s) drives much of initial and restaging and surveillance imaging for malignancy and other chronic conditions. PET is not indicated for surveillance imaging unless specifically stated in the condition-specific guideline sections.
- PET/MRI is generally not supported, see <u>PET-MRI (Preface-5.3)</u>.

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

- PET is rarely performed as a single modality, but is typically performed as a combined PET/CT.
 - The unbundling of PET/CT into separate PET and diagnostic CT CPT[®] codes is not supported, because PET/CT is done as a single study.
- PET/CT lacks the tissue definition of CT or MRI, but is fairly specific for metabolic activity based on the radiotracer used.
- Indications for PET/CT may include the following:
 - Oncologic Imaging for evaluation of tumor metabolic activity
 - Cardiac Imaging for evaluation of myocardial metabolic activity
 - Brain Imaging for evaluation of metabolic activity for procedural planning
- More specific guidance for PET usage, including exceptions to this general guidance, can be found throughout the condition-specific guidelines.

Overutilization of Advanced Imaging

- A number of recent reports describe overutilization in many areas of advanced imaging and other procedures, which may include the following:
 - High-level testing without consideration of less invasive, lower cost options which may adequately address the clinical question at hand
 - Excessive radiation and costs with unnecessary testing
 - Defensive medical practice
 - CT without and with contrast (so called "double contrast studies") requests, which have few current indications
 - MRI requested in place of CT to avoid radiation without considering the primary indication for imaging
 - Adult CT settings and protocols used for smaller people and children
 - Unnecessary imaging procedures when the same or similar studies have already been conducted
- A review of the imaging or other relevant procedural histories of all individuals
 presenting for studies has been recognized as one of the more important processes
 that can be significantly improved. By recognizing that a duplicate or questionably
 indicated examination has been ordered for individuals, it may be possible to avoid
 exposing them to unnecessary risks.^{9,10} To avoid these unnecessary risks, the
 precautions below should be considered:
 - The results of initial diagnostic tests or radiologic studies to narrow the differential diagnosis should be obtained prior to performing further tests or radiologic studies.
 - The clinical history should include a potential indication such as a known or suspected abnormality involving the body part for which the imaging study is being requested. These potential indications are addressed in greater detail within the applicable guidelines.

V1.0.2025

- The results of the requested imaging procedures should be expected to have an impact on individual management or treatment decisions.
- Repeat imaging studies are not generally necessary unless there is evidence of disease progression, recurrence of disease, and/or the repeat imaging will affect an individual's clinical management.
- Pre-operative imaging/pre-surgical planning imaging/pre-procedure imaging is not indicated if the surgery/procedure is not indicated. Once the procedure has been approved or if the procedure does not require prior authorization, the appropriate preprocedural imaging may be approved.

References (Preface-3)

v1.0.2025

- Bettmann MA. Frequently Asked Questions: Iodinated Contrast Agents. RadioGraphics. 2004;24(suppl_1):S3-S10. doi:10.1148/rg.24si045519
- 2. Andreucci M, Solomon R, Tasanarong A. Side Effects of Radiographic Contrast Media: Pathogenesis, Risk Factors, and Prevention. *BioMed Res Int.* 2014;2014:1-20. doi:10.1155/2014/741018
- 3. McDonald RJ, McDonald JS, Kallmes DF, et al. Intracranial Gadolinium Deposition after Contrast-enhanced MR Imaging. *Radiology*. 2015;275(3):772-782. doi:10.1148/radiol.15150025
- 4. Kanda T, Ishii K, Kawaguchi H, Kitajima K, Takenaka D. High Signal Intensity in the Dentate Nucleus and Globus Pallidus on Unenhanced T1-weighted MR Images: Relationship with Increasing Cumulative Dose of a Gadolinium-based Contrast Material. *Radiology*. 2014;270(3):834-841. doi:10.1148/radiol.13131669
- 5. Olchowy C, Cebulski K, Łasecki M, et al. The presence of the gadolinium-based contrast agent depositions in the brain and symptoms of gadolinium neurotoxicity A systematic review. Mohapatra S, ed. *PLOS ONE*. 2017;12(2):e0171704. doi:10.1371/journal.pone.0171704
- Ramalho J, Castillo M, AlObaidy M, et al. High Signal Intensity in Globus Pallidus and Dentate Nucleus on Unenhanced T1-weighted MR Images: Evaluation of Two Linear Gadolinium-based Contrast Agents. *Radiology*. 2015;276(3):836-844. doi:10.1148/radiol.2015150872
- Radbruch A, Weberling LD, Kieslich PJ, et al. Intraindividual Analysis of Signal Intensity Changes in the Dentate Nucleus After Consecutive Serial Applications of Linear and Macrocyclic Gadolinium-Based Contrast Agents. *Invest Radiol*. 2016;51(11):683-690. doi:10.1097/rli.00000000000000008
- 8. FDA Warns That Gadolinium-Based Contrast Agents (GBCAs) Are Retained in the Body; Requires New Class Warnings. U.S. Food and Drug Administration. May 16, 2018. https://www.fda.gov/media/109825/download
- 9. Amis ES, Butler PF, Applegate KE, et al. American College of Radiology White Paper on Radiation Dose in Medicine. *J Am Coll Radiol.* 2007;4(5):272-284. doi:10.1016/j.jacr.2007.03.002
- 10. Powell AC, Long JW, Kren EM, Gupta AK, Levin DC. Evaluation of a Program for Improving Advanced Imaging Interpretation. *J Patient Saf.* 2019;15(1):69-75. doi:10.1097/PTS.0000000000034.5
- 11. White Paper: Initiative to Reduce Unnecessary Radiation Exposure from Medical Imaging. U.S. Food and Drug Administration and Center for Devices and Radiological Health. February 2010. https://www.fda.gov/Radiation-EmittingProducts/RadiationSafety/RadiationDoseReduction/ucm199994.htm
- Fotenos A. Update on FDA approach to safety issue of gadolinium retention after administration of gadoliniumbased contrast agents. U.S. Food and Drug Administration. September 20, 2018. https://www.fda.gov/ media/116492/download
- 13. Blumfield E, Swenson DW, lyer RS, Stanescu AL. Gadolinium-based contrast agents review of recent literature on magnetic resonance imaging signal intensity changes and tissue deposits, with emphasis on pediatric patients. *Pediatr Radiol*. 2019;49(4):448-457. doi:10.1007/s00247-018-4304-8
- 14. American College of Radiology. ACR SPR SRU Practice Parameter for the Performance and Interpretation of Diagnostic Ultrasound Examinations. Revised 2023. (Resolution 32). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/US-Perf-Interpret.pdf
- 15. American College of Radiology. ACR ACNM SNMMI SPR Practice Parameter for Performing FDG-PET/CT in Oncology. Revised 2021. (Resolution 20). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/FDG-PET-CT.pdf
- 16. American College of Radiology. ACR Practice Parameter for Performing and Interpreting Magnetic Resonance Imaging (MRI). Revised 2022. (Resolution 8). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/MR-Perf-Interpret.pdf
- 17. American College of Radiology. ACR SPR Practice Parameter for Performing and Interpreting Diagnostic Computed Tomography (CT). Revised 2022. (Resolution 9). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Perf-Interpret.pdf
- 18. Lohrke J, Frenzel T, Endrikat J, et al. 25 Years of Contrast-Enhanced MRI: Developments, Current Challenges and Future Perspectives. *Adv Ther.* 2016;33(1):1-28. doi:10.1007/s12325-015-0275-4
- 19. Implementation Guide: Medicaid State Plan Eligibility Eligibility Groups Mandatory Coverage Infants and Children under Age 19. U.S. Department of Health & Human Services. August 25, 2020. HHS-0938-2017-

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

UnitedHealthcare Community Plan Coverage Determination Guideline

Effective: November 1, 2025

Page 22 of 164

V1.0.2025

Page 23 of 164

- F-5484. https://www.hhs.gov/guidance/document/implementation-guide-medicaid-state-plan-eligibility-eligibilitygroups-aeu-mandatory-2
- 20. History and Physicals Understanding the Requirements: What are the key elements organizations need to understand regarding History and Physical Requirements?. The Joint Commission. Reviewed July 12, 2022. https://www.jointcommission.org/standards/standard-faqs/hospital-and-hospital-clinics/provision-of-caretreatment-and-services-pc/000002272/
- 21. Mammarappallil JG, Rankine L, Wild JM, Driehuys B. New Developments in Imaging Idiopathic Pulmonary Fibrosis With Hyperpolarized Xenon Magnetic Resonance Imaging. J Thorac Imaging. 2019;34(2):136-150. doi:10.1097/rti.0000000000000392
- 22. Wang JM, Robertson SH, Wang Z, et al. Using hyperpolarized 129Xe MRI to quantify regional gas transfer in idiopathic pulmonary fibrosis. Thorax. 2017;73(1):21-28. doi:10.1136/thoraxjnl-2017-210070

Coding Issues (Preface-4)

Guideline

3D Rendering (Preface-4.1)

CT-, MR-, or Ultrasound-Guided Procedures (Preface-4.2)

Unlisted Procedures/Therapy Treatment Planning (Preface-4.3)

CPT® 76380 Limited or Follow-up CT (Preface-4.5)

SPECT/CT Imaging (Preface-4.6)

CPT® 76140 Interpretation of an Outside Study (Preface-4.7)

Quantitative MR Analysis (Preface-4.8)

HCPCS Codes (Preface-4.9)

References (Preface-4)

Effective: November 1, 2025

Page 24 of 164

3D Rendering (Preface-4.1)

PRF.CD.0004.1.UOH

v1.0.2025

CPT® 76376 and CPT® 76377

- Both codes require concurrent supervision of the image post-processing 3D manipulation of the volumetric data set and image rendering.
 - Concurrent supervision is defined as active physician participation in and monitoring of the reconstruction process including design of the anatomic region that is to be reconstructed; determination of the tissue types and actual structures to be displayed (e.g., bone, organs, and vessels); determination of the images or cine loops that are to be archived; and, monitoring and adjustment of the 3D work product. The American College of Radiology (ACR) recommends that it is best to document the physician's supervision or participation in the 3D reconstruction of images.
- These two codes differ in the need for and use of an independent workstation for post-processing.
 - CPT® 76376 reports procedures not requiring image post-processing on an independent workstation.
 - CPT® 76377 reports procedures that require image post-processing on an independent workstation.
- These 3D rendering codes should not be used for 2D reformatting.
- Two-dimensional reconstruction (e.g., reformatting an axial scan into the coronal plane) is now included in all cross-sectional imaging base codes and is not separately reimbursable.
- The codes used to report 3D rendering for ultrasound and echocardiography are also used to report the 3D post processing work on CT, MRI, and other tomographic modalities.
- Providers may be required to obtain prior authorization on these 3D codes
 even if prior authorization is not required for the echocardiography and/or
 ultrasound procedure codes. It may appear that UnitedHealthcare pre-authorizes
 echocardiography and/or ultrasound when, in fact, it may only be the 3D code that
 needs the prior authorization.
- CPT® codes for 3D rendering should not be billed in conjunction with computeraided detection (CAD), MRA, CTA, nuclear medicine SPECT studies, PET, PET/ CT, Mammogram, MRI Breast, US Breast, CT Colonography (virtual colonoscopy), Cardiac MRI, Cardiac CT, or Coronary CTA studies.

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

- CPT® 76377 (3D rendering requiring image post-processing on an independent workstation) or CPT® 76376 (3D rendering not requiring image post-processing on an independent workstation) can be considered in the following clinical scenarios:
 - Bony conditions:
 - Evaluation of congenital skull abnormalities in newborns, infants, and toddlers (usually for pre-operative planning)
 - Complex fractures (comminuted or displaced)/dislocations of any joint (for preoperative planning when conventional imaging is insufficient)
 - Spine fractures, pelvic/acetabulum fractures, intra-articular fractures (for preoperative planning when conventional imaging is insufficient)
 - Pre-operative planning for other complex surgical cases
 - Complex facial fractures
 - Pre-operative planning for other complex surgical cases
 - Cerebral angiography
 - · Pelvis conditions:
 - Uterine intra-cavitary lesion when initial US is equivocal: See <u>Abnormal Uterine</u> Bleeding (AUB) (PV-2.1) and Leiomyoma/Uterine Fibroids (PV-12.1) in the Pelvis Imaging Guidelines.
 - Hydrosalpinxes or peritoneal cysts when initial US is indeterminate: See Complex Adnexal Masses (PV-5.3) in the Pelvis Imaging Guidelines.
 - Lost IUD (inability to feel or see IUD string) with initial US: See Intrauterine **Device (PV-10.1)** in the Pelvis Imaging Guidelines.
 - Uterine anomalies with initial US: See Uterine Anomalies (PV-14.1) in the Pelvis Imaging Guidelines.
 - Infertility: See Initial Infertility Evaluation, Female (PV-9.1) in the Pelvis Imaging Guidelines.
 - Abdomen conditions:
 - CT Urogram: See <u>Hematuria and Hydronephrosis (AB-39)</u> in the Abdomen Imaging Guidelines.
 - MRCP: See MR Cholangiopancreatography (MRCP) (AB-27) in the Abdomen Imaging Guidelines.

CT-, MR-, or Ultrasound-Guided Procedures (Preface-4.2)

PRF.CD.0004.2.A

v1.0.2025

- CT-, MR-, and Ultrasound-guidance procedure codes contain all of the imaging necessary to guide a needle or catheter. It is inappropriate to routinely bill a diagnostic procedure code in conjunction with a guidance procedure code.
- Imaging studies performed as part of a CT-, MR-, or Ultrasound-guided procedure should be reported using the CPT® codes in the following table:

TABLE: Imaging Guidance Procedure Codes

| CPT [®] | Description |
|------------------|--|
| 19085 | Biopsy, breast, with placement of breast localization device(s), when performed, and imaging of the biopsy specimen, when performed, percutaneous; first lesion, including MR guidance |
| 19086 | Biopsy, breast, with placement of breast localization device(s), when performed, and imaging of the biopsy specimen, when performed, percutaneous; each additional lesion, including MR guidance |
| 75989 | Imaging guidance for percutaneous drainage with placement of catheter (all modalities) |
| 76942 | Ultrasonic guidance for needle placement |
| 77011 | CT guidance for stereotactic localization |
| 77012 | CT guidance for needle placement |
| 77013 | CT guidance for, and monitoring of parenchymal tissue ablation |
| 77021 | MR guidance for needle placement |
| 77022 | MR guidance for, and monitoring of parenchymal tissue ablation |

CPT® 19085 and CPT® 19086

- The proper way to bill an MRI-guided breast biopsy is CPT® 19085 (Biopsy, breast, with placement of breast localization device(s), when performed, and imaging of the biopsy specimen, when performed, percutaneous; first lesion, including MR guidance). Additional lesions should be billed using CPT® 19086.
 - CPT® 77021 (MR guidance for needle placement) is not an appropriate code for a breast biopsy.

CPT® 75989

- This code is used to report imaging guidance for a percutaneous drainage procedure in which a catheter is left in place.
- This code can be used to report whether the drainage catheter is placed under fluoroscopy, Ultrasound-, CT-, or MR-guidance modality.

CPT® 77011

- A stereotactic CT localization scan is frequently obtained prior to sinus surgery. The
 dataset is then loaded into the navigational workstation in the operating room for use
 during the surgical procedure. The information provides exact positioning of surgical
 instruments with regard to the individual's 3D CT images.³
- In most cases, the pre-operative CT is a technical-only service that does not require interpretation by a radiologist.
 - The imaging facility should report CPT[®] 77011 when performing a scan not requiring interpretation by a radiologist.
 - If a diagnostic scan is performed and interpreted by a radiologist, the appropriate diagnostic CT code (e.g., CPT[®] 70486) should be used.
 - It is not appropriate to report both CPT® 70486 and CPT® 77011 for the same CT stereotactic localization imaging session.
 - 3D Rendering (CPT® 76376 or CPT® 76377) should not be reported in conjunction with CPT® 77011 (or CPT® 70486 if used). The procedure inherently generates a 3D dataset.

CPT® 77012 (CT) and CPT® 77021 (MR)

- These codes are used to report imaging guidance for needle placement during biopsy, aspiration, and other percutaneous procedures.
- They represent the radiological supervision and interpretation of the procedure and are often billed in conjunction with surgical procedure codes.
 - For example, CPT® 77012 is reported when CT guidance is used to place the needle for a conventional arthrogram.
 - Only codes representing percutaneous surgical procedures should be billed with CPT® 77012 and CPT® 77021. It is inappropriate to use with surgical codes for open, excisional, or incisional procedures.

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

- CPT® 77021 (MR guidance for needle placement) is not an appropriate code for breast biopsy.
 - CPT® 19085 would be appropriate for the first breast biopsy site and CPT® 19086 would be appropriate for additional concurrent biopsies.

CPT® 77013 (CT) and CPT® 77022 (MR)

- These codes include the initial guidance to direct a needle electrode to the tumor(s), monitoring for needle electrode repositioning within the lesion, and as necessary for multiple ablations to coagulate the lesion and confirmation of satisfactory coagulative necrosis of the lesion(s) and comparison to pre-ablation images.
 - **NOTE:** CPT[®] 77013 should only be used for non-bone ablation procedures.
 - CPT® 20982 includes CT guidance for bone tumor ablations.
 - Only codes representing percutaneous surgical procedures should be billed with CPT® 77013 and CPT® 77022. It is inappropriate to use with surgical codes for open, excisional, or incisional procedures.
- CPT® 77012 and CPT® 77021 (as well as guidance codes CPT® 76942 [US], and CPT® 77002 - CPT® 77003 [fluoroscopy]) describe radiologic guidance by different modalities.
 - Only one unit of any of these codes should be reported per individual encounter (date of service). The unit of service is considered to be the individual encounter, not the number of lesions, aspirations, biopsies, injections, or localizations.

Unlisted Procedures/Therapy Treatment Planning (Preface-4.3)

PRF.CD.0004.3.UOH

v1.0.2025

| CPT® | Description |
|-------|--|
| 76497 | Unlisted CT procedure (e.g., diagnostic or interventional) |
| 76498 | Unlisted MR procedure (e.g., diagnostic or interventional) |
| 78999 | Unlisted procedure, diagnostic nuclear medicine |

- These unlisted codes should be reported whenever a diagnostic or interventional CT or MR study is performed in which an appropriate anatomic site-specific code is not available.
 - A Category III code that describes the procedure performed must be reported rather than an unlisted code if one is available.
- CPT® 76497 or CPT® 76498 (Unlisted CT or MRI procedure) can be considered in the following clinical scenarios:
 - Studies done for navigation and planning for neurosurgical procedures (i.e., Stealth or Brain Lab Imaging)^{1,2}
 - Custom joint arthroplasty planning (not as an alternative recommendation): See
 Osteoarthritis (MS-12.1) in the Musculoskeletal Imaging Guidelines.
 - Any procedure/surgical planning if thinner cuts or different positional acquisition (than those on the completed diagnostic study) are needed. These could include navigational bronchoscopy: See <u>Navigational Bronchoscopy (CH-1.7)</u> in the Chest Imaging Guidelines.

Therapy Treatment Planning

 Radiation Therapy Treatment Planning: See <u>Unlisted Procedure Codes in</u> <u>Oncology (ONC-1.5)</u> in the Oncology Imaging Guidelines.

CPT® 76380 Limited or Follow-up CT (Preface-4.5)

PRF.CD.0004.5.UOH

v1.0.2025

- CPT® 76380 describes a limited or follow-up CT scan. The code is used to report any CT scan, for any given area of the body, in which the work of a full diagnostic code is not performed.
- · Common examples include, but are not limited to, the following:
 - Limited sinus CT imaging protocol
 - Limited or follow-up slices through a known pulmonary nodule
 - Limited slices to assess a non-healing fracture (such as the clavicle)
- Limited CT (CPT® 76380) is not indicated for treatment planning purposes. See
 <u>Unlisted Procedure Codes in Oncology (ONC-1.5)</u> in the Oncology Imaging
 Guidelines.
- It is inappropriate to report CPT® 76380, in conjunction with other diagnostic CT codes, to cover 'extra slices' in certain imaging protocols.
 - There is no specific number of sequences or slices defined in any CT CPT[®] code definition.
 - The AMA, in **CPT**® **2019**, does not describe nor assign any minimum or maximum number of sequences or slices for any CT study.
 - A few additional slices or sequences are not uncommon.
 - CT imaging protocols are often influenced by the individual's clinical situation.
 Sometimes the protocols require more time and sometimes less.

V1.0.2025

SPECT/CT Imaging (Preface-4.6)

PRF.CD.0004.6.A

v1.0.2025

- SPECT/CT involves SPECT (Single Photon Emission Computed Tomography) nuclear medicine imaging and CT for optimizing location, accuracy, and attenuation correction and combines functional and anatomic information.
 - Common studies using this modality include ¹²³I- or ¹³¹I-Metaiodobenzylguanidine (MIBG) and octreotide scintigraphy for neuroendocrine tumors.
- Hybrid Nuclear/CT scan can be reported as CPT® 78830 (single area and single day), CPT® 78831 (2 or more days), or CPT® 78832 (2 areas with one day and 2-day
- CPT® 78072 became effective January 1, 2013 for SPECT/CT parathyroid nuclear imaging.

V1.0.2025

CPT® 76140 Interpretation of an Outside Study (Preface-4.7)

PRF.CD.0004.7.UOH

v1.0.2025

- It is inappropriate to use diagnostic imaging codes for interpretation of a previously performed exam that was completed at another facility.
 - · If the outside exam is being used for comparison with a current exam, the diagnostic code for the current examination includes comparison to the prior study.4
 - CPT® 76140 is the appropriate code to use for an exam which was completed elsewhere and a secondary interpretation of the images is requested.5

Quantitative MR Analysis (Preface-4.8)

PRF.CD.0004.8.A

v1.0.2025

- Category III CPT® codes for quantitative analysis of multiparametric-MR (mp-MRI) data with and without an associated diagnostic MRI have been established.
 Quantitative mp-MRI uses software to analyze tissue physiology of visceral organs and other anatomic structures non-invasively. At present, these procedures are primarily being used in clinical trials and there is no widely recommended indications in clinical practice. As such, these procedures are considered to be investigational and experimental for coverage purposes.
 - CPT® 0648T (without diagnostic MRI) and CPT® 0649T (with diagnostic MRI) refer to data analysis with and without associate imaging of a single organ, with its most common use being LiverMultiScan (LMS).
 - See <u>Fatty Liver (AB-29.2)</u> in the Abdomen Imaging Guidelines.
 - CPT® 0697T (without diagnostic MRI) and CPT® 0698T (with diagnostic MRI) refer to data analysis with and without associate imaging of a multiple organs, with its most common use being CoverScan.
 - Volumetric and quantitative MRI analysis of the brain (CPT® 0865T or CPT® 0866T) lack sufficient specificity and sensitivity to be clinically useful. Its use is limited to research studies and is otherwise considered to be not medically necessary in routine clinical practice.

HCPCS Codes (Preface-4.9)

PRF.CD.0004.9.UOH

v1.0.2025

- Healthcare Common Procedure Coding System (HCPCS) codes are utilized by some hospitals in favor of the typical Level-III CPT[®] codes. These codes are typically 4 digits preceded by a C or S.⁶
 - Many of these codes have similar code descriptions to Level-III CPT[®] codes (i.e., C8931 – MRA with dye, Spinal Canal; and, CPT[®] 72159 – MRA Spinal Canal).
 - If cases are submitted with HCPCS codes with similar code descriptions to the typical Level-III CPT[®] codes, those procedures should be managed in the same manner as the typical CPT[®] codes.
 - HCPCS code management is discussed further in the applicable guideline sections.
- Requests for many Healthcare Common Procedure Coding System (HCPCS) codes, including non-specific codes such as S8042 (Magnetic resonance imaging [MRI], low-field), should be redirected to a more appropriate and specific CPT[®] code. Exceptions are noted in the applicable guideline sections.

V1.0.2025

References (Preface-4)

v1.0.2025

- Society of Nuclear Medicine and Molecular Imaging Coding Corner. http://www.snmmi.org/ClinicalPractice/ CodingCornerPT.aspx?ItemNumber=1786
- 2. Intraoperative MR. Brainlab. https://www.brainlab.com/surgery-products/overview-neurosurgery-products/intraoperative-mr/
- 3. Citardi MJ, Agbetoba A, Bigcas JL, Luong A. Augmented reality for endoscopic sinus surgery with surgical navigation: a cadaver study. *Int Forum Allergy Rhinol.* 2016;6(5):523-528. doi:10.1002/alr.21702
- 4. ACR Radiology Coding SourceTM March-April 2007 Q and A. American College of Radiology. https://www.acr.org/Advocacy-and-Economics/Coding-Source/ACR-Radiology-Coding-Source-March-April-2007-Q-and-A
- 5. Chung CY, Alson MD, Duszak R, Degnan AJ. From imaging to reimbursement: what the pediatric radiologist needs to know about health care payers, documentation, coding and billing. *Pediatr Radiol*. 2018;48(7):904-914. doi:10.1007/s00247-018-4104-1
- 6. Healthcare Common Procedure Coding System (HCPCS). Centers for Medicare and Medicaid Services. www.cms.gov/medicare/coding/medhcpcsgeninfo.

V1.0.2025

Whole-Body Imaging (Preface-5)

Guideline

Whole-Body CT Imaging (Preface-5.1) Whole-Body MR Imaging (Preface-5.2) PET-MRI (Preface-5.3) References (Preface-5)

V1.0.2025

Whole-Body CT Imaging (Preface-5.1)

PRF.WB.0005.1.UOH

v1.0.2025

- Whole-body CT or LifeScan (CT Brain, Chest, Abdomen, and Pelvis) for screening of asymptomatic individuals is not indicated. The performance of whole-body screening CT examinations in healthy individuals does not meet any of the current validity criteria for screening studies and there is no clear documentation of benefit versus radiation risk.
- Whole-body low-dose CT is supported for oncologic staging in Multiple Myeloma.
 See <u>Multiple Myeloma and Plasmacytomas (ONC-25)</u> in the Oncology Imaging Guidelines.

Whole-Body MR Imaging (Preface-5.2)

PRF.WB.0005.2.A

v1.0.2025

- Whole-body MRI (WBMRI) is, with the exception of select cancer predisposition syndromes and autoimmune conditions discussed below, generally not supported at this time due to lack of standardization in imaging technique and lack of evidence that WBMRI improves outcome for any individual disease state.
 - While WBMRI has the benefit of whole-body imaging and lack of radiation. exposure, substantial variation still exists in the number of images, type of sequences (STIR vs. diffusion weighting, for example), and contrast agent(s) used.
- Coding considerations:
 - There are no established CPT® or HCPCS codes for reporting WBMRI.
 - WBMRI is at present only reportable using CPT® 76498. All other methods of reporting whole-body MRI are inappropriate including the following:
 - Separate diagnostic MRI codes for multiple individual body parts
 - MRI Bone Marrow Supply (CPT[®] 77084)
- Disease-specific considerations:
 - Cancer screening:
 - Interval WBMRI is recommended for cancer screening in individuals with select cancer predisposition syndromes. Otherwise, WBMRI has not been shown to improve outcomes for cancer screening.
 - For additional information, see Li-Fraumeni Syndrome (LFS) (PEDONC-2.2), Neurofibromatosis 1 and 2 (NF1 and NF2) (PEDONC-2.3), Rhabdoid Tumor Predisposition Syndrome (PEDONC-2.11), Hereditary Paraganglioma-Pheochromocytoma (HPP) Syndromes (PEDONC-2.13), Constitutional Mismatch Repair Deficiency (CMMRD or Turcot Syndrome) (PEDONC-2.15), or Infantile Myofibromatosis (PEDONC-2.18) in the Pediatric and Special Populations Oncology Imaging Guidelines.
 - Cancer staging and restaging:
 - While the feasibility of WBMRI has been established, data remain conflicting on whether WBMRI is of equivalent diagnostic accuracy compared with standard imaging modalities such as CT, scintigraphy, and PET imaging.
 - Evidence has not been published establishing WBMRI as a standard evaluation for any type of cancer.
 - Autoimmune disease:
 - WBMRI can be approved in some situations for individuals with chronic recurrent multifocal osteomyelitis.
 - For additional information, see Chronic Recurrent Multifocal Osteomyelitis (PEDMS-10.2) in the Pediatric Musculoskeletal Imaging Guidelines.

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

PET-MRI (Preface-5.3)

PRF.WB.0005.3.A

v1.0.2025

- PET-MRI is generally not supported for a vast majority of oncologic and neurologic conditions due to lack of standardization in imaging technique and interpretation. However, it may be appropriate in select circumstances when the following criteria are
 - The individual meets condition-specific guidelines for PET-MRI OR
 - The individual meets ALL of the following:
 - The individual meets guideline criteria for PET-CT, AND
 - PET-CT is not available at the treating institution, AND
 - The provider requests PET-MRI in lieu of PET-CT
- When the above criteria are met, PET-MRI may be reported using the code combination of PET Whole-Body (CPT® 78813) and MRI Unlisted (CPT® 76498). All other methods of reporting PET-MRI are inappropriate.
 - When clinically appropriate, diagnostic MRI codes may be indicated at the same time as the PET-MRI code combination.
- For more information, see **PET Imaging in Pediatric Oncology (PEDONC-1.4)** in the Pediatric and Special Populations Oncology Imaging Guidelines, and PET Brain Imaging (PEDHD-2.3) and Special Imaging Studies in Evaluation for Epilepsy Surgery (PEDHD-6.3) in the Pediatric Head Imaging Guidelines.

V1.0.2025

References (Preface-5)

v1.0.2025

- Villani A, Tabori U, Schiffman J, et al. Biochemical and imaging surveillance in germline TP53 mutation carriers with Li-Fraumeni syndrome: a prospective observational study. *Lancet Oncol*. 2011;12(6):559-567. doi:10.1016/ S1470-2045(11)70119-X
- 2. Siegel MJ, Acharyya S, Hoffer FA, et al. Whole-Body MR Imaging for Staging of Malignant Tumors in Pediatric Patients: Results of the American College of Radiology Imaging Network 6660 Trial. *Radiology*. 2013;266(2):599-609. doi:10.1148/radiol.12112531
- 3. Antoch G. Whole-Body Dual-Modality PET/CT and Whole-Body MRI for Tumor Staging in Oncology. *JAMA*. 2003;290(24):3199. doi:10.1001/jama.290.24.3199
- 4. Lauenstein TC, Semelka RC. Emerging techniques: Whole-body screening and staging with MRI. *J Magn Reson Imaging*. 2006;24(3):489-498. doi:10.1002/jmri.20666
- 5. Khanna G, Sato TSP, Ferguson P. Imaging of Chronic Recurrent Multifocal Osteomyelitis. *RadioGraphics*. 2009;29(4):1159-1177. doi:10.1148/rg.294085244
- 6. Ferguson PJ, Sandu M. Current Understanding of the Pathogenesis and Management of Chronic Recurrent Multifocal Osteomyelitis. *Curr Rheumatol Rep.* 2012;14(2):130-141. doi:10.1007/s11926-012-0239-5
- National Comprehensive Cancer Network® (NCCN®). NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®): Genetic/Familial High Risk Assessment: Breast, Ovarian, and Pancreatic. Version 3.2024. February 12, 2024. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Genetic/Familial High-Risk Assessment: Breast, Ovarian, and Pancreatic V.3.2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines® and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines®, go online to NCCN.org.

V1.0.2025

References (Preface-6)

Guideline

References (Preface-6.1)

Page 42 of 164

Effective: November 1, 2025

V1.0.2025

References (Preface-6.1)

PRF.RF.0006.1.A

v1.0.2025

- Complete reference citations for the journal articles are embedded within the body
 of the guidelines and/or may be found on the Reference pages at the end of some
 guideline sections.
- The website addresses for certain references are included in the body of the guidelines but are not hyperlinked to the actual website.
- The website address for the American College of Radiology (ACR) Appropriateness Criteria[®] is http://www.acr.org.

Page 43 of 164

Effective: November 1, 2025

V1.0.2025

Copyright Information (Preface-7)

| $\overline{}$ | | | | |
|---------------|----|---|-----|----|
| Gu | Id | e | lın | ıe |

Copyright Information (Preface-7.1)

Page 44 of 164

Effective: November 1, 2025

V1.0.2025

Copyright Information (Preface-7.1)

PRF.CI.0007.1.UOH

v1.0.2025

©2025 United HealthCare Services, Inc. All rights reserved. No part of these
materials may be changed, reproduced, or transmitted in any form or by any means,
electronic or mechanical, including photocopying or recording, or in any information
storage or retrieval system, without the prior express written permission of United
HealthCare Services, Inc.

Effective: November 1, 2025

V1.0.2025

Trademarks (Preface-8)

Guideline

Trademarks (Preface-8.1)

Page 46 of 164

Effective: November 1, 2025

V1.0.2025

Trademarks (Preface-8.1)

PRF.TM.0008.1.A

v1.0.2025

• CPT® (Current Procedural Terminology) is a registered trademark of the American Medical Association (AMA). CPT® five-digit codes, nomenclature, and other data are copyright 2025 American Medical Association. All Rights Reserved. No fee schedules, basic units, relative values, or related listings are included in the CPT® book. AMA does not directly or indirectly practice medicine or dispense medical services. AMA assumes no liability for the data contained herein or not contained herein.

Effective: November 1, 2025

V1.0.2025

General Information

Guideline

General Guidelines (PEDCD-1.0) References (PEDCD-1.0)

Page 48 of 164

Effective: November 1, 2025

General Guidelines (PEDCD-1.0)

CDP.GG.0001.0.A

v1.0.2025

Heart disease in the pediatric population involves predominantly congenital lesions. Pediatric individuals can have acquired heart disease unique to children. For those diseases which occur in both pediatric and adult populations, differences exist in management due to individual age, comorbidities, and differences in disease natural history between children and adults.

Pediatric Cardiac Imaging Appropriate Clinical Evaluation

- Prior to considering advanced imaging (CT, MR, Nuclear Medicine) or echocardiogram, a pertinent clinical evaluation should be performed, including the following (both):
 - A detailed history, physical examination or meaningful technological contact (telehealth visit, telephone call, electronic mail or messaging)
 - A review of appropriate diagnostic studies (laboratory, EKG, echo, and other diagnostic imaging)
- A recent clinical evaluation is not needed prior to advanced imaging (CT, MR, Nuclear Medicine) or echocardiogram if any of the following apply:
 - Individual is undergoing guideline-supported scheduled imaging evaluation
 - Echocardiogram is being performed at the first cardiology visit for an appropriate indication as stated in these guidelines
 - Routine imaging is anticipated at the next visit (e.g., one year follow-up echo for a 10 year old with a VSD)
- Advanced imaging of the heart and echocardiogram are medically necessary in any of the following:
 - Individuals who have documented active clinical signs or symptoms of disease involving the heart
 - As follow-up for findings on echocardiograms.
 - See <u>Initial Transthoracic Echocardiography (TTE) Indications (PEDCD-8.2)</u> for indications for initial echos in asymptomatic individuals
- Repeat imaging studies of the heart are **not** indicated unless one of the following applies:
 - Repeat imaging is indicated in a specific guideline section
 - There is evidence for progression of disease
 - There is new onset of disease with documentation of how repeat imaging will affect individual management or treatment decisions

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

- See <u>Repeat Transthoracic Echocardiography Indications (PEDCD-8.3)</u> for indications for repeat echos in asymptomatic individuals
- Asymptomatic individuals with exposure to cardiotoxic drugs can have serial echocardiograms as per <u>Cardiotoxicity and Echocardiography (PEDONC-19.2)</u> in the Pediatric Oncology Imaging Guideline
- Advanced imaging and echocardiogram is **not** indicated, in the absence of other appropriate indications listed in these guidelines, for **any** of the following:
 - Individuals starting ADHD medications
 - To screen asymptomatic individuals for disorders involving the heart

Pediatric Cardiac Imaging Modality General Considerations

- MRI
 - MRI and MRA studies are frequently indicated for evaluation of congenital heart defects not well visualized on echocardiography, thoracic arteries and veins not visualized on echocardiography, cardiomyopathies, and right ventricular disease, as well as in follow-up for these indications.
 - Due to the length of time for image acquisition and the need for the individual to be motionless during the acquisition, anesthesia is required for almost all infants and young children (age <7 years), as well as older children with delays in development or maturity. In this population, MRI imaging sessions should be planned with a goal of avoiding a short-interval repeat anesthesia exposure due to insufficient information using the following considerations:</p>
 - MRI is typically performed without and with contrast.
 - If multiple body areas are supported for the clinical condition being evaluated,
 MRI of all necessary body areas should be obtained concurrently in the same anesthesia session.

CT

- CT is primarily used to evaluate the coronary and great vessels in congenital heart disease if cardiac MR is contraindicated.
- Coding considerations are listed in <u>CT Heart and Coronary Computed</u> Tomography Angiography (CCTA) – Other Indications (PEDCD-10)
- Ultrasound
 - Echocardiography is the primary modality used to evaluate the anatomy and function of the pediatric heart, and is generally indicated before considering other imaging modalities.
 - Coding considerations are listed in <u>Echocardiography Other Indications</u> (<u>PEDCD-8</u>)
- Nuclear Medicine

- SPECT, PET stress may be indicated for individuals with anomalous CA, angina chest pain, and follow-up for Kawasaki and MIS-C. See specific sections for those indications.
- Multi Gated Acquisition (MUGA) studies (CPT® 78472, CPT® 78473, CPT® 78481, CPT® 78483, CPT® 78494, or CPT® 78496) are rarely performed in pediatrics, but can be approved for the following:
 - Certain pediatric oncology individuals when echocardiography is insufficient:
 See: <u>Appropriate Clinical Evaluations (PEDONC-1.2)</u> for imaging guidelines.
 - Quantitation of left ventricular function when recent echocardiogram shows ejection fraction of <50% and MUGA results will impact acute patient care decisions.
- SPECT/CT fusion imaging involves SPECT (MPI) imaging and CT for optimizing location, accuracy, and attenuation correction combines functional and anatomic information.
 - There is currently no evidence-based data to formulate appropriateness criteria for SPECT/CT fusion imaging.
 - Combined use of nuclear imaging, including SPECT, along with diagnostic CT (fused SPECT/CT) is considered investigational.
- Central C-V Hemodynamics (CPT® 78414) is not an imaging study and is an outdated examination
- Cardiac Shunt Detection (CPT® 78428) is rarely performed in pediatrics but can be approved for individuals in whom Cardiac MR is not diagnostic
 - Calculation of left and right ventricular ejection fractions
 - Assessment of wall motion
 - Quantitation of right to left shunts
- Myocardial Tc-99m Pyrophosphate Imaging
 - Infarct Avid Myocardial Imaging studies (CPT® 78466, CPT® 78468, and CPT® 78469), historically this method of imaging the myocardium, Myocardial Tc-99m Pyrophosphate Imaging, was used to identify recent infarction, hence, the term "infarct-avid scan." Although still available, the sensitivity and specificity for identifying infarcted myocardial tissue is variable and the current use for this indication is limited
 - CPT® 78466, CPT® 78468, and CPT® 78469, CPT® 78800 or CPT® 78803 may be used, for identification of myocardial ATTR (transthyretin) amyloidosis.
 See <u>Myocardial Tc-99m Pyrophosphate Imaging (CD-3.7)</u> and <u>Cardiac Amyloidosis (CD-3.8)</u>

| MUGA (Multi Gated Acquisition) – Blood Pool Imaging | CPT® |
|---|-------|
| Myocardial Imaging, infarct avid, planar, qualitative or quantitative | 78466 |

| MUGA (Multi Gated Acquisition) – Blood Pool Imaging | CPT® |
|---|-------|
| Myocardial Imaging, infarct avid, planar, qualitative or quantitative with ejection fraction by first pass technique | 78468 |
| Myocardial Imaging, infarct avid, planar, qualitative or quantitative tomographic SPECT with or without quantification | 78469 |
| Radiopharmaceutical Localization Imaging Limited area | 78800 |
| Radiopharmaceutical Localization Imaging SPECT Note: When reporting CPT® 78803, planar imaging of a limited area or multiple areas should be included with the SPECT | 78803 |

Supporting Information

Individuals who are <18 years old should be imaged according to the Pediatric Cardiac Imaging Guidelines and the general Cardiac Imaging Guidelines. Individuals who are age ≥18 years should be imaged according to the Cardiac Imaging Guidelines, except where directed otherwise by a specific guideline section. Adult individuals who also have congenital heart disease should be imaged by <u>Adult Congenital Heart Disease</u> (CD-11) in the general Cardiac Imaging Guidelines.

The guidelines listed in this section for certain specific indications are not intended to be all-inclusive; clinical judgment remains paramount and variance from these guidelines may be appropriate and warranted for specific clinical situations.

Procedure Codes Associated with Cardiac or PVD Imaging

| MRI/MRA | CPT® |
|---|-------|
| Cardiac magnetic resonance imaging for morphology and function without contrast material | 75557 |
| Cardiac magnetic resonance imaging for morphology and function without contrast material; with stress imaging | 75559 |
| Cardiac magnetic resonance imaging for morphology and function without contrast material(s), followed by contrast material(s) and further sequences | 75561 |

Pediatric Cardiac Imaging Guidelines (For Ohio Only):

CSRAD016OH.D UnitedHealthcare Community Plan Coverage Determination Guideline

Effective: November 1, 2025 Page 52 of 164

| MRI/MRA | CPT® |
|--|-------|
| Cardiac magnetic resonance imaging for morphology and function without contrast material(s), followed by contrast material(s) and further sequences; with stress imaging | 75563 |
| Cardiac magnetic resonance imaging for velocity flow mapping (List separately in addition to code for primary procedure) | 75565 |

| СТ | CPT® |
|---|-------|
| Computed tomography, heart, without contrast material, with quantitative evaluation of coronary calcium | 75571 |
| Computed tomography, heart, with contrast material, for evaluation of cardiac structure and morphology (including 3D image postprocessing, assessment of cardiac function, and evaluation of venous structures, if performed) | 75572 |
| Computed tomography, heart, with contrast material, for evaluation of cardiac structure and morphology in the setting of congenital heart disease (including 3D image postprocessing, assessment of LV cardiac function, RV structure and function and evaluation of venous structures, if performed) | 75573 |

| СТА | CPT® |
|--|-------|
| Noninvasive estimate of coronary fractional flow reserve (FFR) derived from augmentative software analysis of the data set from a coronary computed tomography angiography, with interpretation and report by a physician or other qualified health care professional | 75580 |
| Computed tomographic angiography, heart, coronary arteries and bypass grafts (when present), with contrast material, including 3D image postprocessing (including evaluation of cardiac structure and morphology, assessment of cardiac function, and evaluation of venous structures, if performed) | 75574 |

Effective: November 1, 2025

| СТА | CPT® |
|---|-------|
| Computed tomographic angiography, abdominal aorta and bilateral iliofemoral lower extremity runoff, with contrast material(s), including noncontrast images, if performed, and image postprocessing | 75635 |

| Nuclear Medicine | CPT [®] |
|---|------------------|
| Determination of central c-v hemodynamics (non-imaging) (eg, ejection fraction with probe technique) with or without pharmacologic intervention or exercise, single or multiple determinations | 78414 |
| Cardiac shunt detection | 78428 |
| Myocardial imaging, positron emission tomography (PET), metabolic evaluation study (including ventricular wall motion[s] and/or ejection fraction[s], when performed), single study; with concurrently acquired computed tomography transmission scan | 78429 |
| Myocardial imaging, positron emission tomography (PET), perfusion study (including ventricular wall motion[s] and/or ejection fraction[s], when performed); single study, at rest or stress (exercise or pharmacologic), with concurrently acquired computed tomography transmission scan | 78430 |
| Myocardial imaging, positron emission tomography (PET), perfusion study (including ventricular wall motion[s] and/or ejection fraction[s], when performed); multiple studies at rest and stress (exercise or pharmacologic), with concurrently acquired computed tomography transmission scan | 78431 |
| Myocardial imaging, positron emission tomography (PET), combined perfusion with metabolic evaluation study (including ventricular wall motion[s] and/or ejection fraction[s], when performed), dual radiotracer (eg, myocardial viability); | 78432 |

| Nuclear Medicine | CPT® |
|---|-------|
| Myocardial imaging, positron emission tomography (PET), combined perfusion with metabolic evaluation study (including ventricular wall motion[s] and/or ejection fraction[s], when performed), dual radiotracer (eg, myocardial viability); with concurrently acquired computed tomography transmission scan | 78433 |
| Absolute quantitation of myocardial blood flow (AQMBF), positron emission tomography (PET), rest and pharmacologic stress (List separately in addition to code for primary procedure) | 78434 |
| Myocardial perfusion imaging, tomographic (SPECT) (including attenuation correction, qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); single study, at rest or stress (exercise or pharmacologic) | 78451 |
| Myocardial perfusion imaging, tomographic (SPECT) (including attenuation correction, qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); multiple studies, at rest and/or stress (exercise or pharmacologic) and/or redistribution and/or rest reinjection | 78452 |
| Myocardial perfusion imaging, planar (including qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); single study, at rest or stress (exercise or pharmacologic) | 78453 |
| Myocardial perfusion imaging, planar (including qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); multiple studies, at rest and/or stress (exercise or pharmacologic) and/or redistribution and/or rest reinjection | 78454 |
| Myocardial imaging, positron emission tomography (PET), metabolic evaluation study (including ventricular wall motion and/or ejection fraction, when performed), single study | 78459 |
| Myocardial imaging, infarct avid, planar; qualitative or quantitative | 78466 |

Pediatric Cardiac Imaging Guidelines (For Ohio Only):

CSRAD016OH.D UnitedHealthcare Community Plan Coverage Determination Guideline Proprietary Information of United Healthcare. Copyright © 2025 United Healthcare Services, Inc.

Effective: November 1, 2025 Page 55 of 164

| Nuclear Medicine | CPT® |
|---|-------|
| Myocardial imaging, infarct avid, planar; with ejection fraction by first pass technique | 78468 |
| Myocardial imaging, infarct avid, planar; tomographic SPECT with or without quantification | 78469 |
| Cardiac blood pool imaging, gated equilibrium; planar, single study at rest or stress (exercise and/or pharmacologic), wall motion study plus ejection fraction, with or without additional quantitative processing | 78472 |
| Cardiac blood pool imaging, gated equilibrium; multiple studies, wall motion study plus ejection fraction, at rest and stress (exercise and/or pharmacologic), with or without additional quantification | 78473 |
| Cardiac blood pool imaging (planar), first pass technique; single study, at rest or with stress (exercise and/or pharmacologic), wall motion study plus ejection fraction, with or without quantification | 78481 |
| Cardiac blood pool imaging (planar), first pass technique; multiple studies, at rest and with stress (exercise and/or pharmacologic), wall motion study plus ejection fraction, with or without quantification | 78483 |
| Myocardial imaging, positron emission tomography (PET), perfusion (including ventricular wall motion and/or ejection fraction, when performed); single study at rest or stress (exercise or pharmacologic) | 78491 |
| Myocardial imaging, positron emission tomography (PET), perfusion (including ventricular wall motion and/or ejection fraction, when performed); multiple studies at rest and/or stress (exercise or pharmacologic) | 78492 |
| Cardiac blood pool imaging, gated equilibrium, SPECT, at rest, wall motion study plus ejection fraction, with or without quantitative processing | 78494 |
| Cardiac blood pool imaging, gated equilibrium, single study, at rest, with right ventricular ejection fraction by first pass technique (List separately in addition to code for primary procedure) | 78496 |

UnitedHealthcare Community Plan Coverage Determination Guideline

Effective: November 1, 2025 Page 56 of 164

| Nuclear Medicine | CPT® |
|--|-------|
| Quantitative differential pulmonary perfusion, including imaging when performed | 78597 |
| Quantitative differential pulmonary perfusion and ventilation (eg, aerosol or gas), including imaging when performed | 78598 |
| Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, single area (eg, head, neck, chest, pelvis), single day imaging | 78800 |
| Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, 2 or more areas (eg, abdomen and pelvis, head and chest), 1 or more days imaging or single area imaging over 2 or more days | 78801 |
| Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, whole body, single day imaging | 78802 |
| Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT), single area (eg, head, neck, chest, pelvis), single day imaging | 78803 |
| Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, whole body, requiring 2 or more days imaging | 78804 |
| Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT) with concurrently acquired computed tomography (CT) transmission scan for anatomical review, localization and determination/detection of pathology, single area (eg, head, neck, chest, pelvis), single day imaging | 78830 |

UnitedHealthcare Community Plan Coverage Determination Guideline

Effective: November 1, 2025 Page 57 of 164

| Nuclear Medicine | CPT® |
|--|-------|
| Myocardial sympathetic innervation imaging, planar qualitative and quantitative assessment | 0331T |
| Myocardial sympathetic innervation imaging, planar qualitative and quantitative assessment; with tomographic SPECT | 0332T |

| Ultrasound | CPT® |
|---|-------|
| Transthoracic echocardiography for congenital cardiac anomalies; complete | 93303 |
| Transthoracic echocardiography for congenital cardiac anomalies; follow-up or limited study | 93304 |
| Echocardiography, transthoracic, real-time with image documentation (2D), includes M-mode recording, when performed, complete, with spectral Doppler echocardiography, and with color flow Doppler echocardiography | 93306 |
| Echocardiography, transthoracic, real-time with image documentation (2D), includes M-mode recording, when performed, complete, without spectral or color Doppler echocardiography | 93307 |
| Echocardiography, transthoracic, real-time with image documentation (2D), includes M-mode recording, when performed, follow-up or limited study | 93308 |
| Echocardiography, transesophageal, real-time with image documentation (2D) (with or without M-mode recording); including probe placement, image acquisition, interpretation and report | 93312 |
| Echocardiography, transesophageal, real-time with image documentation (2D) (with or without M-mode recording); placement of transesophageal probe only | 93313 |
| Echocardiography, transesophageal, real-time with image documentation (2D) (with or without M-mode recording); image acquisition, interpretation and report only | 93314 |

UnitedHealthcare Community Plan Coverage Determination Guideline

Proprietary Information of United Healthcare, Copyright © 2025 L

Effective: November 1, 2025 Page 58 of 164

| Ultrasound | CPT® |
|--|--------|
| Transesophageal echocardiography for congenital cardiac anomalies; including probe placement, image acquisition, interpretation and report | 93315 |
| Transesophageal echocardiography (TEE) for congenital cardiac anomalies; placement of transesophageal probe only | 93316 |
| Transesophageal echocardiography for congenital cardiac anomalies; placement of transesophageal probe only | 93317 |
| 3D echocardiographic imaging and postprocessing during transesophageal echocardiography, or during transthoracic echocardiography for congenital cardiac anomalies, for the assessment of cardiac structure(s) (eg, cardiac chambers and valves, left atrial appendage, interatrial septum, interventricular septum) and function, when performed (List separately in addition to code for echocardiographic imaging) Code with (93303-93304, 93312, 93314, 93315, 93317, 93350-93351) | +93319 |
| Doppler echocardiography, pulsed wave and/or continuous wave with spectral display (List separately in addition to codes for echocardiographic imaging); complete | +93320 |
| Doppler echocardiography, pulsed wave and/or continuous wave with spectral display (List separately in addition to codes for echocardiographic imaging); follow-up or limited study (List separately in addition to codes for echocardiographic imaging) | +93321 |
| Doppler echocardiography color flow velocity mapping (List separately in addition to codes for echocardiography) | +93325 |
| Echocardiography, transthoracic, real-time with image documentation (2D), includes M-mode recording, when performed, during rest and cardiovascular stress test using treadmill, bicycle exercise and/or pharmacologically induced stress, with interpretation and report; | 93350 |

Pediatric Cardiac Imaging Guidelines (For Ohio Only):

CSRAD016OH.D UnitedHealthcare Community Plan Coverage Determination Guideline Proprietary Information of United Healthcare. Copyright © 2025 United Healthcare Services, Inc.

Effective: November 1, 2025 Page 59 of 164

| Ultrasound | CPT® |
|---|--------|
| Echocardiography, transthoracic, real-time with image documentation (2D), includes M-mode recording, when performed, during rest and cardiovascular stress test using treadmill, bicycle exercise and/or pharmacologically induced stress, with interpretation and report; including performance of continuous electrocardiographic monitoring, with supervision by a physician or other qualified health care professional | 93351 |
| Use of echocardiographic contrast agent during stress echocardiography (List separately in addition to code for primary procedure) | +93352 |
| Myocardial strain imaging using speckle tracking-derived assessment of myocardial mechanics (List separately in addition to codes for echocardiography imaging) | +93356 |
| Transthoracic echocardiography with contrast, or without contrast followed by with contrast, for congenital cardiac anomalies; complete | C8921 |
| Transthoracic echocardiography with contrast, or without contrast followed by with contrast, for congenital cardiac anomalies; follow-up or limited study | C8922 |
| Transthoracic echocardiography with contrast, or without contrast followed by with contrast, real-time with image documentation (2D), includes M-mode recording, when performed, complete, without spectral or color doppler echocardiography | C8923 |
| Transthoracic echocardiography with contrast, or without contrast followed by with contrast, real-time with image documentation (2D), includes M-mode recording when performed, follow-up or limited study | C8924 |
| Transesophageal echocardiography (TEE) with contrast, or without contrast followed by with contrast, real time with image documentation (2D) (with or without M-mode recording); including probe placement, image acquisition, interpretation and report | C8925 |

Pediatric Cardiac Imaging Guidelines (For Ohio Only):

CSRAD016OH.D UnitedHealthcare Community Plan Coverage Determination Guideline Proprietary Information of United Healthcare. Copyright © 2025 United Healthcare Services, Inc.

Effective: November 1, 2025 Page 60 of 164

| Ultrasound | CPT® |
|---|--------|
| Transesophageal echocardiography (TEE) with contrast, or without contrast followed by with contrast, for congenital cardiac anomalies; including probe placement, image acquisition, interpretation and report | C8926 |
| Transthoracic echocardiography with contrast, or without contrast followed by with contrast, real-time with image documentation (2D), includes M-mode recording, when performed, during rest and cardiovascular stress test using treadmill, bicycle exercise and/or pharmacologically induced stress, with interpretation and report | C8928 |
| Transthoracic echocardiography with contrast, or without contrast followed by with contrast, real-time with image documentation (2D), includes M-mode recording, when performed, complete, with spectral doppler echocardiography, and with color flow doppler echocardiography | C8929 |
| Transthoracic echocardiography, with contrast, or without contrast followed by with contrast, real-time with image documentation (2D), includes M-mode recording, when performed, during rest and cardiovascular stress test using treadmill, bicycle exercise and/or pharmacologically induced stress, with interpretation and report; including performance of continuous electrocardiographic monitoring, with physician supervision | C8930 |
| Myocardial contrast perfusion echocardiography, at rest or with stress, for assessment of myocardial ischemia or viability (List separately in addition to code for primary procedure) | +0439T |

References (PEDCD-1.0)

CDP.GG.0001.0.A

v1.0.2025

- Karmazyn BK, John SD, Siegel MJ, et al. ACR-ASER-SCBT-MR-SPR Practice parameter for the performance of pediatric computed tomography (CT). Am Coll Radiology (ACR). Revised 2014 (Resolution 3). https:// www.acr.org/-/media/ACR/Files/Practice-Parameters/ct-ped.pdf?la=en.
- 2. Bridges MD, Berland LL, Kirby AB, et al. ACR Practice Parameter for performing and interpreting magnetic resonance imaging (MRI). *Am Coll Radiology (ACR)*. Revised 2017 (Resolution 10). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/mr-perf-interpret.pdf?la=en.
- 3. Sorantin E and Heinzl B. What every radiologist should know about paediatric echocardiography. *Eur J Radiol.* 2014 Sep;83(9):1519-1528.
- 4. Ing C, DiMaggio C, Whitehouse A, et al. Long-term differences in language and cognitive function after childhood exposure to anesthesia. *Pediatrics*. 2012 Aug;130(3):e476-e485.
- 5. Monteleone M, Khandji A, Cappell J, et al. Anesthesia in children: perspectives from nonsurgical pediatric specialists. *J Neurosurg Anesthesiol*, 2014 Oct 01;26(4):396-398.
- 6. DiMaggio C, Sun LS, and Li G. Early childhood exposure to anesthesia and risk of developmental and behavioral disorders in a sibling birth cohort. *Anesth Analg*, 2011 Nov;113(5):1143-1151.
- 7. Moss AJ, Adams FH, Allen HD, et al.Moss and Adams' Heart Disease in Infants, Children, and Adolescents: Including the Fetus and Young Adult. Philadelphia: Wolters Kluwer; 2016
- 8. Lai WW, Geva T, Shirali GS, et al. Guidelines and Standards for Performance of a Pediatric Echocardiogram: A Report from the Task Force of the Pediatric Council of the American Society of Echocardiography. *J Am Soc Echocardiogr.* 2006;19(12):1413-1430. doi:10.1016/j.echo.2006.09.001.
- 9. Doherty JU, Kort S, Mehran R, Schoenhagen P, et al. ACC/AATS/AHA/AYSE/ASNC/HRS/SCAI/SCCT/SCMR/STS 2017 Appropriate Use Criteria for Multimodality Imaging in Valvular Heart Disease. J Nuc Cardiol. 2017;24(6):2043-2063.
- 10. Chowdhury D, Gurvitz M, Anderson J, et al. Development of Quality Metrics in Ambulatory Pediatric Cardiology. JACC: *J Am Coll Cardiol*. 2017 Feb, 69 (5) 541-555. doi: 10.1016/j.jacc.2016.11.043.
- 11. Valente AM, Cook S, Festa P, et al. Multimodality Imaging Guidelines for Patients with Repaired Tetralogy of Fallot: A Report from the American Society of Echocardiography. *J Am Soc Echocardiogr*. 2014;27(2):111-141. doi:10.1016/j.echo.2013.11.009.
- 12. Simpson J, Lopez L, Acar P, et al. Three-dimensional Echocardiography in Congenital Heart Disease: An Expert Consensus Document from the European Association of Cardiovascular Imaging and the American Society of Echocardiography. *J Am Soc Echocardiogr.* 2017;30(1):1-27. doi:10.1016/j.echo.2016.08.022.
- 13. Cohen MS, Eidem BW, Cetta F, et al. Multimodality Imaging Guidelines of Patients with Transposition of the Great Arteries: A Report from the American Society of Echocardiography Developed in Collaboration with the Society for Cardiovascular Magnetic Resonance and the Society of Cardiovascular Computed Tomography. *J Am Soc Echocardiogr.* 2016;29(7):571-621. doi:10.1016/j.echo.2016.04.002.
- 14. Silvestry FE, Cohen MS, Armsby LB, et al. Guidelines for the Echocardiographic Assessment of Atrial Septal Defect and Patent Foramen Ovale: From the American Society of Echocardiography and Society for Cardiac Angiography and Interventions. *J Am Soc Echocardiogr.* 2015;28(8):910-958. doi:10.1016/j.echo.2015.05.015.
- 15. Paridon SM. Clinical Stress Testing in the Pediatric Age Group: A Statement from the American Heart Association Council on Cardiovascular Disease in the Young, Committee on Atherosclerosis, Hypertension, and Obesity in Youth. *Circulation*. 2006;113(15):1905-1920. doi:10.1161/CIRCULATIONAHA.106.17437D.
- 16. Gidding SS, Champagne MA, Ferranti SDD, et al. The Agenda for Familial Hypercholesterolemia. *Circulation*. 2015;132(22):2167-2192. doi:10.1161/CIR.000000000000297.
- 17. National Cancer Institute. Radiation Risks and Pediatric Computed Tomography. National Cancer Institute. https://www.cancer.gov/about-cancer/causes-prevention/risk/radiation/pediatric-ct-scans. Published September 4, 2018.

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

| Cardiovascular and Radiology Imaging Guidelines | |
|--|-------------------------------------|
| 18. Hundley WG, Bluemke DA, Finn JP, et al. ACCF/ACR/AHA/NASO | |
| Document on Cardiovascular Magnetic Resonance. Circulation. 20 cir.0b013e3181d44a8f. | 010;121(22):2462-2508. doi:10.1161/ |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| Pediatric Cardiac Imaging Guidelines (For Ohio Only): | |
| CSRAD016OH.D | Effective: November 1, 2025 |

Congenital Heart Disease

Guideline

Congenital Heart Disease General Information (PEDCD-2.1)

Congenital Heart Disease Coding (PEDCD-2.2)

Congenital Heart Disease Modality Considerations (PEDCD-2.3)

Imaging and Surveillance per Congenital lesion (PEDCD-2.4)

Atrial Defects-Secundum ASD, PFO, and Partial anomalous pulmonary venous return (PAPVR), Sinus Venosus defect (PEDCD-2.4.1)

VSD (PEDCD-2.4.2)

AVSD (Atrioventricular canal, endocardial cushion defect) (PEDCD-2.4.3)

PDA (Patent ductus arteriosus) (PEDCD-2.4.4)

TAPVR Total anomalous pulmonary venous return (PEDCD-2.4.5)

Ebstein anomaly and TV dysplasia (PEDCD-2.4.6)

Pulmonary Stenosis (PS) (PEDCD-2.4.7)

Mitral valve disease (PEDCD-2.4.9)

LVOT lesions (PEDCD-2.4.10)

Aortic Coarctation and IAA (interrupted aortic arch) (PEDCD-2.4.11)

Coronary Anomalies (PEDCD-2.4.12)

Tetralogy of Fallot (TOF) (PEDCD-2.4.13)

Double Outlet Right Ventricle (DORV) (PEDCD-2.4.14)

D-Loop Transposition of the Great Arteries (D-Loop TGA) (PEDCD-2.4.15)

Congenitally Corrected Transposition of the Great Arteries (ccTGA, LTGA)

(PEDCD-2.4.16)

Truncus Arteriosus (PEDCD-2.4.17)

Single Ventricle (SV) (PEDCD-2.4.18)

Eisenmenger and PHT (with CHD)- (PEDCD-2.4.19)

References (PEDCD-2)

Congenital Heart Disease General Information (PEDCD-2.1)

CDP.CHD.0002.1.A

v1.0.2025

- Congenital heart disease accounts for the majority of cardiac problems occurring
 in the pediatric population. Individuals may be diagnosed any time spanning
 prenatal evaluation to adolescence. For individuals over 18 years of age, see <u>Adult</u>
 <u>Congenital Heart Disease (CD-11)</u> in the Cardiac Imaging Guidelines.
- There are a number of variables that influence the modality and timing of imaging individuals with congenital heart disease, which results in a high degree of individuality in determining the schedule for imaging these individuals, including:
 - Gestational age
 - Individual's age
 - Physiologic effects of the defect
 - Status of interventions (catheterization and surgical)
 - Rate of individual's growth
 - Stability of the defect on serial imaging
 - Comorbid conditions
 - Activity level
- Age definitions for pediatric individuals (for purpose of these guidelines)
 - Infant 0-12 months
 - Subcategory of infant: Neonate or newborn 0-28 days
 - Child 1-18 years
 - Subcategory of child: Adolescent 11-18 years
 - "Children" refers to all pediatric individuals ages 0-18 years
- Newborns (neonates) have special considerations as they have potentially rapidly changing physiology
 - Newborns with any concerns for ductal dependent lesion can have echocardiograms at any frequency
 - Newborns have changes in pulmonary vascular resistance that can affect clinical status rapidly, and may require more frequent imaging.
 - Neonatal physiology can extend to the first couple of months of life.
 - Newborns can have one repeat echo, if prior echocardiogram is abnormal or equivocal (either in the hospital or as newborn outpatient)
- Individuals can have an echocardiogram at that time for Change in clinical status and/or new concerning signs or symptoms. This can include:
 - Shortness of breath

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

- Fatigue
- Chest discomfort
- Percentile weight loss
- Weight gain
- Poor feeding
- Tachypnea
- Tachycardia
- CHF signs on exam
- · Change in EKG, Pulse ox, laboratory values
- An additional study can be approved prior to the next routine interval, to assess for more rapid change, if the change in clinical status involves the echocardiogram itself, such as:
 - Increasing stenosis gradient
 - Increasing regurgitation amount
 - Increasing pulmonary vascular resistance
 - Decreased ventricular function
 - Change in ductal status
- In individuals that can have both Cardiac MR or Cardiac CT and/or MRA Chest or CTA Chest, this is abbreviated as CMR/CT-MRA/CCTA
- Individuals with medication adjustments may require additional imaging at that time.
 - Pediatric dosing tends to be mg/kg or mcg/kg. Adjusting the dose to the same mg/kg would not be considering a dosing change for imaging.
 - Because does adjustments are done by weight, and infants are growing rapidly, they can have changing physiology, pulmonary vascular resistance, ductal size and weight changes, dose response and may require more than one echo during a medication adjustment.
- Heart surgery
 - TTE is indicated one month prior to heart surgery. Depending on lesion, MR/CT Cardiac and/or Chest may also be included.
 - Can have an echocardiogram within one month post-operative
 - Cardiac MRI/CCT if prior echo is equivocal
- MRA/CTA Chest can be performed if prior echo is equivocal and there are issues regarding aortic arch or pulmonary arteries or veins
- In individuals who have a documented equivocal echocardiogram due to a technical factor (i.e., poor acoustic windows due to body habitus) which will likely be present on subsequent echocardiograms, a Cardiac MR/CT, or MRA/CTA Chest, may be done with the frequency of echoes, if done instead of an echo.
- MRA/CTA Chest if thoracic issue not seen on echo
- For routine non-invasive imaging for a specific lesion see <u>Imaging and Surveillance</u> per Congenital lesion (PEDCD-2.4)

UnitedHealthcare Community Plan Coverage Determination Guideline

Effective: November 1, 2025

Page 66 of 164

| For catheterizations see section Cardiac Catheterization (P | EDCD 44) |
|---|----------------------|
| | |
| Individuals with Pulmonary hypertension with CHD shout their legion and for DHT in agetion Pediatric Pulmonary Hypertension | |
| their lesion and for PHT in section Pediatric Pulmonary Hy | pertension (PEDCD-7) |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| Pediatric Cardiac Imaging Guidelines (For Ohio Only): | |

Congenital Heart Disease Coding (PEDCD-2.2)

CDP.CHD.0002.2.A

v1.0.2025

Congenital Heart Disease Echocardiography Coding (PEDCD-2.2.1)

- Any of the following echocardiography code combinations are appropriate for reevaluation of individuals with known congenital heart disease:
 - CPT® 93303, CPT® 93320, and CPT® 93325
 - CPT® 93304, CPT® 93321, and CPT® 93325
 - CPT® 93303
 - ∘ CPT® 93304
- CPT® 93306 is not indicated in the evaluation of known congenital heart disease.

Congenital Heart Disease imaging per modality (PEDCD-2.2.2)

Echocardiogram

- Transthoracic echocardiogram (TTE)
 - TTE for congenital cardiac anomalies; complete (CPT[®] 93303)
 - TTE for congenital cardiac anomalies; limited study (CPT® 93304)
 - TTE (2D) m-mode recording, complete, with spectral and color flow doppler echocardiography (CPT® 93306)
 - TTE (2D) with or without m-mode recording; complete (CPT® 93307)
 - TTE (2D) with or without m-mode recording; limited study (CPT® 93308)
- Transesophageal echocardiogram (TEE)
 - TEE (2D) including probe placement, imaging, interpretation, and report (CPT[®] 93312)
 - TEE for congenital cardiac anomalies; including probe placement, imaging, interpretation, and report (CPT® 93315)

MRI

- Cardiac (CMR)
 - Cardiac MRI for morphology and function without contrast (CPT® 75557)
 - Cardiac MRI for morphology and function without and with contrast (CPT® 75561)
 - Cardiac magnetic resonance imaging for velocity flow mapping (List separately in addition to code for primary procedure) (CPT[®] 75565)
- MRI Chest

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

Effective: November 1, 2025

Page 68 of 164

- MRI Chest without contrast (CPT® 71550)
- MRI Chest with contrast (CPT® 71551)
- MRI Chest with & without contrast (CPT® 71552)
- MRI Angiography (MRA)
 - MRA Chest (excluding myocardium) with or without contrast (CPT® 71555)

CT

- Cardiac (CCT)
 - CT, Heart, with contrast material, for evaluation of cardiac structure and morphology (CPT® 75572)
 - CT, Heart, with contrast material, for evaluation of cardiac structure and morphology in the setting of congenital heart disease (CPT® 75573)
- CT Angiography-Cardiac (CCTA)
 - CTA Heart, coronary arteries and bypass grafts (when present), with contrast, including 3D image post processing (CPT® 75574)
- CT-Chest
 - CT Thorax without contrast (CPT® 71250)
 - CT Thorax with contrast (CPT® 71260)
 - CT Thorax without & with contrast (CPT® 71270)
- CT Angiography-Chest (CTA Chest)
 - CTA Chest without and with contrast (CPT[®] 71275)

Stress Imaging (echo, MRI, MPI)

- Stress echo
 - Echocardiography (TTE), (2D), with or without m-mode, during rest and cardiovascular stress, with interpretation and report (CPT® 93350)
 - Echocardiography (TTE), (2D), m-mode, during rest and cardiovascular stress test using treadmill, bicycle exercise and/or pharmacologically induced stress, with interpretation (CPT® 93351)
- Stress MRI
 - Cardiac MRI for morphology and function without contrast, with stress imaging (CPT® 75559)
 - Cardiac MRI for morphology and function without and with contrast, with stress imaging (CPT® 75563)
- Myocardial perfusion imaging (MPI)
 - MPI, tomographic (SPECT) including attenuation correction, qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); single study, at rest or stress (exercise or pharmacologic) (CPT® 78451)

Pediatric Cardiac Imaging Guidelines (For Ohio Only):

V1.0.2025

 MPI, tomographic (SPECT) (including attenuation correction, qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); multiple studies, at rest and/or stress (exercise or pharmacologic) and/or redistribution and/or rest reinjection (CPT[®] 78452)

Pulmonary perfusion imaging

- Pulmonary perfusion imaging (e.g., particulate) (CPT® 78580)
- Pulmonary ventilation (e.g., aerosol or gas) and perfusion imaging (CPT® 78582)
- Quantitative differential pulmonary perfusion, including imaging when performed (CPT® 78597)
- Quantitative differential pulmonary perfusion and ventilation (e.g., aerosol or gas), including imaging when performed (CPT® 78598)

Effective: November 1, 2025

Congenital Heart Disease Modality Considerations (PEDCD-2.3)

CDP.CHD.0002.3.A

v1.0.2025

- Echocardiography is the primary imaging modality used for diagnosing and monitoring congenital heart disease and is generally required before other imaging modalities are indicated unless otherwise indicated in a specific guideline section.
- Cardiac MRI either without contrast (CPT® 75557) or without and with contrast (CPT® 75561) is indicated, when a recent echocardiogram is inconclusive, needs confirmation of findings, or does not completely define the disease (for subsequent follow-up studies, a recent echocardiogram is not a requirement):
 - CPT® 75565 is also indicated for individuals with valvular disease or a need to evaluate intracardiac blood flow. These individuals will usually have CPT® 93320 and CPT® 93325 performed with their echocardiography studies.
 - MRA Chest (CPT® 71555) may be added if the aorta or pulmonary artery needs to be visualized beyond the root, or if aortopulmonary collaterals, pulmonary veins, or systemic veins need to be visualized.
 - MRA Chest alone (CPT[®] 71555) should be performed if the individual cannot cooperate with full cardiac MRI exam.
- MRA Chest (CPT® 71555) is indicated for assessment of the great arteries, pulmonary veins, and systemic chest veins with inconclusive recent echocardiography findings, including the following:
 - Coarctation of the aorta
 - Tetralogy of Fallot
 - Anomalous pulmonary veins
 - Transposition of the great arteries
 - Truncus arteriosus
 - Vascular rings and other lesions of the great arteries, with inconclusive recent echocardiography findings
- CT imaging is indicated when recent echocardiogram is inconclusive:
 - Report CPT® 75574 for evaluating coronary artery anomalies
 - Report CPT® 75573 for congenital heart disease
 - CPT® 71275 Determination of vascular extra-cardiac anatomy in individuals with complex congenital heart disease
 - Pulmonary artery (PA) and Pulmonary vein (PV) assessment
- CTA Chest (CPT® 71275) is indicated with inconclusive recent echocardiography findings to assess:

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

V1.0.2025

- Coarctation of the aorta
- Tetralogy of Fallot
- Anomalous pulmonary veins and other lesions of the great arteries
- Vascular rings
- · Pulmonary perfusion imaging
 - Pulmonary perfusion imaging (e.g., particulate) (CPT® 78580)(CPT® 78582) (CPT® 78597)(CPT® 78598)
 - In individuals with congenital heart disease or suspected congenital heart diseases, who have clinical questions regarding relative pulmonary blood flow, can have perfusion imaging

Effective: November 1, 2025

V1.0.2025

Imaging and Surveillance per Congenital lesion (PEDCD-2.4)

CDP.CHD.0002.4.A

v1.0.2025

- Echocardiography is often repeated frequently throughout a pediatric individuals life, and can generally be approved regardless of symptoms based on the lesion and age of the individual. These are listed in sections in sections below.
 - Modifiers following guidelines.
 - Some congenital conditions may require more frequent testing, especially with more complex heart disease, congestive heart failure, obstructive heart lesions, ductal dependent lesions, changes in clinical status, repeat interventions, and/or in neonates
 - Any individual being treated for heart failure, with consideration for changing medical regimen can have an echocardiogram
- Echocardiography is performed during the physician office visit, and these studies should not be denied because of lack of contact within 60 days.
- Adults 18 years and older who also have congenital heart disease should be imaged according to <u>Adult Congenital Heart Disease (CD-11)</u> and the general Cardiac Imaging Guidelines.

Atrial Defects-Secundum ASD, PFO, and Partial anomalous pulmonary venous return (PAPVR), Sinus Venosus defect (PEDCD-2.4.1)

CDP.CHD.0241.A

v1.0.2025

See section on AVSD in <u>AVSD (Atrioventricular canal, Endocardial cushion defect)</u> (<u>PEDCD-2.4.3) for primum ASD</u>

PFO (Patent Foraman Ovale)

- · Routine surveillance in an asymptomatic individual with PFO is not indicated
 - PFO is a normal variant
 - In infants, a PFO that is difficult to distinguish from an ASD can be imaged with the same guidelines as used in a small unrepaired ASD (with congenital echo).
 - Individuals with PFOs may have an additional indication for an echo and can be imaged according to the echocardiogram guidelines in <u>Repeat</u>
 <u>Transthoracic Echocardiography Indications (PEDCD-8.3)</u> and <u>Frequency of echocardiography testing (CD-2.3)</u> in the general Cardiac Imaging Guidelines.
- Follow-up imaging with an echocardiogram Is indicated when there is documentation of the following:
 - New cardiac symptoms
 - A concern that the last echo was equivocal for other cardiac issues
 - Question of a clot/embolism that has gone across the PFO
 - Prior echo did not differentiate the PFO from a secundum ASD
- TTE (CPT® 93306- non congenital echocardiogram) is indicated when an individual with a prior history of PFO requires an echocardiogram for any new reason
- Preoperative for PFO closure
 - TTE or TEE
 - Closure is rare in children but may be indicated in individuals with transient ischemic attacks or strokes with suspected atrial level shunt
 - CMR/CT-CMRA/CTA if unclear findings from echocardiogram.
- Intra-procedural PFO
 - Intra-procedural TEE (CPT® 93355) is not in scope for this program
- Post procedure PFO closure

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

Proprietary Information of United Healthcare. Copyright © 2025 United Healthcare Services, Inc.

- Post-surgical imaging as follows (PFO generally requires less frequent monitoring post device than ASDs):
 - TTE one time within 30 days of closure
 - TTE one time within 6 months of PFO closure
- TTE or TEE is indicated at any time post procedure when there is concern for any of the following:
 - Infection
 - Malposition
 - Embolization
 - Persistent shunt
- If persistent shunt TTE is indicated every 3 months until the finding is stable or there is a need for intervention

ASD and PAPVR asymptomatic isolated atrial septal defect (ASD)

This section reference secundum ASD, sinus Venosus, ASD and unobstructed partial anomalous pulmonary venous return

- Any surgical status
 - TTE is indicated for any of the following:
 - Initial evaluation of a change in clinical status and/or new concerning signs or symptoms
 - Prior to planned cardiac intervention
 - Repeat any time prior to next allowed study if concern for elevated pulmonary vascular resistance/Pulmonary hypertension
 - CMR/CT-CMRA/CTA
 - If anomalous vein or SV defect cannot be assessed on echo
 - To assess shunt or RV for considering of surgery, or if echocardiogram equivocal
- Unrepaired
 - Newborn with isolated ASD can have one repeat TTE within 2 months
 - Small asymptomatic isolated ASD with no pulmonary hypertension can have TTE as follows:
 - Infant <6 months every three months
 - Infant ≥6 months, repeat at one year.
 - Child Every 3 years
 - Routine surveillance for ≥moderate ASD or PAPVR >1 vein
 - Infant every 3 months
 - Echo (TTE) every 1 year
- Prior to planned repair of ASD
 - TTE and/or TEE

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

UnitedHealthcare Community Plan Coverage Determination Guideline

Effective: November 1, 2025

Page 75 of 164

- MRI if any residual issues unanswered by echo
- · Prior to planned SV defect or PAPVR
 - TTE and/or TEE
 - CMR/CT-CMRA/CTA
- Post- ASD closure with device
 - TTE post device closure
 - 1 week
 - 1 month
 - Every 3 months
 - 1 year
 - Every 2 years
 - May repeat TTE every 3 months until the finding is stable or there is a need for intervention if there is significant residual shunt, valvular or ventricular dysfunction, arrhythmias, and/or pulmonary hypertension
- Post-surgical closure of ASD
 - TTE
 - Within the first month
 - Within the 1st year
 - Every 2 years after the first year study
 - May repeat TTE every 3 months until the finding is stable or there is a need for intervention if significant residual shunt, valvular or ventricular dysfunction, arrhythmias, and/or pulmonary hypertension.

VSD (PEDCD-2.4.2)

CDP.CHD.0242.A

v1.0.2025

ΑII

TTE is indicated for any of the following:

- with change in clinical status and/or new concerning signs or symptoms
- Prior to planned cardiac intervention

Unrepaired

TTE

- Small muscular VSD, No Symptoms, No pulmonary hypertension
 - Newborn 1 repeat within 2 months
 - Infancy every 6 months
 - Childhood every 3 years
- Small VSD in location other than muscular
 - Newborn 1 repeat TTE within 2 months
 - Infant TTE every 6 months
 - Child TTE every year.
- Moderate or large VSD on medical management
 - Newborn TTE every 2 weeks
 - infant every 1 month
 - Child <2 years old TTE every 3 months
 - Child >2 years old TTE every year.

Post Repair VSD

TTF

- One study within one month of surgery
- One study within one year of surgery,
- After first year of surgery, every 2 years
- Following surgical or device closure in an individual with significant residual shunt, valvular or ventricular dysfunction, arrhythmias, and/or pulmonary hypertension.
 - Child –TTE every 3 months
 - Adolescent- TTE every 6 months

Pediatric Cardiac Imaging Guidelines (For Ohio Only):

AVSD (Atrioventricular canal, endocardial cushion defect) (PEDCD-2.4.3)

CDP.CHD.0243.A

v1.0.2025

Any surgical status

TTE is indicated for any of the following:

- · Change in clinical status and/or new concerning signs or symptoms
- Prior to planned cardiac intervention

Unrepaired

- Partial/transitional Atrioventricular canal (AVC)
 - Newborn one addition study next 2 months.
 - TTE
 - Infancy every 3 months in infancy
 - Child <2 years every 6 months
 - Child ≥2 years, 1 year
- Complete AVC
 - TTE
 - Newborn, TTE repeat within first month
 - Infant <6 weeks, TTE every 2 weeks.
 - Infant ≥6 weeks, TTE monthly

Repaired (TTE)

- Within one month of surgery
- Within 1 year
- Then annually
- May repeat TTE every 3 months until the finding is stable or there is a need for intervention if residual shunt, valvular LV dysfunction, LVOT obstruction, arrhythmia, arrhythmia or PHT, symptoms of heart failure

PDA (Patent ductus arteriosus) (PEDCD-2.4.4)

CDP.CHD.0244.A

v1.0.2025

Any surgical status

TTE is indicated for any of the following:

- Initial evaluation of a change in clinical status and/or new concerning signs or symptoms
- Prior to planned cardiac intervention

Unrepaired

- Newborn, one repeat TTE in newborn period
 - None, if spontaneously closed
- >1-year-old
 - No Routine surveillance in an asymptomatic individual with a trivial, silent PDA
- Infant
 - Small PDA: TTE every 3 months
 - ≥ Moderate PDA: TTE every month
- Child
 - Small PDA: every 1 year
 - Moderate PDA: every 6 months
- Adolescent every 3 years

Post PDA device

- Post procedure surveillance (TTE)
 - One echo in first 30 days
 - Annually for first 2 years
 - Every 5 years after first 2 years
- · Post procedure LPA stenosis or aortic obstruction
 - Child
 - TTE annually
 - MRA/CTA Chest, or (lung perfusion for LPA stenosis) if questions remain unanswered after TTE
 - Adolescents
 - Every two years TTE and

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

UnitedHealthcare Community Plan Coverage Determination Guideline

Effective: November 1, 2025

Page 79 of 164

Proprietary Information of United Healthcare. Copyright © 2025 United Healthcare Services, Inc.

| Cardiovascular and Radiology Imaging Guidelines | V1.0.2025 |
|---|-----------------------------|
| | |
| MRA/CTA Chest, or (lung perfusion for LPA stenosis) is unanswered after TTE | f questions remain |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| Pediatric Cardiac Imaging Guidelines (For Ohio Only): | |
| CSRAD016OH.D | Effective: November 1, 2025 |

V1.0.2025

TAPVR Total anomalous pulmonary venous return (PEDCD-2.4.5)

CDP.CHD.0245.A

v1.0.2025

Any surgical status

- TTE, TEE, CMR/CT-CMRA/CTA, Lung perfusion scan are indicated for any of the following:
 - Change in clinical status and/or new concerning signs or symptoms
 - Prior to planned cardiac intervention

Unrepaired

· No restrictions

Repaired

- TTE one Post procedure evaluation first 30 days
- TTE every 3 months in infancy
- · Child: every 1 year
- Adolescence: TTE every 2 years

Ebstein anomaly and TV dysplasia (PEDCD-2.4.6)

CDP.CHD.0246.A

v1.0.2025

Any surgical status

- TTE, TEE, CMR/CT-CMRA/CTA are indicated for any of the following:
 - · Change in clinical status and/or new concerning signs or symptoms
 - Prior to planned repair or intervention

Unrepaired

- Newborn Repeat study within 30 days.
- Infant
 - Trivial TR is a normal finding
 - Mild TR- TTE every year
 - ≥ Moderate TR- TTE every 3 months
- Child
 - Mild TR every year TTE

Repaired (TTE)

- Post-op within 30 days
- TTE once a year
- TTE every 6 months if valvular or ventricular dysfunction, or arrhythmias
- Child: every year
- Adolescent: every 2 years
- · Every 3 months if CHF or atrial arrhythmias

Pulmonary Stenosis (PS) (PEDCD-2.4.7)

CDP.CHD.0247.A

v1.0.2025

Any surgical status

- TTE is indicated for any of the following:
 - Change in clinical status and/or new concerning signs or symptoms
 - Prior to planned cardiac procedure
 - If increasing gradient, 1 additional study prior to next allowed study
 - PS in Williams syndrome: See <u>LVOT lesions (PEDCD-2.4.10)</u>

Unrepaired

- Neonate
 - TTE repeat study within 30 days
- Infant PS asymptotic (any severity)
 - TTE every 3 months
- Child
 - TTE every 1 year
- Adolescent
 - TTE every 2 years
 - MRA/CTA Chest if pulmonary artery dilation every 3 years

Post procedure (TTE)

- Within 30 days
- Infant
 - TTE every 3 months
- Child
 - TTE 1 year
 - Moderate or severe sequelae TTE every 6 months
- Adolescent
 - TTE every 2 years
- Any individual with heart failure, TTE every 3 months

Mitral valve disease (PEDCD-2.4.9)

CDP.CHD.0249.A

v1.0.2025

Any surgical status

- TTE is indicated for any of the following:
 - Prior to planned surgery
 - Initial evaluation of change in clinical status and/or new concerning signs or symptoms

Unrepaired congenital mitral valve stenosis

- · Infant in first three months of life
 - Weekly TTE
- After 3 months (TTE)
 - Every 3 months if mild MS
 - Every month if ≥moderate MS
- Child (TTE)
 - With moderate MS every 3 months until a decision is made to intervene
 - Child with mild symptoms annually

Unrepaired: Congenital Mitral Regurgitation (MR) including Mitral Valve Prolapse

- Infant
 - TTE every 6 months an asymptomatic infant with mild MR
 - TTE every month in asymptomatic infant with ≥moderate MR
- Child
 - TTE every 2 years with mild MR, normal LV size and systolic function
 - TTE every 6 months with ≥moderate MR
 - TTE every 3 years in an asymptomatic with MVP and mild MR

Post procedure, surgical or catheter based

- TTE within 30 days
- Infant
 - TTE every 3 months, mild MS or MR, and no LV dysfunction
 - TTE every month in ≥moderate MS or MR, dilated LV, and no LV dysfunction
- Child
 - TTE annually
 - In a child with normal prosthetic mitral valve function and no LV dysfunction
 - In a child with mild MS or MR, and no LV dysfunction

Pediatric Cardiac Imaging Guidelines (For Ohio Only):

CSRAD016OH.D

Effective: November 1, 2025

UnitedHealthcare Community Plan Coverage Determination Guideline

Page 84 of 164

Cardiovascular and Radiology Imaging Guidelines

V1.0.2025

- TTE every 3 months
 - In a child with ≥moderate MS or MR, dilated LV, and no LV dysfunction
 - In a child with prosthetic mitral valve or ventricular dysfunction, and/or arrhythmias

Page 85 of 164

Effective: November 1, 2025

Proprietary Information of United Healthcare. Copyright © 2025 United Healthcare Services, Inc.

LVOT lesions (PEDCD-2.4.10)

CDP.CHD.2410.A

v1.0.2025

Subvalvular Aortic stenosis

Any surgical status

- TTE, TEE, Cardiac MR/CT are indicated for any of the following:
 - Initial evaluation of change in clinical status and/or new concerning signs or symptoms
 - Preoperative
- If aortic dimension z score >2
 - TTE or Chest CTA/MRA every 2 years if stable z score
 - TTE or Chest CTA/MRA every 6 months if increasing z score

Unrepaired

- Newborn- No restrictions
- Infant TTE
 - 1 monthly for any subvalvular AS, but ≤mild AR
- Child
 - TTE one per year if mild AS and no AR
 - TTE every 6 months ≥moderate subvalvular AS and/or mild AR
 - Routine surveillance (6–12 months) in an asymptomatic child with ≥ moderate AS and/or ≥moderate AR

Repaired

- Infant
 - TTE within 30 days
 - TTE every 3 months ≤mild MS and or AR
 - TTE every 1 month ≥moderate AS or AR
- Child
 - TTE every 1 year ≤Mild AS or AR
 - TTE every 6 months ≥moderate AS or AR
 - TTE every 3 months if heart failure

Aortic Valve Stenosis and/or regurgitation/ BAV (Bicuspid Aortic Valve)

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

Any surgical status

- TTE, TEE, Cardiac MR/CT are indicated for any of the following:
 - Initial evaluation of change in clinical status and/or new concerning signs or symptoms
 - Preoperative

Unrepaired

- Infant <3 months
 - TTE 1 per week
- Infant >3 months
 - TTE every 3 months
 - TTE every 1 month, if ≥moderate AS or AR
- Child
 - TTE every 1 year with mild AS/AR and no aortic dilation
 - TTE every 6 months with moderate AS/AR, or aortic dilation.
 - TTE every 3 years if BAV with trivial or mild valvular dysfunction and no aortic root dilation
 - Every 6 months in any as with increasing z-score aortic root ascending aorta

Post procedural

- Within 30 days TTE
- Infant
 - Every 1 month following neonatal intervention with ≥moderate AS or AR or LV dysfunction
 - Every 3 months ≤mild AS/AR and no LV dysfunction
- Child (TTE)
 - 6 months echo if ≥moderate AS or AR
 - 1-year echo if ≤mild AS or AR, and/or normal prosthetic valve
 - Every 3 months if CHF or Ventricular dysfunction

Supravalvular AS

Any surgical status

- TTE, TEE, Cardiac MR/CT, Chest MRA/CTA are indicated for any of the following:
 - Initial evaluation of change in clinical status and/or new concerning signs or symptoms
 - Preoperative
 - Williams syndrome

Pediatric Cardiac Imaging Guidelines (For Ohio Only):

- Individuals with Williams syndrome can be screened/evaluated for arch abnormalities and pulmonary artery abnormalities and coronary artery abnormalities with the same intervals as TTE referenced below.
- Stress imaging can be done at initial evaluation and for cardiac symptoms, change in clinical status and/or new concerning signs or symptoms

Unrepaired

- Infant
 - TTE every 3 months
- Child
 - TTE every 1 year
 - TTE every 6 months if moderate AS

Post-operative (TTE)

- Within 30 days
- Every 2 years in mild to moderate AS
- Every 6 months if ≥moderate AS

Aortic Coarctation and IAA (interrupted aortic arch) (PEDCD-2.4.11)

CDP.CHD.2411.A

v1.0.2025

All individuals

- TTE, MRA/CTA Chest are indicated for any of the following:
 - Initial evaluation of change in clinical status and/or new concerning signs or symptoms
 - Prior to planned surgery/intervention
- · Cardiac MR/CT is indicated for any of the following:
 - Initial evaluation of change in clinical status and/or new concerning signs or symptoms
 - Prior to planned surgery/intervention if any issues remain not answered on echo

Unrepaired Aortic Coarctation

- · Newborn, TTE weekly if assessing for ductal closure
- · Infant with mild coarctation in absence of PDA
 - Echo every 3 months
- Child with mild coarctation
 - Echo every 1 year
 - MRA Chest, CTA Chest every 3 years

Post procedure: surgical or catheter based

- TTE
 - Within 30 days of procedure
 - Every 3 months if mild or no sequelae in first year
 - Every 6 months if mild or no sequelae in the second year
 - Every 1 year after the second year
 - Every 3 months at any time if CHF symptoms or ≥ moderate sequelae
 - MRA/CTA Chest every 3 years (include Cardiac MR/CT if issues not clarified on echo)

Coronary Anomalies (PEDCD-2.4.12)

CDP.CHD.2412.A

v1.0.2025

- CCTA or cardiac MRI is indicated for evaluating coronary artery anomalies and other complex congenital heart disease of cardiac chambers or great vessels
 - CPT® 75574 for evaluating coronary artery anomalies
 - CPT® 75573 for congenital heart disease
 - CTA Chest (CPT® 71275) can be added to evaluate great vessels
- Congenital anomalies of the coronary arteries are an important cause of sudden death in pediatric individuals. Coronary arteries may arise from the wrong coronary artery cusp leading to ischemic changes during exercise. These lesions may be found incidentally during a murmur evaluation. Anomalous coronary arteries may be seen on echocardiogram during an evaluation for chest pain or syncope or palpitations. In addition, individuals with no echocardiographic findings but symptoms concerning for angina chest pain may require stress testing.
 - Individuals who have positive echocardiographic findings, regardless of symptoms, and individuals who have classical typical angina chest pain regardless of echocardiographic findings, may require treadmill stress testing, stress imaging, of advanced imaging such as Cardiac MRI, Stress echocardiogram, PET, Cardiac CT, and/or cardiac catheterization.
- Congenital coronary anomalies include abnormal origin of a coronary artery from the PA, anomalous aortic origin of a coronary artery from a different aortic sinus of Valsalva (left coronary artery from the right sinus of Valsalva or right coronary artery from the left sinus of Valsalva), coronary arteriovenous fistula, and coronary artery ostial atresia, all in the setting of normal conotruncal anatomy.
 - Any surgical status
 - Prior to planned surgery, or change in clinical status and/or new concerning signs or symptoms
 - TTE
 - CMR or CCT
 - Can initially include MRA/CTA Chest.
 - If the origin of the coronaries arteries is below the sinus of Valsavla then a chest study is not needed on subsequent imaging.
 - · If the origin of the coronary artery is not at the level of the sinus of Valsalva, a MRA/CTA Chest can be included when MR/CT imaging is required
 - Stress imaging- to assess the need for surgery
 - Unrepaired

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

- Routine surveillance every 2 years in an asymptomatic individual with anomalous right coronary artery from the left aortic sinus
 - TTE
 - Stress imaging
- Although typically repaired, in the event that a repair is not completed, anomalous left coronary artery from the right coronary sinus can have imaging
 - TTE annually
 - Stress imaging annually
- Routine surveillance in an asymptomatic individual with small coronary fistula
 - TTE- every 2 years
- Routine surveillance in an asymptomatic individual with moderate or large coronary fistula
 - TTE annually
- Post-procedural: surgical or catheter
 - TTE
 - Within 30 days of procedure
 - Monthly the first year following repair
 - Every 3 months after first year of surgery
 - Annually after the second year of surgery
 - Every 3 months if ventricular dysfunction
 - Stress testing
 - EKG stress testing without imaging may be indicated in the first post year, and every 1-2 years depending on level of activity.
 - Stress testing with imaging
 - First postoperative year
 - If EKG stress test positive of equivocal
- Change in clinical status and/or new concerning signs or symptoms
- Individuals with congenital heart disease such as TOF, Truncus Arteriosus, and TGA have increased incidence of coronary artery anomalies
- Individuals with Williams syndrome can have coronary artery stenosis
- Individuals with confirmed coronary artery anomalies may require repeat imaging based on the clinical scenario
- CCTA to rule out anomalous coronary artery should be limited to one of the following:
 - Individuals who need to have an anomalous coronary artery mapped prior to an invasive procedure.
 - Individuals who have not had a previous imaging study that clearly demonstrates an anomalous coronary artery
 - Individuals with a history that includes one or more of the indications in <u>Indications</u> for CCTA (CPT® 75574) (PEDCD-10.3)

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

Tetralogy of Fallot (TOF) (PEDCD-2.4.13)

CDP.CHD.2413.A

v1.0.2025

Any surgical status

- TTE, CMR/CT-CMRA/CTA
 - Initial evaluation of change in clinical status and/or new concerning signs or symptoms
 - Evaluation prior to planed pulmonary valve replacement, cardiac intervention, or surgery

Unrepaired

- Newborn-TTE no limits
- Infant
 - 1 per month

Post procedure palliation

 1 per month following palliative procedure prior to complete repair, valvuloplasty, PDA and/or RVOT stenting, or shunt placement before complete repair

Post-operative TOF (initial repair)

- TTE
 - Within 30 days of repair
 - Child-12 months
 - Adolescence every 24 months
 - Every 6 months in an individual with valvular dysfunction other than pulmonary valve, RVOT obstruction, branch pulmonary artery stenosis, arrhythmias, or presence of an RV-to-PA conduit
 - TTE every 3 months if CHF
- Cardiac MR/CT, MRA/CTA Chest every
 - Routine surveillance (36 months) in an individual with PR and preserved ventricular function
 - 12 months if moderate (≥150 mL/m2) or progressive (increase of >25 mL/m2) RV dilatation or dysfunction (RVEF ≤48% or ≥6% decrease in EF) or nearing imaging criteria for PVR.

Post-surgical or catheter based pulmonary valve replacement

TTE

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

Cardiovascular and Radiology Imaging Guidelines

V1.0.2025

- Within 30 days follow-up
- 1 and 6 months after replacement
- One year post procedure
- Annually after replacement
- Every 6 months if RV-to-PA conduit dysfunction, valvular or ventricular dysfunction, branch pulmonary artery stenosis, or arrhythmias
- Every 3 months if CHF symptoms
- CMR/CT-CMRA/CTA every 2 years

V1.0.2025

Double Outlet Right Ventricle (DORV) (PEDCD-2.4.14)

CDP.CHD.2414.A

v1.0.2025

Any surgical status

- TTE, CMR/CT-CMRA/CTA are indicated for any of the following:
 - Initial evaluation of change in clinical status and/or new concerning signs or symptoms
 - Evaluation prior to repair

Unrepaired

- TTE
 - Newborn no limit
 - Monthly infant with balanced systemic and pulmonary circulation
 - Every 3 months child with balanced circulation

Postoperative

- TTE
 - Within 30 days
 - First year post-op every 6 months
 - After one year, TTE every 1 year
 - TTE 3 months in an individual with valvular or ventricular dysfunction, right or left ventricular outflow tract obstruction, branch pulmonary artery stenosis, arrhythmias, or presence of an RV-to-PA conduit, heart failure.
- Cardiac MR/CT, MRA/CTA Chest
 - 3 years for asymptomatic individual

D-Loop Transposition of the Great Arteries (D-Loop TGA) (PEDCD-2.4.15)

CDP.CHD.2415.A

v1.0.2025

Any surgical status

- TTE, CMR/CT-CMRA/CTA, stress imaging are indicated for any of the following:
 - Initial evaluation of change in clinical status and/or new concerning signs or symptoms
 - Any time after procedure involving coronary arteries
- CMR/CT-CMRA/CTA every 5 years.

Unrepaired (TTE)

No Limits

Post arterial switch

- TTE
 - Within 30 days of repair
 - Infant: every one month
 - Child: every 3 months
 - Child with ≥ moderate sequelae: TTE every three 3 months (moderate valvular or ventricular dysfunction, right or left ventricular outflow tract obstruction, branch pulmonary artery stenosis, or arrhythmias
- Routine CMR/CT
 - Every 3 years
 - Every year if neo Al
- MRA/CTA Chest
 - Every 3 years
 - Every year if neo Al or aortic dilation
- Stress imaging
 - 1 routine test after arterial switch at any time

Post Rastelli

- TTE
 - Within 30 days
 - Every three months following procedure for one year
 - Child Every 6 months following the first year after repair if no or mild sequelae

Pediatric Cardiac Imaging Guidelines (For Ohio Only):

CSRAD016OH.D

Effective: November 1, 2025

UnitedHealthcare Community Plan Coverage Determination Guideline

Page 95 of 164

Proprietary Information of United Healthcare. Copyright © 2025 United Healthcare Services, Inc.

Cardiovascular and Radiology Imaging Guidelines

V1.0.2025

- Adolescent annually
- Every three months if moderate valvular dysfunction, LVOT obstruction, presence of an RV-to-PA conduit, branch, pulmonary artery stenosis, or arrhythmias, or heart failure
- CMR/CT-CMRA/CTA every 3 years

Post atrial switch

- TTE Every 1 year if mild to no symptoms
 - Every 3 months TTE, and CMR MRA CCT CTA if ≥moderate systemic AV, valve regurgitation, systemic RV dysfunction, LVOT obstruction, or arrhythmias, or CHF.
 - Routine CMR/CT-CMRA/CTA every 3 years

Congenitally Corrected Transposition of the Great Arteries (ccTGA, LTGA) (PEDCD-2.4.16)

CDP.CHD.2416.A

v1.0.2025

Any surgical status

- TTE, TEE, CMR/CT-CMRA/CTA are indicated for any of the following:
 - Change clinical status and/or new concerning signs or symptoms
 - Preoperative evaluation (typically within one month)
- CMR/CT-CMRA/CTA every 3 years

Unrepaired

- TTE
 - Newborn-Weekly
 - Infant
 - Every 3 months if no cardiac symptoms and only mild findings
 - Every 1 month is cardiac symptoms and moderate findings
 - Child
 - <2 years every 3 months
 - >2 years every 1 year
 - Every 6 months if ≥moderate AV regurg
 - Every 3 months if CHF symptoms
 - CMR/CT-CMRA/CTA
 - Every 3 years

Postoperative: Anatomic Repair

- TTE
 - Post–operative evaluation (within 30 days)
 - Every 3 months within a year following repair in an asymptomatic individual with no or mild sequelae
 - Every 1 year after the first year following repair in an asymptomatic individual with no or mild sequelae
 - Every 6 months if valvular or ventricular dysfunction, right or left ventricular outflow tract obstruction, or presence of a RV-to-PA conduit
 - Every 3 months if CHF symptoms

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

UnitedHealthcare Community Plan Coverage Determination Guideline

Effective: November 1, 2025

Page 97 of 164

Proprietary Information of United Healthcare. Copyright © 2025 United Healthcare Services, Inc.

Cardiovascular and Radiology Imaging Guidelines

V1.0.2025

- CMR/CT-CMRA/CTA
 - Every 3 years

Postoperative: Physiological Repair with VSD Closure and/or LV-to-PA Conduit

- TTE
 - Postoperative evaluation (within 30 days)
 - Every 3 months within a year following repair in an asymptomatic individual with no or mild sequelae
 - Annually in an asymptomatic individual with no or mild sequelae
 - Every 3 months if in an individual with ≥moderate systemic AV valve regurgitation, systemic RV dysfunction, and/or LV-to-PA conduit dysfunction, or with CHF symptoms
- CMR/CT-CMRA/CTA every 3 months in an individual with ≥moderate systemic AV valve regurgitation, systemic RV dysfunction, and/or LV-to-PA conduit dysfunction, or with CHF symptoms

Truncus Arteriosus (PEDCD-2.4.17)

CDP.CHD.2417.A

v1.0.2025

Any surgical status

- TTE, CMR/CT-CMRA/CTA are indicated for any of the following:
 - Initial evaluation of change in clinical status and/or new concerning signs or symptoms
 - Prior to planned intervention or surgery

Postoperative

- TTE
 - Within 30 days
 - Monthly in first year after surgery
 - After first year every 6 months
 - Every 3 months if
 - ≥moderate truncal stenosis or regurgitation
 - Residual VSD or RV to PA conduit or Branch PA obstruction
 - Symptoms of CHF
- CMR/CT-CMRA/CTA
 - Annually if ≥moderate Truncal stenosis or regurgitation

Single Ventricle (SV) (PEDCD-2.4.18)

CDP.CHD.2418.A

v1.0.2025

SV references individuals not amenable to biventricular repair, including but not limited to hypoplastic left heart syndrome, tricuspid atresia, Double inlet left ventricle, mitral atresia, unbalanced AVSD, and forms of PA/IVS

Any surgical status

- Any/All: TTE, TEE, CMR/CT-CMRA/CTA, and cardiac catheterization (CPT[®] 93593, 93594, 93595, or 93597) are indicated for any of the following:
 - Change clinical status and/or new concerning signs or symptoms
 - Preoperative evaluation (typically within one month)

Unrepaired SV

TTE allowed one study per week

Stage 1 palliation (TTE)

- Often called Norwood or Sano, or hybrid cath procedure
- Routine weekly TTE

Stage 2 palliation (TTE)

- Often referred to as Glenn procedure
- Within 30 days after surgical or cath intervention
- 1 per month in infant or child

Stage III, also called Fontan

- TTE within 30 days
- TTE every three months within first post-op year
- Every 6 months after first year
- Every 3 years allow CMR/CCT-MRA/CTA
- TTE every 3 months until the finding is stable or there is a need for intervention if there is valvular dysfunction, arrhythmias, heart failure

Surveillance

Cardiac catheterization is indicated for all Single Ventricles once every 10 years

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

V1.0.2025

Eisenmenger and PHT (with CHD)- (PEDCD-2.4.19)

CDP.CHD.2419.A

v1.0.2025

PHT without CHD is covered in section <u>Pediatric Pulmonary Hypertension</u> (PEDCD-7)

These are in addition to studies supported by lesion

Any surgical status

- TTE, CMR/CT-CMRA/CTA are indicated for any of the following:
 - Change clinical status and/or new concerning signs or symptoms
 - Preoperative evaluation (typically within one month)

Initial evaluation (TTE)

- · Change in clinical status and/or new concerning signs or symptoms
- Before and after PHT therapy

Eisenmenger Syndrome (ES) individual

TTE every 6 months

PHT associate with CHD

- Unrepaired individuals with evidence of elevated pulmonary vascular resistance can have echocardiograms based on the frequency requested by the provider
- TTE and Cardiac CMR/CCT for changes in change in pulmonary arterial hypertension-targeted therapy in an individual with postoperative PH
- TTE every 3 months in postoperative stable child with PHT

References (PEDCD-2)

v1.0.2025

- 1. Kliegman R, Lye PS, Bordini BJ, et al. Nelson Pediatric Symptom-Based Diagnosis. Philadelphia, PA: Elsevier;
- 2. Riveros R and Riveros-Perez E. Perioperative considerations for children with right ventricular dysfunction. Seminars in Cardiothoracic and Vascular Anesthesia. 2015 Jul 10;19(3):187-202.
- 3. Lai WW. Geva T, Shirali GS, et al. Guidelines and Standards for Performance of a Pediatric Echocardiogram: A Report from the Task Force of the Pediatric Council of the American Society of Echocardiography. J Am Soc Echocardiogr. 2006;19(12):1413-1430. doi:10.1016/j.echo.2006.09.001.
- 4. Prakash A, Powell AJ, Geva T. Multimodality Noninvasive Imaging for Assessment of Congenital Heart Disease. Circulation: Cardiovascular Imaging. 2010;3(1):112-125. doi:10.1161/CIRCIMAGING.109.875021.
- 5. Simpson J, Lopez L, Acar P, et al. Three-dimensional Echocardiography in Congenital Heart Disease: An Expert Consensus Document from the European Association of Cardiovascular Imaging and the American Society of Echocardiography. J Am Soc Echocardiogr. 2017;30(1):1-27. doi:10.1016/j.echo.2016.08.022
- 6. Truong UT, Kutty S, Broberg CS, Sahn DJ. Multimodality Imaging in Congenital Heart Disease: an Update. Current Cardiovascular Imaging Reports. 2012;5(6):481-490. doi:10.1007/s12410-012-9160-6.
- 7. Wernovsky G, Rome JJ, Tabbutt S, et al. Guidelines for the Outpatient Management of Complex Congenital Heart Disease. Congenital Heart Disease. 2006;1(1-2):10-26. doi: doi:10.1111/j.1747-0803.2006.00002.x.
- 8. Valente AM, Cook S, Festa P, et al. Multimodality Imaging Guidelines for Patients with Repaired Tetralogy of Fallot: A Report from the American Society of Echocardiography. J Am Soc Echocardiogr. 2014;27(2):111-141. doi:10.1016/j.echo.2013.11.009.
- 9. Margossian R, Schwartz ML, Prakash A, et al. Comparison of Echocardiographic and Cardiac Magnetic Resonance Imaging Measurements of Functional Single Ventricular Volumes, Mass, and Ejection Fraction (from the Pediatric Heart Network Fontan Cross-Sectional Study) A list of participating institutions and investigators appears in the Appendix. The American Journal of Cardiology. 2009;104(3):419-428. doi:10.1016/ j.amjcard.2009.03.058.
- 10. Hundley WG, Bluemke DA, Finn JP, et al. ACCF/ACR/AHA/NASCI/SCMR 2010 Expert Consensus Document on Cardiovascular Magnetic Resonance. Circulation. 2010;121(22):2462-2508. doi:10.1161/ cir.0b013e3181d44a8f.
- 11. Silvestry FE, Cohen MS, Armsby LB, et al. Guidelines for the Echocardiographic Assessment of Atrial Septal Defect and Patent Foramen Ovale: From the American Society of Echocardiography and Society for Cardiac Angiography and Interventions. J Am Soc Echocardiogr. 2015;28(8):910-958. doi:10.1016/j.echo.2015.05.015.
- 12. Franklin RCG, Béland MJ, Colan SD, et al. Nomenclature for Congenital and Paediatric Cardiac Disease: the International Paediatric and Congenital Cardiac Code (IPCCC) and the Eleventh Iteration of the International Classification of Diseases (ICD-11). Cardiology in the Young. 2017;27(10):1872-1938. doi:10.1017/ s1047951117002244.
- 13. Cohen MS, Eidem BW, Cetta F, et al. Multimodality Imaging Guidelines of Patients with Transposition of the Great Arteries: A Report from the American Society of Echocardiography Developed in Collaboration with the Society for Cardiovascular Magnetic Resonance and the Society of Cardiovascular Computed Tomography. J Am Soc Echocardiogr. 2016;29(7):571-621. doi:10.1016/j.echo.2016.04.002.
- 14. Canobbio MM, Warnes CA, Aboulhosn J, et al. Management of Pregnancy in Patients with Complex Congenital Heart Disease: A Scientific Statement for Healthcare Professionals From the American Heart Association. Circulation. 2017;135(8). doi:10.1161/cir.0000000000000458.
- 15. Hare GFV, Ackerman MJ, Evangelista J-AK, et al. Eligibility and Disgualification Recommendations for Competitive Athletes with Cardiovascular Abnormalities: Task Force 4: Congenital Heart Disease. J Am Coll Cardiol. 2015;66(21):2372-2384. doi:10.1016/j.jacc.2015.09.036.
- 16. Giglia T, Stagg A. Infant Single Ventricle Monitoring Program (ISVMP): Outpatient Interstage Pathway: Stage I Discharge to Second Operation. Clinical Pathways Program. https://www.chop.edu/clinical-pathway/singleventricle-fetus-or-newborn-clinical-pathway. Published July 2011. Accessed July 26, 2019. Revised January 2018.

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

- 17. Sachdeva R, Valente AM, Armstrong AK, et al. ACC/AHA/ASE/HRS/ISACHD/SCAI/SCCT/SCMR/SOPE 2020 Appropriate Use Criteria for Multimodality Imaging During the Follow-Up Care of Patients with Congenital Heart Disease. *J Am Coll Cardiol*. 2020;75(6):657-703. doi:10.1016/j.jacc.2019.10.002.
- 18. MacCarrick G, Black JH 3rd, Bowdin S, et al. Loeys-Dietz syndrome: a primer for diagnosis and management. *Genet Med.* 2014;16(8):576–587. doi:10.1038/gim.2014.11.
- 19. Loeys BL, Dietz HC. Loeys-Dietz Syndrome. GeneReviews[®] [Internet]. https://www.ncbi.nlm.nih.gov/books/ NBK1133/. Published March 1, 2018.
- Caglayan AO, Dundar M. Inherited diseases and syndromes leading to aortic aneurysms and dissections. *European Journal of Cardio-Thoracic Surgery*. 2009;35(6):931-940. doi:10.1016/j.ejcts.2009.01.006. Collins RT. Cardiovascular Disease in Williams Syndrome. *Circulation*. 2013;127(21):2125-2134. doi:10.1161/circulationaha.112.000064.
- 21. D'hondt S, Damme TV, Malfait F. Vascular phenotypes in nonvascular subtypes of the Ehlers-Danlos syndrome: a systematic review. *Genetics in Medicine*. 2017;20(6):562-573. doi:10.1038/gim.2017.138.
- 22. Hiratzka LF, Creager MA, Isselbacher EM, et al. Surgery for Aortic Dilatation in Patients with Bicuspid Aortic Valves. *J Am Coll Cardiol*. 2016;67(6):724-731. doi:10.1016/j.jacc.2015.11.006.
- 23. Knadler JJ, Lemaire S, Mckenzie ED, et.al. Thoracic Aortic, Aortic Valve, and Mitral Valve Surgery in Pediatric and Young Adult Patients With Marfan Syndrome: Characteristics and Outcomes. *Seminars in Thoracic and Cardiovascular Surgery*. 2019;31(4):818-825. doi:10.1053/j.semtcvs.2019.06.005.
- 24. Landis BJ, Ware SM, James J, Shikany AR, Martin LJ, Hinton RB. Clinical Stratification of Pediatric Patients with Idiopathic Thoracic Aortic Aneurysm. *J Pediatr*. 2015;167(1):131-137. doi:10.1016/j.jpeds.2015.02.042.
- 25. Oner T, Akgun G, Ergin SO, Karadag H, Yucel IK, Celebi A. Risk Factors Associated with Ascending Aortic Aneurysms and Aortic Elasticity Parameters in Children with a Bicuspid Aortic Valve. *Pediatric Cardiology*. 2019;40(5):980-986. doi:10.1007/s00246-019-02102-6.
- 26. Maron BJ, Zipes DP, Kovacs RJ. Eligibility and Disqualification Recommendations for Competitive Athletes with Cardiovascular Abnormalities: Preamble, Principles, and General Considerations. *J Am Coll Cardiol*. 2015;66(21):2343-2349. doi:10.1016/j.jacc.2015.09.032.
- Meester JAN, Verstraeten A, Schepers D, et. al. Differences in manifestations of Marfan syndrome, Ehlers-Danlos syndrome, and Loeys-Dietz syndrome. *Annals of Cardiothoracic Surgery*. 2017;6(6):582-594. doi:10.21037/acs.2017.11.03.
- 28. Otto CM, Nishimura RA, Bonow RO, et al. 2020 ACC/AHA Guideline for the Management of Patients With Valvular Heart Disease: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. *Circulation*. 2021;143(5):e72-e227. doi:10.1161/cir.000000000000923.
- 29. Bonow RO, O'Gara PT, Adams DH, et al. 2020 Focused Update of the 2017 ACC Expert Consensus Decision Pathway on the Management of Mitral Regurgitation. *J Am Coll Cardiol*. 2020;75(17):2236-2270. doi:10.1016/j.jacc.2020.02.005.
- 30. Nishimura RA, O'Gara PT, Bavaria JE, et al. 2019 AATS/ACC/ASE/SCAI/STS Expert Consensus Systems of Care Document: A Proposal to Optimize Care for Patients With Valvular Heart Disease: A Joint Report of the American Association for Thoracic Surgery, American College of Cardiology, American Society of Echocardiography, Society for Cardiovascular Angiography and Interventions, and Society of Thoracic Surgeons. *J Am Soc Echocardiogr.* 2019;32(6):683-707. doi:10.1016/j.echo.2019.02.016.
- 31. Doherty JU, Kort S, Mehran R, et al. ACC/AATS/AHA/ASE/ASNC/HRS/SCAI/SCCT/SCMR/STS 2019 Appropriate Use Criteria for Multimodality Imaging in the Assessment of Cardiac Structure and Function in Nonvalvular Heart Disease. *J Am Coll Cardiol*. 2019;73(4):488-516. doi:10.1016/j.jacc.2018.10.038.
- 32. Rychik J, Atz AM, Celermajer DS, et al. Evaluation and Management of the Child and Adult With Fontan Circulation: A Scientific Statement From the American Heart Association [published online ahead of print, 2019 Jul 1]. *Circulation*. 2019;CIR000000000000696. doi:10.1161/CIR.00000000000000696.

V1.0.2025

Condition Specific Imaging

Guideline

Multisystem Inflammatory Syndrome in Children (MIS-C) (PEDCD-12)

References (PEDCD-12)

Heart Murmur (PEDCD-3.1)

References (PEDCD-3.1)

Chest Pain General (PEDCD-4.1)

References (PEDCD-4.1)

Syncope (PEDCD-5.1)

References (PEDCD-5.1)

Pediatric Pulmonary Hypertension General (PEDCD-7.1)

References (PEDCD-7.1)

Evaluation of Pericardial Effusion or Diagnosis of Pericardial Tamponade (PEDCD-9.5)

Kawasaki Disease (PEDCD-6)

References

Multisystem Inflammatory Syndrome in Children (MIS-C) (PEDCD-12)

CDP.CS.0012.A

v1.0.2025

MIS-C General Information (PEDCD-12.1)

SARS-CoV-2 (COVID 19) is usually mild in children. Some children develop a severe inflammatory disease that can present in a similar way to Kawasaki disease or toxic shock syndrome. This syndrome has been defined by the US Centers for Disease Control and Prevention as multisystem inflammatory syndrome in children (MIS-C).

These guidelines are intended for use in the outpatient management of cardiac findings of MIS-C. Additional information can be found in **PEDHD-12.7** for the outpatient management of head imaging.

MIS-C Indications for Cardiac Imaging (PEDCD-12.2) MIS-C Initial Cardiac Imaging (PEDCD-12.2.1)

- When there is concern for MIS-C, as in atypical or incomplete Kawasaki (see
 <u>Kawasaki Disease Acute Phase (PEDCD-6.2)</u>) echo (TTE) can be approved
- A cardiac MRI can be approved at the time of diagnosis when there are issues that can affect treatment management not answered by other testing
- Cardiac CCTA can be done if there is incomplete visualization of the coronary arteries
- Repeat echocardiograms may be required and approved if either:
 - Treatment decisions will be affected by results (e.g., treating with IVIg)
 - There are new signs or symptoms

MIS-C Repeat Cardiac Imaging (PEDCD-12.2.2)

The following imaging guidelines reference outpatient management of individuals who have been discharged from the hospital after stability for MIS-C has been established.

- An echo (TTE) can be approved at the time of presentation and followed by serial echos (TTE) until stabilization has been achieved for any of the following:
 - New cardiac signs, symptoms, or findings
 - Evidence of recurrence of MIS-C
 - Changes in medication

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

- Serial echos can be approved based on the ordering cardiologist's discretion or the treating medical provider in consultation with a cardiologist when there is documented cardiac dysfunction.
- Individuals who are discharged from the hospital after MIS-C and have stable findings can have an echo (TTE):
 - Within 1 week of discharge
 - 4 weeks post-discharge
 - At 6 months post-discharge
 - One year post-discharge
- Cardiac CCTA can be done if there is incomplete visualization of the coronary arteries
- A routine cardiac MRI can be done once after 3 months in an individual with evidence of cardiac involvement (e.g., symptoms, EKG, labs, or echocardiogram)
- Individuals with changes, or unanswered questions, on echo (TTE) may have a
 Cardiac MRI based on <u>Cardiac MRI and MRA Chest Indications (excluding</u>
 <u>Stress MRI) (CD-5.2)</u> in the cardiac imaging guidelines

Individuals with dilated coronary arteries can have imaging based on the AHA Kawasaki guidelines.

| AHA risk level | Largest Aneurysm At Any Point | Largest Current Aneurysm | Routine Echo | Routine Stress Imaging | Routine Coronary Imaging |
|----------------------|--|--------------------------------|---|------------------------------|--------------------------------|
| All | | | All risk levels 4-6 weeks after acute illness | | |
| 1 | Normal | Normal | One echo 2-12 months after acute illness | none | none |
| 2 | Dilation | Dilation | 6 months One year If dilation remains echo every 2-5 years until resolves | None | None |

| AHA risk level | Largest Aneurysm At Any Point | Largest Current Aneurysm | Routine Echo | Routine Stress Imaging | Routine Coronary Imaging |
|----------------------|--|--------------------------------|--|------------------------------|--------------------------------|
| | | Normal | After acute illness: 2-12 months One echocardiogram at one year No echocardiogram after one year | | |
| 3.1 | Small | Small | 6 months 12 months Then yearly | 2-3 years | 3-5 years |
| 3.2 | Small | Normal or dilated | 6 months 12 months Then yearly | 3-5 years | none |
| 4.1 | Medium | Medium | 3 months 6 months 12 months Every 6-12 months after that | 1-3 years | 2-5 years |
| 4.2 | Medium | Small | 6 months and 12 months, every 1 year | 2-3 years | 3-5 years |
| 4.3 | Medium | Normal Or Dilated | Every 1-2 years | 2-4 years | none |

| AHA risk level | Largest Aneurysm At Any Point | Largest Current Aneurysm | Routine Echo | Routine Stress Imaging | Routine Coronary Imaging |
|----------------------|--|--------------------------------|--|------------------------------|---|
| 5.1 | Large | Large | 1 month 3 months 6 months 9 months 12 months Then every 3-6 months | 6-12 months | at 2-6 months, every 1-5 years |
| 5.2 | Large | Medium | Every 6-12 months | yearly | 2-5 years |
| 5.3 | Large | Small | 6-12 month | 1-2 years | 2-5 years |
| 5.4 | Large | Normal Or Dilation | 1-2 years | 2-5 years | none |

Symptomatic individuals

- Echocardiogram can be performed at any time with new or progressing cardiac symptoms
- · Stress imaging when there are new or progressing symptoms of ischemia or ventricular dysfunction
- Invasive or coronary imaging coronary angiography (CT, MRI, invasive) when the above studies are positive, inconclusive, or otherwise lead to a conclusion that intervention is needed

References (PEDCD-12)

CDP.CS.0012.A

v1.0.2025

- 1. Information for Healthcare Providers about Multisystem Inflammatory Syndrome in Children (MIS-C). Centers for Disease Control and Prevention. https://www.cdc.gov/mis/mis-c/hcp_cstecdc/. Published February 17, 2021.
- 2. Ahmed M, Advani S, Moreira A, et al. Multisystem inflammatory syndrome in children: A systematic review. *EClinicalMedicine*. 2020;26:100527. doi:10.1016/j.eclinm.2020.100527.
- 3. Lee PY, Day-Lewis M, Henderson LA, et al. Distinct clinical and immunological features of SARS–CoV-2–induced multisystem inflammatory syndrome in children. *J Clin Invest*. 2020;130(11):5942-5950. doi:10.1172/jci141113.
- Choi NH, Fremed M, Starc T, et al. MIS-C and Cardiac Conduction Abnormalities. *Pediatrics*. 2020;146(6). doi:10.1542/peds.2020-009738.
- 5. Dionne A, Mah DY, Son MB, et al. Atrioventricular Block in Children with Multisystem Inflammatory Syndrome. *Pediatrics*. 2020;146(5). doi:10.1542/peds.2020-009704.
- 6. McMurray JC, May JW, Cunningham MW, Jones OY. Multisystem Inflammatory Syndrome in Children (MIS-C), a Post-viral Myocarditis and Systemic Vasculitis—A Critical Review of Its Pathogenesis and Treatment. *Front Pediatr.* 2020;8. doi:10.3389/fped.2020.626182.
- 7. Multisystem Inflammatory Syndrome in Children (MIS-C). Centers for Disease Control and Prevention. https://www.cdc.gov/mis-c/. Published February 25, 2021.
- 8. Kaushik S, Aydin SI, Derespina KR, et al. Multisystem Inflammatory Syndrome in Children Associated with Severe Acute Respiratory Syndrome Coronavirus 2 Infection (MIS-C): A Multi-institutional Study from New York City. *J Pediatr.* 2020;224:24-29. doi:10.1016/j.jpeds.2020.06.045.
- 9. Feldstein LR, Rose EB, Horwitz SM, et al. Multisystem Inflammatory Syndrome in U.S. Children and Adolescents. *N Engl J Med*. 2020;383(4):334-346. doi:10.1056/nejmoa2021680.
- Ebina-Shibuya R, Namkoong H, Shibuya Y, Horita N. Multisystem Inflammatory Syndrome in Children (MIS-C) with COVID-19: Insights from simultaneous familial Kawasaki Disease cases. *Int J Infect Dis*. 2020;97:371-373. doi:10.1016/j.ijid.2020.06.014.
- 11. Valverde I, Singh Y, Sanchez-de-Toledo J, et al. Acute Cardiovascular Manifestations in 286 Children With Multisystem Inflammatory Syndrome Associated With COVID-19 Infection in Europe. *Circulation*. 2021;143(1):21-32. doi:10.1161/circulationaha.120.050065.
- 12. Alsaied T, Tremoulet AH, Burns JC, et al. Review of Cardiac Involvement in Multisystem Inflammatory Syndrome in Children. *Circulation*. 2021;143(1):78-88. doi:10.1161/CIRCULATIONAHA.120.049836.
- 13. Sperotto F, Friedman KG, Son MB, VanderPluym CJ, Newburger JW, Dionne A. Cardiac manifestations in SARS-CoV-2-associated multisystem inflammatory syndrome in children: a comprehensive review and proposed clinical approach. *European Journal of Pediatrics*. 2020;180(2):307-322. doi:10.1007/s00431-020-03766-6.
- 14. Friedman KG, Harrild DM, Newburger JW. Cardiac Dysfunction in Multisystem Inflammatory Syndrome in Children. *Journal of the American College of Cardiology*. 2020;76(17):1962-1964. doi:10.1016/j.jacc.2020.09.002.
- 15. McCrindle BW, Rowley AH, Newburger JW, et al. Diagnosis, Treatment, and Long-Term Management of Kawasaki Disease: A Scientific Statement for Health Professionals From the American Heart Association. *Circulation*. 2017;135(17). doi:10.1161/cir.0000000000000484
- 16. Belhadjer Z, Méot M, Bajolle F, et al. Acute Heart Failure in Multisystem Inflammatory Syndrome in Children in the Context of Global SARS-CoV-2 Pandemic. *Circulation*. 2020;142(5):429-436. doi:10.1161/circulationaha.120.048360.

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

Heart Murmur (PEDCD-3.1)

CDP.CS.003.1.A

v1.0.2025

When evaluating an individual with a murmur for the first time, it will not be known whether the individual has congenital heart disease or not.

Initial pediatric TTE combinations

Cardiologist only submits charges for the procedure actually performed

CPT® 93303, CPT® 93306, CPT® 93320, and CPT® 93325

CPT® 93303, CPT® 93320, and CPT® 93325

CPT® 93303, CPT® 93306

 $\text{CPT}^{\$}\,93306$ (CPT $^{\$}\,93320$ and CPT $^{\$}\,93325$ are included with CPT $^{\$}\,93306$ and should not be approved separately)

- Any one of the above echocardiography code combinations is indicated for evaluation of either:
 - Any pathologic murmur
 - Any innocent murmur with associated cardiac signs or symptoms
- Repeat echocardiography is not indicated if the initial echocardiogram was normal and the murmur has not changed in quality.

Background and Supporting Information

- Heart murmurs are extremely common in pediatric individuals. The thinner chest wall
 in children allows clearer auscultation of blood flowing through the chambers of the
 heart, which may result in a murmur on physical exam.
- The majority of murmurs are innocent and do not require further evaluation. More than 30% of children may have an innocent murmur detected during physical examination. Innocent murmurs are typically systolic ejection murmurs with a vibratory or musical quality, and generally change in quality when the individual changes position.
- Other types of murmurs can be pathologic and require additional evaluation, usually by a pediatric cardiologist. Echocardiography is indicated, and is performed as part of the office visit.

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

V1.0.2025

References (PEDCD-3.1)

CDP.CS.003.1.A

v1.0.2025

- 1. Nelson Textbook of Pediatrics, 20th Edition, Robert M. Kliegman, MD, Bonita M.D. Stanton, MD, Joseph St. Geme, MD and Nina F Schor, MD, PhD, p2182 to p2292.
- 2. Campbell RM, Douglas PS, Eidem BW, Lai WW, Lopez L, Sachdeva R. ACC/AAP/AHA/ASE/HRS/SCAI/ SCCT/SCMR/SOPE 2014 Appropriate Use Criteria for Initial Transthoracic Echocardiography in Outpatient Pediatric Cardiology. Journal of the American College of Cardiology. 2014;64(19):2039-2060. doi:10.1016/ j.jacc.2014.08.003.
- 3. Lai WW, Geva T, Shirali GS, et al. Guidelines and Standards for Performance of a Pediatric Echocardiogram: A Report from the Task Force of the Pediatric Council of the American Society of Echocardiography. Journal of the American Society of Echocardiography. 2006;19(12):1413-1430. doi:10.1016/j.echo.2006.09.001.
- 4. Allen HD, Shaddy RE, Penny DJ, Cetta F, Feltes TF. Moss and Adams' Heart Disease in Infants, Children, and Adolescents: Including the Fetus and Young Adult. 9th ed. Philadelphia, PA: Wolters Kluwer; 2016.
- 5. Prakash A, Powell AJ, Geva T. Multimodality Noninvasive Imaging for Assessment of Congenital Heart Disease. Circulation: Cardiovascular Imaging. 2010;3(1):112-125. doi:10.1161/circimaging.109.875021.
- 6. Danford DA, McNamara DG. Innocent murmurs and heart sounds. In: The Science and Practice of Pediatric Cardiology, 2nd ed. Garson AJ, Bricker JT, Fisher DJ, Neish SR (Eds), Williams & Wilkins, Baltimore 1998. p.220ff DF, McNamara GG. History and physical examination of the cardiovascular system. In: The Science and Practice of Pediatric Cardiology, 2nd ed, Garson AJ, Bricker JT, Fisher DJ, Neish SR (Eds), Williams and Wilkins, Baltimore 1998, p.693nn rrr

Chest Pain General (PEDCD-4.1)

CDP.CS.0004.1.A

v1.0.2025

Initial pediatric TTE combinations

Cardiologist only submits charges for the procedure actually performed

CPT® 93303, CPT® 93306, CPT® 93320, and CPT® 93325

CPT® 93303, CPT® 93320, and CPT® 93325

CPT® 93303, CPT® 93306

CPT® 93306 (CPT® 93320 and CPT® 93325 are included with CPT® 93306 and should not be approved separately)

- Any one of the TTE combinations above is indicated for pediatric individuals with chest pain and one or more of the following:
 - Exertional chest pain
 - Non-exertional chest pain with abnormal EKG
 - Chest pain with signs or symptoms of pericarditis
 - First-degree relative with sudden unexplained death or cardiomyopathy
 - Recent onset of fever
 - Recent illicit drug use
 - Other signs or symptoms of cardiovascular disease
- Repeat echocardiography is not indicated if the initial echocardiogram is normal unless one of the following conditions is present:
 - Increased severity or change in quality of the chest pain
 - New signs or symptoms of cardiovascular disease other than pain
 - New abnormality on EKG
- Cardiac MR or cardiac CT is indicated for chest pain if prior evaluation suggests:
 - Any coronary artery abnormalities
 - Cardiomyopathy
 - Myocarditis
- Chest MRA or CTA if pulmonary embolism or aortic dissection is suspected
- Stress imaging is indicated if other imaging suggests coronary artery abnormality, or ETT suggests ischemia. EKG is uninterpretable. Any indication in section <u>Stress</u> <u>Testing with Imaging – Indications (CD 1.4)</u> in the Cardiac Imaging Guidelines. This can include Stress SPECT, echo or MR

Pediatric Cardiac Imaging Guidelines (For Ohio Only):

V1.0.2025

Background and Supporting Information

Chest pain in pediatric individuals is caused by a cardiac etiology in <5% of cases, yet causes great anxiety for parents resulting in requests for testing.

Individuals with CP may undergo an exercise stress test without imaging.

Echocardiography is performed as part of the office visit. When evaluating an individual for the first time, it will not be known whether the individual has congenital heart disease or not. The cardiologist only submits charges for the procedure actually performed.

Proprietary Information of United Healthcare. Copyright © 2025 United Healthcare Services, Inc.

V1.0.2025

References (PEDCD-4.1)

CDP.CS.0004.1.A

v1.0.2025

- 1. Kliegman R, Nelson WE. Nelson Textbook of Pediatrics. 20th ed. Philadelphia, PA: Elsevier; 2016.
- 2. Friedman KG, Alexander ME. Chest Pain and Syncope in Children: A Practical Approach to the Diagnosis of Cardiac Disease. *The Journal of Pediatrics*. 2013;163(3). doi:10.1016/j.jpeds.2013.05.001.
- Campbell RM, Douglas PS, Eidem BW, Lai WW, Lopez L, Sachdeva R. ACC/AAP/AHA/ASE/HRS/SCAI/ SCCT/SCMR/SOPE 2014 Appropriate Use Criteria for Initial Transthoracic Echocardiography in Outpatient Pediatric Cardiology. *Journal of the American College of Cardiology*. 2014;64(19):2039-2060. doi:10.1016/ j.jacc.2014.08.003.
- 4. Allen HD, Shaddy RE, Penny DJ, Cetta F, Feltes TF. Moss and Adams' Heart Disease in Infants, Children, and Adolescents: Including the Fetus and Young Adult. 9th ed. Philadelphia, PA: Wolters Kluwer; 2016
- 5. Friedman KG, Kane DA, Rathod RH, et al. Management of pediatric chest pain using a standardized assessment and management plan. *Pediatrics* 2011; 128:239.
- Friedman KG, Alexander ME. Chest Pain and Syncope in Children: A Practical Approach to the Diagnosis of Cardiac Disease. *The Journal of Pediatrics*. 2013;163(3). doi:10.1016/j.jpeds.2013.05.001.
- 7. Barbut G, Needleman JP. Pediatric Chest Pain. Pediatr Rev. 2020;41(9):469-480. doi:10.1542/pir.2019-0058.

Syncope (PEDCD-5.1)

CDP.CS.0005.1.A

v1.0.2025

Initial pediatric TTE combinations

Cardiologist only submits charges for the procedure actually performed

CPT® 93303, CPT® 93306, CPT® 93320, and CPT® 93325

CPT® 93303, CPT® 93320, and CPT® 93325

CPT® 93303, CPT® 93306

CPT® 93306 (CPT® 93320 and CPT® 93325 are included with CPT® 93306 and should not be approved separately)

- Echocardiography is not indicated for most individuals with isolated syncope.
- Echocardiography is indicated for pediatric individuals with syncope and one or more of the following:
 - Exertional syncope
 - Unexplained post-exertional syncope
 - Abnormal EKG
 - Absence of prodromal symptoms
 - Presence of preceding palpitations within seconds of loss of consciousness
 - Lack of a prolonged upright posture
 - Syncope in response to auditory or emotional
 - First-degree relative with any of the following before age 50:
 - Sudden cardiac arrest or death
 - Pacemaker or implantable defibrillator placement
 - First-degree relative with cardiomyopathy
 - Known congenital heart disease
 - History of Kawasaki disease, or other coronary pathology.
 - Pathologic murmur, irregular rhythm, gallop, or click on physical examination
- Repeat echocardiography is not indicated if the initial echocardiogram is normal unless one of the following conditions is present:
 - Increased severity or change in quality of the syncope
 - New signs or symptoms of cardiovascular disease other than syncope
 - Family of history of sudden death, cardiomyopathy
 - New abnormality on EKG

Pediatric Cardiac Imaging Guidelines (For Ohio Only):

CSRAD016OH.D

V1.0.2025

- Cardiac MR or Cardiac CT is indicated for chest pain if prior evaluation suggests any coronary artery abnormalities, cardiomyopathy, myocarditis
- MRA or CTA Chest if pulmonary embolism or aortic dissection is suspected
- Stress imaging (SPECT, echo or MR) is indicated (any);
 - If other imaging suggests coronary artery abnormality
 - ETT suggests ischemia
 - EKG is uninterpretable
 - Any indication in section <u>Stress Testing with Imaging Indications (CD 1.4)</u> in the Cardiac Imaging Guidelines

Background and Supporting Information

Syncope in pediatric individuals is common, with up to 15% of individuals experiencing at least one episode by age 21. Syncope is caused by neurocardiogenic syndrome (vasovagal syncope) in 75% to 80% of cases, which is a benign and self-limiting condition. Despite this, syncope causes great anxiety for parents resulting in requests for testing.

Individuals with CP may undergo an exercise stress test without imaging.

V1.0.2025

References (PEDCD-5.1)

CDP.CS.0005.1.A

v1.0.2025

- 1. Kliegman R, Nelson WE. Nelson Textbook of Pediatrics. 20th ed. Philadelphia, PA: Elsevier; 2016.
- 2. Friedman KG, Alexander ME. Chest Pain and Syncope in Children: A Practical Approach to the Diagnosis of Cardiac Disease. *The Journal of Pediatrics*. 2013;163(3). doi:10.1016/j.jpeds.2013.05.001.
- Campbell RM, Douglas PS, Eidem BW, Lai WW, Lopez L, Sachdeva R. ACC/AAP/AHA/ASE/HRS/SCAI/ SCCT/SCMR/SOPE 2014 Appropriate Use Criteria for Initial Transthoracic Echocardiography in Outpatient Pediatric Cardiology. *Journal of the American College of Cardiology*. 2014;64(19):2039-2060. doi:10.1016/ j.jacc.2014.08.003.
- 4. Cannon B, Wackel P. Syncope. Pediatrics in Review. 2016;37(4):159-168. doi:10.1542/pir.2014-0109.
- 5. Allen HD, Shaddy RE, Penny DJ, Cetta F, Feltes TF. Moss and Adams' Heart Disease in Infants, Children, and Adolescents: Including the Fetus and Young Adult. 9th ed. Philadelphia, PA: Wolters Kluwer; 2016.
- Shen W-K, Sheldon RS, Benditt DG, et. al. 2017 ACC/AHA/HRS guideline for the evaluation and management of patients with syncope: a report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines and the Heart Rhythm Society. *Circulation*. 2017;136:e60–e122. DOI: 10.1161/CIR.00000000000000499.
- 7. Winder MM, Marietta J, Kerr LM, et al. Reducing Unnecessary Diagnostic Testing in Pediatric Syncope: A Quality Improvement Initiative. *Pediatr Cardiol*. 2021. doi:10.1007/s00246-021-02567-4.

Pediatric Pulmonary Hypertension General (PEDCD-7.1)

CDP.CS.0007.1.A

v1.0.2025

- Pulmonary hypertension in children can be caused by cardiac, pulmonary, or systemic diseases, and idiopathic disease occurs as well.
- Chest x-ray, EKG, and echocardiography (CPT® 93306, or CPT® 93303, with CPT® 93320, and CPT® 93325, see: <u>Transthoracic Echocardiography (TTE) Coding</u> (<u>PEDCD-8.1</u>) for echocardiography coding considerations) for initial evaluation if pulmonary hypertension is suspected.
- Repeat echocardiography intervals are variable depending on age of individual, etiology, and severity.
 - After a comprehensive initial evaluation, echocardiograms using PH-specific protocols may be performed every 4 to 6 months.
 - Echocardiography is indicated at any time for new or worsening symptoms or to evaluate a recent change in therapy.
 - Right heart and /or left heart catheterization may be utilized for PAH individuals, including before and after initiation of PAH-targeted therapy, and for individuals with concomitant congenital heart disease
- CT Chest (CPT® 71250) may be indicated in addition to CTA Chest (CPT® 71275) or MRA Chest (CPT® 71555) for initial evaluation of all pediatric individuals with pulmonary hypertension to evaluate for pulmonary vascular or interstitial disease, or other intrathoracic causes.
- Cardiac MRI without and with contrast (CPT® 75561) is indicated for evaluation of inconclusive echocardiogram findings, or for monitoring right ventricular function during follow-up.
- Stress echocardiograms may be indicated (as in the general cardiac imaging guidelines) see <u>Stress Echocardiography – Indications other than ruling out</u> CAD (CD-2.7) in the Cardiac Imaging Guidelines.

V1.0.2025

References (PEDCD-7.1)

CDP.CS.0007.1.A

v1.0.2025

- 1. Abman SH, Hansmann G, Archer SL, et al. Pediatric Pulmonary Hypertension. Circulation. 2015;132(21):2037-2099. doi:10.1161/cir.0000000000000329.
- 2. Latus H, Kuehne T, Beerbaum P, et al. Cardiac MR and CT imaging in children with suspected or confirmed pulmonary hypertension/pulmonary hypertensive vascular disease. Expert consensus statement on the diagnosis and treatment of paediatric pulmonary hypertension. The European Paediatric Pulmonary Vascular Disease Network, endorsed by ISHLT and DGPK. Heart. 2016;102(Suppl 2):ii30-ii35. doi:10.1136/ heartinl-2015-308246.
- 3. Allen HD, Shaddy RE, Penny DJ, Cetta F, Feltes TF. Moss and Adams' Heart Disease in Infants, Children, and Adolescents: Including the Fetus and Young Adult. 9th ed. Philadelphia, PA: Wolters Kluwer; 2016.
- 4. Galiè N, Humbert M, Vachiery J-L, et al. 2015 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension. European Respiratory Journal. 2015;46(4):903-975. doi:10.1183/13993003.01032-2015.

Evaluation of Pericardial Effusion or Diagnosis of Pericardial Tamponade (PEDCD-9.5)

CDP.CS.0009.5.A

v1.0.2025

- Echocardiogram is the initial imaging study of choice to evaluate pericardial effusions or diagnose pericardial tamponade.
- If a specific clinical question is left unanswered by another recent imaging study and the answer to the clinical question will affect the management of the individual's clinical condition, contrast-enhanced cardiac MRI is useful for evaluating:
 - Pericarditis
 - Neoplastic effusion
 - Tamponade
 - Myocardial infiltration
- Cancers that can metastasize to the pericardium or myocardium and can cause a malignant effusion include lung, breast, renal cell, lymphoma and melanoma.
 - 1. Nelson Textbook of Pediatrics, 20th Edition, Robert M. Kliegman, MD, Bonita M.D. Stanton, MD, Joseph St. Geme, MD and Nina F Schor, MD, PhD, p2182 to p2292.
 - 2. Atweh LA, Orth RC, Guillerman RP, Zhang W, Kan JH. MR imaging of children and young adults with classic findings of osteonecrosis on unenhanced MR images: do contrast-enhanced sequences help? Pediatric Radiology. 2013;43(11):1502-1506. doi:10.1007/s00247-013-2714-1.
 - 3. Cohen MS, Eidem BW, Cetta F, et al. Multimodality Imaging Guidelines of Patients with Transposition of the Great Arteries: A Report from the American Society of Echocardiography Developed in Collaboration with the Society for Cardiovascular Magnetic Resonance and the Society of Cardiovascular Computed Tomography. Journal of the American Society of Echocardiography. 2016;29(7):571-621. doi:10.1016/j.echo.2016.04.002.
 - 4. Adler Y. Charron P. Imazio M. et al. 2015 ESC Guidelines for the diagnosis and management of pericardial diseases. European Heart Journal. 2015;36(42):2921-2964. doi:10.1093/eurheartj/ehv318.
 - 5. Allen HD. Shaddy RE. Penny DJ. et. al TF. Moss and Adams' Heart Disease in Infants. Children. and Adolescents: Including the Fetus and Young Adult. 9th ed. Philadelphia, PA: Wolters Kluwer; 2016.
 - 6. Hundley WG, Bluemke DA, Finn JP, et al. ACCF/ACR/AHA/NASCI/SCMR 2010 Expert Consensus Document on Cardiovascular Magnetic Resonance. Circulation. 2010;121(22):2462-2508. doi:10.1161/ cir.0b013e3181d44a8f.
 - 7. Cohen MS, Eidem BW, Cetta F, et al. Multimodality Imaging Guidelines of Patients with Transposition of the Great Arteries: A Report from the American Society of Echocardiography Developed in Collaboration with the Society for Cardiovascular Magnetic Resonance and the Society of Cardiovascular Computed Tomography. Journal of the American Society of Echocardiography. 2016;29(7):571-621. doi:10.1016/j.echo.2016.04.002.
 - 8. Valente AM, Cook S, Festa P, et al. Multimodality Imaging Guidelines for Patients with Repaired Tetralogy of Fallot: A Report from the American Society of Echocardiography. Journal of the American Society of Echocardiography. 2014;27(2):111-141. doi:10.1016/j.echo.2013.11.009.
 - 9. Feingold B, Mahle WT, Auerbach S, et al. Management of Cardiac Involvement Associated With Neuromuscular Diseases: A Scientific Statement From the American Heart Association. Circulation. 2017;136(13). doi:10.1161/ cir.0000000000000526.

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

V1.0.2025

- Mah ML, Cripe L, Slawinski MK, et al. Duchenne and Becker muscular dystrophy carriers: Evidence of cardiomyopathy by exercise and cardiac MRI testing. International Journal of Cardiology. 2020;316:257-265. doi:10.1016/j.ijcard.2020.05.052.
- 11. Power LC, O'Grady GL, Hornung TS, Jefferies C, Gusso S, Hofman PL. Imaging the heart to detect cardiomyopathy in Duchenne muscular dystrophy: A review. Neuromuscular Disorders. 2018;28(9):717-730. doi:10.1016/j.nmd.2018.05.011.
- 12. Hor KN, Mah ML, Johnston P, Cripe TP, Cripe LH. Advances in the diagnosis and management of cardiomyopathy in Duchenne muscular dystrophy. Neuromuscular Disorders. 2018;28(9):711-716. doi:10.1016/j.nmd.2018.06.014.
- 13. Buddhe S, Cripe L, Friedland-Little J, et al. Cardiac Management of the Patient With Duchenne Muscular Dystrophy. Pediatrics. 2018;142(Supplement 2). doi:10.1542/peds.2018-0333i.
- 14. Birnkrant DJ, Bushby K, Bann CM, et al. Diagnosis and management of Duchenne muscular dystrophy, part 2: respiratory, cardiac, bone health, and orthopaedic management. The Lancet Neurology. 2018;17(4):347-361. doi:10.1016/s1474-4422(18)30025-5.

Kawasaki Disease (PEDCD-6)

CDP.CS.0006.A

v1.0.2025

Kawasaki Disease Initial Imaging (PEDCD-6.1)

- Echocardiography (CPT® 93306) is indicated for initial assessment for suspected or known Kawasaki disease
 - Coronary CTA (CPT® 75574), Cardiac MRI without contrast (CPT® 75557), Cardiac MRI without and with contrast (CPT® 75561), or MRA Chest (CPT® 71555) are indicated for evaluation of inconclusive echocardiogram findings, or significant coronary artery abnormalities.
 - Screening of other body areas for aneurysms is not routinely indicated in Kawasaki disease, but MRA or CTA (contrast as requested) of the affected body area can be approved for evaluation of signs or symptoms suggesting aneurysm development.
 - See acute and chronic phase for imaging

Background and Supporting Information

- Kawasaki disease (KD) is the leading cause of acquired pediatric cardiac disease in the developed world. It is an acute febrile illness characterized by a medium vessel vasculitis, which predominantly affects the coronary arteries.
 - Individuals who do not fulfill the diagnostic criteria for classic KD may be considered to have incomplete (atypical) KD.
 - If Kawasaki disease is strongly suspected, treatment will often begin even before cardiac evaluation, since early treatment is associated with a lower risk for coronary aneurysm development.

Kawasaki Disease - Acute Phase (PEDCD-6.2)

- Echocardiography should be performed when the diagnosis of KD is considered
 - Uncomplicated individuals, echocardiography can be repeated after treatment both:
 - Within 1 to 2 weeks
 - Within 4 to 6 weeks
 - For individuals with important and evolving coronary artery abnormalities (Z score >2.5) detected during the acute illness, more frequent echocardiography (at least twice per week) should be performed until luminal dimensions have stopped progressing to determine the risk for and presence of thrombosis.

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

- Expanding large or giant aneurysms:
 - Twice per week while dimensions are expanding rapidly
 - Once weekly after dimension is stabilized for the first 45 days of illness
 - Then monthly until the third month after illness onset
- It is reasonable to obtain advanced imaging studies such as computed tomographic angiography (CTA), cardiac magnetic resonance imaging (CMRI), or invasive angiography on individuals' severe proximal coronary artery abnormalities in the acute phase when results will impact management decisions.
- Transesophageal echocardiography, invasive angiography, CMRI, and CTA can be of value in the assessment of selected individuals but are not routinely indicated for diagnosis and management of the acute illness.
 - Invasive angiography is rarely performed during the acute illness.
 - Transesophageal echocardiography, CTA, and CMRI can be useful for the evaluation of older children and adolescents when both:
 - Visualization of the coronary arteries with Transthoracic echocardiography (TTE) is inadequate and
 - Results will impact immediate management decisions.
- Evaluation of potential aneurysmal involvement in other arterial beds can be assessed with CMRI, CTA, and, rarely, invasive angiography after recovery from the acute illness for individuals with severe coronary artery involvement or symptoms or signs, such as the presence of a pulsatile axillary mass.
- Atypical or incomplete Kawasaki. Echo is indicated when atypical KD is being considered, may require repeat echocardiograms if treatment decisions will be affected by results (e.g., treating with IVIg), if new signs or symptoms (such as typical peeling) develop.

Background and Supporting Information

- The acute phase of Kawasaki disease (KD) can last up to 4-6 weeks from the onset of fever until acute systemic inflammation has resolved and coronary artery dimensions are no longer expanding
- Based on AHA recommendations, the following classifications are used in risk stratification of coronary artery abnormalities1
 - Z-Score classification accounts for the effects of body size and age through use of baseline coronary dimensions adjusted for body surface area. The Z score value represents the number of standard deviation above the mean. (e.g., z=0 pt. has coronary artery dimension value equal to mean, z=2 person has value 2 standard deviation above the mean, based on age, gender, BSA).
 - Coronary Artery Abnormalities Risk Classification based on Z-Score:

Pediatric Cardiac Imaging Guidelines (For Ohio Only):

CSRAD016OH.D

Effective: November 1, 2025 Page 123 of 164

¹ Mccrindle BW, Rowley AH, Newburger JW, et al. Diagnosis, Treatment, and Long-Term Management of Kawasaki Disease: A Scientific Statement for Health Professionals from the American Heart Association. Circulation. 2017;135(17). doi:10.1161/cir.0000000000000484

- 1 No involvement at any time point (Z score always <2)
- 2 Dilation only (Z score 2 to <2.5)
- 3 Small aneurysm (Z score ≥2.5 to <5)
 - 3.1 Current or persistent
 - 3.2 Decreased to dilation only or normal luminal dimension
- 4 Medium aneurysm (Z score ≥5 to <10, and absolute dimension <8 mm)
 - 4.1 Current or persistent
 - 4.2 Decreased to small aneurysm
 - 4.3 Decreased to dilation only or normal luminal dimension
- 5 Large and giant aneurysm (Z score ≥10, or absolute dimension ≥8 mm)
 - 5.1 Current or persistent
 - 5.2 Decreased to medium aneurysm
 - 5.3 Decreased to small aneurysm
 - 5.4 Decreased to dilation only or normal luminal dimension
- Additional clinical features that may increase the long-term risk of myocardial ischemia
 - Greater length and distal location of aneurysms that increase the risk of flow stasis
 - Greater total number of aneurysms
 - Greater number of branches affected
 - Presence of luminal irregularities
 - Abnormal characterization of the vessel walls (calcification, luminal myofibroblastic proliferation)
 - Presence of functional abnormalities (impaired vasodilation, impaired flow reserve)
 - Absence or poor quality of collateral vessels
 - Previous revascularization performed
 - Previous coronary artery thrombosis
 - Previous myocardial infarction
 - Presence of ventricular dysfunction

Kawasaki Disease - Chronic Phase (PEDCD-6.3)

- Long-term management begins at the end of the acute illness, usually at 4 to 6 weeks after fever onset. Management is based on two pieces of data:
 - The dimensions of the largest aneurysm at any point during the disease
 - The dimensions of the largest current aneurysm
- Additional risk factors that may be considered for imaging
 - Greater length and distal location of aneurysms that increase the risk of flow stasis

Pediatric Cardiac Imaging Guidelines (For Ohio Only):

CSRAD016OH.D Effective: November 1, 2025

- Greater total number of aneurysms
- Greater number of branches affected
- Presence of luminal irregularities
- Abnormal characterization of the vessel wall (calcification, luminal myofibroblastic proliferation)
- Presence of functional abnormalities (impaired vasodilation, impaired flow reserve)
- Absence or poor quality of collateral vessels
- Previous revascularization performed
- Previous coronary artery thrombosis
- Previous myocardial infarction
- Presence of ventricular dysfunction
- Long term routine surveillance in asymptomatic imaging for Kawasaki disease-see chart

Long term routine surveillance in asymptomatic imaging for Kawasaki disease

| AHA risk level | Largest Aneurysm At Any Point | Largest Current Aneurysm | Routine Echo | Routine Stress Imaging | Routine Coronary Imaging |
|----------------------|--|--------------------------------|---|------------------------------|--------------------------------|
| All | | | All risk levels 4-6 weeks after acute illness | | |
| 1 | Normal | Normal | One echo 2-12 months after acute illness | none | none |
| 2 | Dilation | Dilation | 6 months One year If dilation remains echo every 2-5 years until resolves | None | None |

| AHA risk level | Largest Aneurysm At Any Point | Largest Current Aneurysm | Routine Echo | Routine Stress Imaging | Routine Coronary Imaging |
|----------------------|--|--------------------------------|--|------------------------------|--------------------------------|
| | | Normal | After acute illness: 2-12 months One echocardiogram at one year No echocardiogram after one year | | |
| 3.1 | Small | Small | 6 months 12 months then yearly | 2-3 years | 3-5 years |
| 3.2 | Small | Normal or dilated | 6 months 12 months Then yearly | 3-5 years | none |
| 4.1 | Medium | Medium | 3 months 6 months 12 months Every 6-12 months after that | 1-3 years | 2-5 years |
| 4.2 | Medium | Small | 6 months and 12 months, every 1 year | 2-3 years | 3-5 years |
| 4.3 | Medium | Normal Or Dilated | Every 1-2 years | 2-4 years | none |

| AHA risk level | Largest Aneurysm At Any Point | Largest Current Aneurysm | Routine Echo | Routine Stress Imaging | Routine Coronary Imaging |
|----------------------|--|--------------------------------|--|------------------------------|---|
| 5.1 | Large | Large | 1 month 3 months 6 months 9 months 12 months Then every 3-6 months | 6-12 months | at 2-6 months, every 1-5 years |
| 5.2 | Large | Medium | Every 6-12 months | yearly | 2-5 years |
| 5.3 | Large | Small | 6-12 month | 1-2 years | 2-5 years |
| 5.4 | Large | Normal Or Dilation | 1-2 years | 2-5 years | none |

Symptomatic individuals

- Echocardiogram can be performed at any time with new or progressing cardiac symptoms
- Stress imaging when there are new or progressing symptoms of ischemia or ventricular dysfunction
- Invasive or coronary imaging Coronary angiography (CT, MRI, invasive) when the above studies are positive, inconclusive, or otherwise lead to a conclusion that intervention is needed
- **Adapted from: Mccrindle BW, Rowley AH, Newburger JW, et al. Diagnosis, Treatment, and Long-Term Management of Kawasaki Disease: A Scientific Statement for Health Professionals from the American Heart Association. Circulation. 2017;135(17). doi:10.1161/cir.0000000000000484.

V1.0.2025

References

CDP.CS.0006.A

v1.0.2025

- 1. Kliegman R, Nelson WE. Nelson Textbook of Pediatrics. 20th ed. Philadelphia, PA: Elsevier; 2016.
- Son MBF, Newburger JW. Kawasaki Disease. Pediatrics in Review. 2013;34(4):151-162. doi:10.1542/pir.34-4-151.
- Campbell RM, Douglas PS, Eidem BW, Lai WW, Lopez L, Sachdeva R. ACC/AAP/AHA/ASE/HRS/SCAI/ SCCT/SCMR/SOPE 2014 Appropriate Use Criteria for Initial Transthoracic Echocardiography in Outpatient Pediatric Cardiology. *Journal of the American College of Cardiology*. 2014; 64(19):2039-2060. doi:10.1016/ j.jacc.2014.08.003.
- 4. Mccrindle BW, Rowley AH, Newburger JW, et al. Diagnosis, Treatment, and Long-Term Management of Kawasaki Disease: A Scientific Statement for Health Professionals from the American Heart Association. *Circulation*. 2017; 135(17). doi:10.1161/cir.000000000000484.
- Mccrindle BW, Rowley AH, Newburger JW, et al. Diagnosis, Treatment, and Long-Term Management of Kawasaki Disease: A Scientific Statement for Health Professionals from the American Heart Association. Circulation. 2017;135(17). doi:10.1161/cir.0000000000000484.

V1.0.2025

Echocardiography

Guideline

Transthoracic Echocardiography (TTE) Coding (PEDCD-8.1)
Initial Transthoracic Echocardiography (TTE) Indications (PEDCD-8.2)
Repeat Transthoracic Echocardiography Indications (PEDCD-8.3)
Transesophageal Echocardiography (TEE) (PEDCD-8.4)
Fetal Echo (PEDCD-8.5)
References (PEDCD-8)

Proprietary Information of United Healthcare. Copyright © 2025 United Healthcare Services, Inc.

Transthoracic Echocardiography (TTE) Coding (PEDCD-8.1)

CDP.000.8.1.A

v1.0.2025

CPT® codes for echocardiography are listed in General Guidelines (PEDCD-1)

| Echocardiogram coding notes | CPT® |
|---|---|
| The most commonly performed study is a complete transthoracic echocardiogram with spectral and color flow Doppler (CPT® 93306). CPT® 93306 includes CPT® 93320 and CPT® 93325, so those co should not be approved along with CPT® 93306. | 1 43316 |
| Doppler codes (CPT® 93320, CPT® 93321, and CPT® 93325) are accodes and are assigned in addition to code for the primary procedur should not be approved alone. | 1 .00020 |
| For a 2D transthoracic echocardiogram without Doppler, report CPT 93307. | ^{-®} 93307 |
| A limited transthoracic echocardiogram is reported with CPT® 93308 Limited transthoracic echocardiogram should be billed if the report not "evaluate or document the attempt to evaluate" all of the requistructures. Unlike CPT® 93306, the Doppler CPT® 93321 and CPT® 93325 a included with CPT® 93308. CPT® 93321 (not CPT® 93320) should be reported with CPT® 93300 Doppler is included in the study. CPT® 93325 should also be reported with CPT® 93308 if color flo Doppler is included in the study. | rt does uired are not 93308 308 if |
| For individuals with known congenital heart disease, a limited transthoracic echocardiogram is reported with CPT® 93304, +/- CPT 93321 and CPT® 93325. | 「® 93304 |

Providers performing an initial echo on a pediatric individual will not know what
procedure codes they will be reporting until the initial study is completed.

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

- If congenital heart disease is found on the initial echo, a complete echo is reported with codes CPT® 93303, CPT® 93320, and CPT® 93325 because CPT® 93303 does NOT include Doppler and color flow mapping.
- If no congenital issue is discovered, then CPT® 93306 is reported alone and includes 2-D, Doppler and color flow mapping.
- Since providers may not know the appropriate code/s that will be reported at the time of the pre-authorization request, they may request multiple codes.
 - The following echocardiography code combinations for any **initial** echocardiogram:
 - CPT® 93303, CPT® 93306, CPT® 93320, and CPT® 93325
 - CPT® 93303, CPT® 93306
 - CPT® 93306
 - CPT® 93320 and CPT® 93325 are included with CPT® 93306 and should not be approved separately.
 - Post-service audits may be completed to ensure proper claims submission.
- · Correct coding for subsequent echocardiograms
 - If an individual is being followed for known congenital heart disease, and an echocardiogram is indicated, the appropriate codes are (CPT[®] 93303 or 93304) in addition to appropriate doppler codes(CPT[®] 93320 or 93321) and CPT[®] 93325
 - If an individual has documented normal anatomy, or acquired heart disease, and an echocardiogram is indicated, non-congenital codes are appropriate CPT[®] 93306 (includes all Doppler codes) or CPT[®] 93308 with CPT[®] 93321 and CPT[®] 93325
 - For individuals with newborn physiology (e.g., ASD versus PFO, or PDA) the final echocardiogram that documents normal anatomy can be coded as congenital. However, any subsequent echocardiograms after that, which would be completed for a new indication, (e.g., shortness of breath) would be coded as non-congenital

Initial Transthoracic Echocardiography (TTE) Indications (PEDCD-8.2)

CDP.000.8.1.A

v1.0.2025

- In addition to indications listed in previous guideline sections, initial TTE evaluation is indicated for any of the following:
 - Any signs/symptoms that are possibly cardiac in nature, including (but not limited to) central cyanosis, dyspnea, edema, poor peripheral pulses, feeding difficulty, decreased urine output, hepatomegaly, or desaturation on pulse oximetry.
 - Abnormal EKG or cardiac biomarkers
 - Abnormal chest x-ray suggesting cardiovascular disease
 - First-degree relative with any of the following before age 50:
 - Sudden cardiac arrest or death
 - Pacemaker or implantable defibrillator placement
 - First-degree relative with cardiomyopathy
 - Supraventricular Tachycardia (SVT), Ventricular Tachycardia, or Premature Ventricular Contractions (PVCs)
 - Known or suspected valvular dysfunction
 - · Persistent systemic hypertension
 - Individuals with new onset hypertension
 - TTE indicated to assess for cardiac target organ damage (LV mass, geometry, and function) at the time of consideration of pharmacologic treatment of systemic hypertension
 - Obesity (BMI >30) with additional cardiovascular risk factors
 - Stroke
 - Renal failure
 - Preoperative evaluation of individuals with chest wall deformities or scoliosis
 - Known or suspected vascular ring
 - Planned administration of cardiotoxic chemotherapy
 - Generally anthracyclines (doxorubicin, daunorubicin, mitoxantrone, idarubicin, epirubicin)
 - Planned radiation therapy involving heart muscle or hematopoietic stem cell transplant
 - · Sickle cell disease or other hemoglobinopathy causing chronic anemia
 - Known or suspected vasculitis, acute rheumatic fever, or other systemic autoimmune disease
 - Aortopathy (such as Marfan, Ehlers-Danlos, Loeys-Dietz)

Pediatric Cardiac Imaging Guidelines (For Ohio Only):

CSRAD016OH.D

Effective: November 1, 2025

UnitedHealthcare Community Plan Coverage Determination Guideline

- Positive personal diagnosis
- First degree relative
- Positive gene
- Finding suggestive of aortopathy such as x-ray showing aortic dilation
- Muscular dystrophy
 - Positive personal diagnosis
 - First degree relative
 - Positive gene
 - Any findings suggestive of MD, such as neurological exam
- Cardiomyopathy
 - Diagnosed by other modality (such as cardiac MR)
 - First degree relative
 - Positive genetic testing
 - Findings suggestive of, such as cardiomegaly on x-ray
- Metabolic, mitochondrial, and storage disorders
 - Positive personal diagnosis
 - First degree relative
 - Positive genetic testing
 - Findings suggestive of on exam or lab findings
- Abnormalities of cardiac or other viscera situs
- Signs, symptoms, or blood culture suggestive of endocarditis
- Known or suspected mass lesion involving the heart or great vessels
- Known or suspected clot in atrium or ventricle
- Known or suspected pulmonary hypertension
- Known or suspected pericardial effusion
- Complications during prenatal development:
 - Known or suspected cardiovascular abnormality on fetal echocardiogram
 - Maternal phenylketonuria (PKU)
 - Maternal diabetes with no fetal echo
 - Maternal teratogen exposure
 - Maternal infection during pregnancy with potential cardiac sequelae
- Genetic abnormality known to be associated with cardiovascular disease such as
 - Down syndrome
 - Turner syndrome
 - 22q11 deletion syndrome
 - Williams syndrome
 - Noonan syndrome
- First-degree relative family history of:

V1.0.2025

- Unexplained sudden death before age 50
- Hypertrophic cardiomyopathy
- Non-ischemic dilated cardiomyopathy
- Genetic abnormality known to be associated with cardiovascular disease
- Congenital left-sided heart lesion
- Heritable pulmonary arterial hypertension

Repeat Transthoracic Echocardiography Indications (PEDCD-8.3)

CDP.EC.0008.3.A

v1.0.2025

- Repeat echocardiograms may be required for individuals with no new symptoms.
- In addition to indications listed in previous guideline sections, repeat TTE evaluation is indicated for any of the following:
 - In an individual with known cardiac disease and a previously normal echocardiogram when there is documentation of any of the following:
 - New or worsening cardiac symptoms
 - New EKG abnormality
 - Newly recognized family history suggestive of heritable heart disease
 - In an individual with prior normal evaluation
 - New or worsening symptoms
 - New EKG finding
 - New murmur
 - New finding of inheritable disease in first-degree relative
 - Individuals with first-degree family history of cardiomyopathy (such as, hypertrophic, dilated, arrhythmogenic) or aortopathy.
 - Repeat echo every 12 months
 - Repeat echo can be done at the additional intervals when the family history or gene mutation is associated with neonatal or fetal disease:
 - At birth
 - Within the first 6 weeks
 - At 3 months
 - At 6 months
 - At one year
 - Then yearly
 - Repeat imaging is **not** indicated in individuals with first degree relative with known mutation when **both** of the following apply:
 - Individual has been tested and does not have that mutation
 - Individual has a normal echocardiogram
 - If there are abnormal findings on screening/surveillance imaging, a repeat echo is allowed to assess stability of findings
 - Individual with a phenotype positive cardiomyopathy (with or without a positive gene) can be imaged as follows:

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

- Infants (under one year)
 - TTE is indicated at frequency requested by pediatric cardiology or provider in consultation with pediatric cardiology
- Children (over one year) yearly testing is indicated as follows:
 - Repeat TTE every 12 months
 - Repeat TTE to assess stability at discretion of pediatric cardiology, or provider in consultation with pediatric cardiology, after any new or changed clinical finding.
 - TTE at any time with documented new or changing symptoms.
- Individual with a known mutation associated with cardiomyopathy or aortopathy and no previous abnormal imaging
 - Repeat echo every 12 months
 - Individuals whose gene mutation is associated with neonatal or fetal disease or there is a family history of neonatal or fetal disease can have repeat echo at the following intervals:
 - At birth
 - · Within the first 6 weeks
 - Then at 3 months
 - At 6 months
 - At one year
 - Then yearly
 - If there are abnormal findings on screening/surveillance imaging, a repeat echo is allowed to assess stability of findings.
- Individuals who are status post heart transplant can have echocardiograms repeated as often as requested by heart transplant team.
- Every 12 months for individuals receiving active therapy for ventricular hypertrophy, valvular dysfunction, cardiomyopathy
 - One time repeat TTE can be approved at 6 months to assess response to a change in therapy
- Every 12 months for individuals with chronic pericardial effusions
- Every 12 months routine surveillance in asymptomatic individuals with muscular dystrophy (may be replaced by cardiac MRI CPT® 75557 or 75561 at 6 years of life)
- Every 12 months for sickle cell disease or other hemoglobinopathy causing chronic anemia and one of the following:
 - High-risk genotype (Hgb SS or Sß⁰, severe thalassemia, etc.)
 - History of acute chest syndrome or intrinsic lung disease
 - History of stroke
 - Receiving chronic transfusion therapy

Pediatric Cardiac Imaging Guidelines (For Ohio Only):

V1.0.2025

- As needed for monitoring cardiotoxicity during chemotherapy administration
- After completion of chemotherapy and/or radiation therapy. See **Cardiotoxicity** and Echocardiography (PEDONC-19.2) for imaging guidelines.
- Aortopathies- see Thoracic Aortic Disease (PEDPVD-4.1) in the Pediatric Peripheral Vascular Disease Imaging Guidelines
- TTE follow-up for systemic hypertension
 - Individuals with evidence of end organ damage (Includes LVH, or decreased EF) can have echo every 6 months until echocardiogram normalizes.
 - Individuals without LV target organ injury (no LVH, normal EF) at initial echocardiographic assessment, repeat echocardiography at yearly intervals may be considered in those with persistent hypertension. (stage 2 HTN, or chronic stage 1 HTN incompletely treated (noncompliance or drug resistance)

V1.0.2025

Transesophageal Echocardiography (TEE) (PEDCD-8.4)

CDP.EC.0008.4.A

v1.0.2025

 Transesophageal echocardiography imaging indications in pediatric individuals are identical to those for adult individuals. See <u>Transesophageal Echocardiography</u> (<u>TEE</u>) – <u>Indications (CD-2.5</u>) in the Cardiac Imaging Guidelines.

Fetal Echo (PEDCD-8.5)

CDP.EC.0008.5.A

v1.0.2025

Fetal Echocardiography - coding

- Supported fetal echocardiography (echo) codes include:
 - Initial Fetal Echo. CPT® 76825 and Doppler Echo CPT® 76827 are performed only once per fetus/per facility (i.e. Maternal Fetal Medicine versus Pediatric Cardiology request)
 - Follow-up-Fetal echo and/or Follow-up Doppler echo (CPT® 76826/CPT® 76828)
 - CPT® 93325 for Doppler color flow velocity mapping
- An initial fetal echo is usually not performed prior to 16 weeks.
- Doppler echo procedure codes (CPT® 76827 or CPT® 76828) include the evaluation of veins, arteries, and valves. Guidelines do not support the billing of additional codes (CPT® 76820 and/or CPT® 76821)

Background and Supporting Information

 The minimal use of color Doppler (CPT[®] 93325) alone, when performed for anatomical structure identification during a standard ultrasound procedure, is not separately reimbursable

Fetal Echocardiography - Indications for Fetal Conditions

Initial Fetal echocardiography (CPT® 76825) and/or Doppler echocardiography (CPT® 76827) with or without Doppler color flow velocity mapping (CPT® 93325) can be performed if ≥16 weeks, for the indications listed below (See Fetal Echocardiography <u>- Coding (OB-12.1)</u>):

Fetal Echocardiography - Indications for Fetal Conditions

- Known or suspected abnormal fetal cardiac evaluation on fetal anatomic scan.
 - Known or suspected abnormality must be documented as hard copy or acknowledged verbally by provider of known or suspected fetal cardiac evaluation
 - Suboptimal cardiac evaluation alone is not an indication for fetal echogram. If the 4-chamber view is adequate and there is no other suspicion of a cardiac abnormality, a fetal echocardiogram is not considered medically necessary. A follow up ultrasound (CPT® 76815 or CPT® 76816) is indicated for suboptimal visualization. If the follow-up ultrasound fails to show a 4-chamber view or there is suspicion of a cardiac abnormality, fetal echocardiogram is indicated.
- Fetal cardiac arrhythmia; persistent fetal tachycardia or bradycardia

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

UnitedHealthcare Community Plan Coverage Determination Guideline Proprietary Information of United Healthcare. Copyright © 2025 United Healthcare Services, Inc.

Effective: November 1, 2025

Page 139 of 164

Fetal Echocardiography - Indications for Fetal Conditions

- · Major fetal extra-cardiac anomaly
- Congenital heart disease (CHD) in a 1st degree relative of the fetus (i.e. CHD in the mother, father, or sibling of the fetus) or a half-sibling of the fetus
- · Known fetal chromosomal abnormalities (fetal aneuploidy) or ultrasound findings of a suspected chromosomal abnormality (excluding soft markers as only ultrasound findings)
 - Early onset FGR (<32 weeks) may be a sign of fetal aneuploidy^{11,12}
- Single umbilical artery
- Chorioangioma or Umbilical cord varix (if suspicion of fetal hydrops)
- Fetal intra-abdominal venous anomaly (persistent right umbilical vein)
- Fetal effusion (pericardial, pleural effusion, ascites, etc.)
- Fetal hydrops, See Alloimmunization/Rh Isoimmunization/Other Causes of Fetal Anemia/Parvo/Hydrops (OB-16)
- Monochorionic twins/TTTS
- Abnormal Fetal Nuchal Translucency scan (NT ≥3.0mm or above the 95th percentile for the CRL) during current pregnancy.
- Abnormal ductus venosus waveform⁵
- Fetal echocardiography may be indicated with severe or unexplained polyhydramnios, or if there are also other suspicious findings on an anatomy scan
- Fetal Echo is **NOT** indicated for an isolated soft marker found on routine imaging including:
 - Choroid plexus cyst, or
 - Echogenic intra-cardiac foci, or
 - Thickened nuchal fold (≥6mm at 15 to 20 weeks), or
 - Absent or hypoplastic nasal bone, or
 - Echogenic bowel, or
 - Shortened long bones, or
 - Pyelectasis

Fetal Echocardiography - Indications for Maternal Conditions

Initial Fetal echocardiography (CPT® 76825) and/or Doppler echocardiography (CPT® 76827) with or without Doppler color flow velocity mapping (CPT® 93325) can be performed if ≥16 weeks, for the indications listed below (See Fetal Echocardiography - Coding (OB-12.1)):

Pediatric Cardiac Imaging Guidelines (For Ohio Only):

CSRAD016OH.D

Effective: November 1, 2025 Page 140 of 164

Maternal Conditions:

- Maternal pre-gestational DM or early diagnosed GDM (1st or early 2nd trimester)
- Maternal gestational diabetes mellitus, if HbA1C >6% [in the third trimester (≥32 weeks)]
- Maternal connective tissue disease (SLE, RA, Sjogrens) with Anti-Ro/SSA or anti-La/ SSB antibodies present
 - Weekly follow-up Fetal echocardiography (CPT[®] 76826) and/or Doppler fetal echocardiography (CPT[®] 76828) or CPT[®] 76815 from the 18th through the 26th week of pregnancy and then every other week until 30 weeks
- Phenylketonuria
- Infections associated with cardiac anomalies (such as parvovirus, Rubella, Coxsackie virus)
- Genetic conditions associated with CHD in a first degree relative of the fetus (e.g. Marfan syndrome, 22q11.2 deletion syndrome (DiGeorge Syndrome) or Noonan syndrome)
- Prior child with CHD born to mother and/or father of the fetus⁵
- Pregnancy conceived by assisted reproductive technology:¹
 - In Vitro Fertilization (IVF)
 - Intracytoplasmic sperm injection (ICSI)¹

Background and Supporting Information

If diabetes is diagnosed prior to pregnancy or in the first or early second trimester (typically before 20 weeks gestation) with standard diagnostic criteria of: HbA1C ≥6.5%, fasting plasma glucose ≥126 mg/dL, or 2-hour glucose ≥200 mg/dL on a 75-g oral glucose tolerance test, then image as above

For those with GDM on medication, if HbA1c levels are >6%, fetal echocardiogram in the third trimester to assess for ventricular hypertrophy can be performed.

In cases of extreme obesity (BMI≥40-50) where the 4-chamber view is inadequately documented after 2 separate ultrasound visits with MFM, fetal echo can be performed.

With positive SSA/SSB antibodies, the most vulnerable period for the fetus is during the period from 18 to 24 weeks gestation. Normal sinus rhythm can progress to complete block in seven days during this high-risk period. New onset of heart block is less likely during the 26th through the 30th week, and it rarely develops after 30 weeks of pregnancy.

V1.0.2025

Fetal Echocardiography - Indications for Medication or Drug Exposure

Initial Fetal echocardiography (CPT® 76825) and/or Doppler echocardiography (CPT® 76827) with or without Doppler color flow velocity mapping (CPT® 93325) can be performed if ≥16 weeks, for the indications listed below (See <u>Fetal Echocardiography</u> – Coding (OB-12.1)):

- · Ace inhibitors
- Alcohol (excessive quantities)
- · Anti-seizure medication, e.g. carbamazepine, hydantoin, valproate
- Folate antagonists (methotrexate)
- Lithium
- NSAIDS (Ibuprofen, Indomethacin) 2nd and 3rd trimester
- Paroxetine (Paxil)
- Retinoids (e.g Isotretinoin, Retinoic acid, Vitamin A -over 10,000 IU per day, etc.)
- Thalidomide
- Venlafaxine (Effexor)
- This may not be an all-inclusive list, however, exposure to other potential teratogens associated with cardiac anomalies in the fetus are typically adequately assessed with a detailed fetal anatomy ultrasound. (CPT® 76811) (See <u>Potentially Teratogenic</u> <u>Medications/Substances (OB 10.1)</u>)

References (PEDCD-8)

v1.0.2025

- Campbell RM, Douglas PS, Eidem BW, Lai WW, Lopez L, Sachdeva R. ACC/AAP/AHA/ASE/HRS/SCAI/SCCT/ SCMR/SOPE 2014 Appropriate Use Criteria for Initial Transthoracic Echocardiography in Outpatient Pediatric Cardiology. J Am Coll Cardiol. 2014;64(19):2039-2060. doi:10.1016/j.jacc.2014.08.003.
- Ambrusko SJ, Gunawardena S, Sakara A, et al. Elevation of tricuspid regurgitant jet velocity, a marker for pulmonary hypertension in children with sickle cell disease. *Pediatric Blood & Cancer*. 2006;47(7):907-913. doi:10.1002/pbc.20791.
- 3. Klings ES, Machado RF, Barst RJ, et al. An Official American Thoracic Society Clinical Practice Guideline: Diagnosis, Risk Stratification, and Management of Pulmonary Hypertension of Sickle Cell Disease. *American Journal of Respiratory and Critical Care Medicine*. 2014;189(6):727-740. doi:10.1164/rccm.201401-0065st.
- Evidence-Based Management of Sickle Cell Disease: Expert Panel Report, 2014. *Pediatrics*. 2014;134(6). doi:10.1542/peds.2014-2986.
- 5. Allen HD, Shaddy RE, Penny DJ, Cetta F, Feltes TF. Moss and Adams' Heart Disease in Infants, Children, and Adolescents: Including the Fetus and Young Adult. 9th ed. Philadelphia, PA: Wolters Kluwer; 2016.
- 6. Flynn JT, Kaelber DC, Baker-Smith CM, et al. Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents. *Pediatrics*. 2017;140(3). doi:10.1542/peds.2017-1904.
- 7. Sweet M, Taylor MR, Mestroni L. Diagnosis, prevalence, and screening of familial dilated cardiomyopathy. Expert Opin Orphan Drugs. 2015;3(8):869-876. doi:10.1517/21678707.2015.1057498.
- 8. TeRiele, Anneline, James, Cynthia, Approach to family screening in arrhythmogenic right ventricular dysplasia/Cardiomyopathy. *European Heart Journal* (2016) 37, 755-763 doi:10.1093/eurheartj/ehv387.
- Ommen SR, Mital S, Burke MA, et al. 2020 AHA/ACC Guideline for the Diagnosis and Treatment of Patients With Hypertrophic Cardiomyopathy: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. *J Am Coll Cardiol*. 2020;76(25):e159-e240. doi:10.1016/j.jacc.2020.08.045.
- 1. Donofrio MT, Moon-Grady AJ, Hornberger LK, et al. Diagnosis and Treatment of Fetal Cardiac Disease. Circulation. 2014;129(21):2183-2242. doi:10.1161/01.cir.0000437597.44550.5d
- 2. Brucato A. Prevention of congenital heart block in children of SSA-positive mothers. *Rheumatology*. 2008;47(Supplement 3):iii35-iii37. doi:10.1093/rheumatology/ken153
- 3. Mcbride KL, Garg V. Impact of Mendelian inheritance in cardiovascular disease. Annals of the New York Academy of Sciences. 2010;1214(1):122-137. doi:10.1111/j.1749-6632.2010.05791.x
- 4. Reddy UM, Abuhamad AZ, Levine D, et al. Fetal imaging: executive summary of a joint Eunice Kennedy Shriver National Institute Child Health and Human Development, Society for Maternal-Fetal Medicine, American Institute of Ultrasound in Medicine, American College of Obstetricians and Gynecologists, American College of Radiology, Society of Pediatric Radiology, and Society of Radiologists in Ultrasound Fetal Imaging Workshop. Obstet Gynecol Survey. 2014;69(8):453-455
- Lee W, Allan L, Carvalho JS, et al. ISUOG consensus statement: what constitutes a fetal echocardiogram? Ultrasound in Obstetrics and Gynecology. 2008;32(2):239-242. doi:10.1002/uog.6115
- 6. Friedman DM, Kim MY, Copel JA, et al. Utility of Cardiac Monitoring in Fetuses at Risk for Congenital Heart Block. The PR Interval and Dexamethasone Evaluation (PRIDE) Prospective Study. Circulation. 2008;117(4):485-493. doi:10.1161/circulationaha.107.707661
- 7. AIUM Practice Parameter for the Performance of Fetal Echocardiography. *Journal of Ultrasound in Medicine*. 2019;39(1). doi:10.1002/jum.15188
- 8. Sammaritano LR, Bermas BL, Chakravarty EE, et al. 2020 American College of Rheumatology Guideline for the Management of Reproductive Health in Rheumatic and Musculoskeletal Diseases. *Arthritis Care & Research*. 2020;72(4):461-488. doi:10.1002/acr.24130
- 9. Jenkins KJ, Correa A, Feinstein JA, et al. Noninherited Risk Factors and Congenital Cardiovascular Defects: Current Knowledge. *Circulation*. 2007;115(23):2995-3014. doi:10.1161/circulationaha.106.183216

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

V1.0.2025

- 10. Anderson KN, Lind JN, Simeone RM, Bobo WV, Mitchell AA, Riehle-Colarusso T, Polen KN, Reefhuis. Maternal Use of Specific Antidepressant Medications During Early Pregnancy and the Risk of Selected Birth Defects. J.JAMA Psychiatry. 2020 Aug 5;77(12):1246-55. doi: 10.1001/jamapsychiatry.2020.2453
- 11. ACOG Practice Bulletin No. 227: Fetal Growth Restriction. Obstet Gynecol. 2021;137(2):e16-e28 doi: 10.1097/ AOG.0000000000004251
- 12. Martins JG, Biggio, JR, Abuhamad, A. Society for Maternal-Fetal Medicine (SMFM) Consult Series #52: Diagnosis and Management of Fetal Growth Restriction. 2020 doi:10.1016/j.ajog.2015.01.059
- 13. Turan S, Asoglu MR, Ozdemir H, Seger L, Turan OM. Accuracy of the Standardized Early Fetal Heart Assessment in Excluding Major Congenital Heart Defects in High-Risk Population: A Single-Center Experience. J Ultrasound Med. 2022 Apr;41(4):961-969. doi: 10.1002/jum.15782. Epub 2021 Jul 20.
- 14. Society for Maternal-Fetal Medicine (SMFM). Electronic address: pubs@smfm.org, Silver R, Craigo S, et al. Society for Maternal-Fetal Medicine Consult Series #64: Systemic lupus erythematosus in pregnancy. Am J Obstet Gynecol. 2023;228(3):B41-B60. doi:10.1016/j.ajog.2022.09.001.
- 15. Society for Maternal-Fetal Medicine (SMFM), Osmundson SS, Grobman W, et al. Society for Maternal-Fetal Medicine response to Cuneo etal. Am J Obstet Gynecol. 2023;229(4):364-365. doi:10.1016/j.ajoq.2023.06.039
- 16. Moon-Grady AJ, Donofrio MT, Gelehrter S, et al. Guidelines and Recommendations for Performance of the Fetal Echocardiogram: An Update from the American Society of Echocardiography. J Am Soc Echocardiogr. 2023;36(7):679-723. doi:10.1016/j.echo.2023.04.014

V1.0.2025

Computed Tomography

Guideline

CT Heart and Coronary Computed Tomography Angiography (CCTA) General Considerations (PEDCD-10.1) Indications for CCTA (CPT® 75574) (PEDCD-10.3) Indications for Cardiac CT (CPT® 75572) (PEDCD-10.4) Indications for Chest CTA with Cardiac CT or CTA (PEDCD-10.5) References (PEDCD-10)

CT Heart and Coronary Computed Tomography Angiography (CCTA) General Considerations (PEDCD-10.1)

CDP.CT.0010.1.A

v1.0.2025

- Metal artifact reduces the accuracy of CCTA. Devices that can cause this issue include but are not limited to:
 - Surgical clips
 - Pacemaker devices
 - Defibrillator devices
 - Tissue expanders
- Cardiac testing that does not involve exposure to ionizing radiation should be strongly considered.

Radiation Dose (PEDCD-10.2)

- ACR-NASCI-SPR Practice Parameter for the Performance and Interpretation of Cardiac Computed Tomography (CT) states "Cardiac CT should be performed only for a valid medical indication and with the minimum radiation exposure that provides diagnostic image quality"
- ACR-NASCI-SPR Practice Parameter for the Performance of Quantification of Cardiovascular Computed Tomography (Ct) And Magnetic Resonance Imaging (MRI) states, "In younger patients, MRI may be the preferred modality, particularly when functional assessment with CT would require retrospective ECG gating and relatively high radiation doses. Further, the use of time-resolved MRA and phase contrast MRI methods offer significant advantages whose relative importance will depend on the specific application"
 - See table: Practice Estimate of Effective Radiation Dose chart for Selected Imaging Studies in <u>General Guidelines (CD-1)</u> in the general Cardiac Imaging Guidelines

Indications for CCTA (CPT® 75574) (PEDCD-10.3)

CDP.CT.0010.3.A

v1.0.2025

- In addition to indications listed in previous guideline sections, CCTA is indicated for any of the following, when a recent TTE and/or MRI is inconclusive:
 - Persistent exertional chest pain and normal stress test
 - Full sibling(s) with history of sudden death syndrome before age 30 or with documented anomalous coronary artery
 - Resuscitated sudden death and contraindication to conventional coronary angiography
 - Unexplained new onset of heart failure if CCTA will replace conventional invasive coronary angiography
 - Documented ventricular tachycardia (6 beat runs or greater) if CCTA will replace conventional invasive coronary angiography
 - Equivocal coronary artery anatomy on conventional cardiac catheterization
 - In infants: otherwise unexplained dyspnea, tachypnea, wheezing, episodic pallor, irritability, sweating, poor feeding, and/or failure to thrive
 - The presence of other congenital heart disease is not a separate indication for CCTA to rule out anomalous coronary artery (except when coronary artery surgery is pending, i.e., Transposition of the great arteries, Tetralogy of Fallot, Truncus arteriosis, aortic root surgery)
 - Evaluation of the arterial supply and venous drainage in children with bronchopulmonary sequestration
- See <u>Coronary Anomalies (PEDCD-2.4.12)</u>

V1.0.2025

Indications for Cardiac CT (CPT® 75572) (PEDCD-10.4)

CDP.CT.0010.4.A

v1.0.2025

- In addition to indications listed in previous guideline sections, CCT is indicated for any
 of the following, when a recent TTE and/or MRI is inconclusive:
 - Cardiac or pericardial mass
 - Pericarditis
 - Complications of cardiac surgery or evaluation of post-operative anatomy
 - Cardiac thrombus in individuals with technically limited TTE, TEE, or MRI
 - Clinical suspicion of arrhythmogenic right ventricular dysplasia (ARVD) or arrhythmogenic cardiomyopathy (ARVC)
 - Native aortic abnormalities if echocardiogram is indeterminate
 - Intracardiac anatomy unclear after TTE or CMRI
 - A CTA Chest may also be indicated during a Cardiac CT if there are issues regarding the chest vessels that are inconclusive after echocardiogram or Cardiac MRI

V1.0.2025

Indications for Chest CTA with Cardiac CT or CTA (PEDCD-10.5)

CDP.CT.0010.5.A

v1.0.2025

- A Chest CTA may be indicated in individuals who require Cardiac CT or Cardiac CTA when:
 - A TTE or MRI is inconclusive for issues regarding chest vasculature
 - Routine imaging is indicated based on <u>Imaging and Surveillance per Congenital</u> <u>lesion (PEDCD-2.4)</u>

References (PEDCD-10)

v1.0.2025

- 1. Nelson Textbook of Pediatrics, 20th Edition, Robert M. Kliegman, MD, Bonita M.D. Stanton, MD, Joseph St. Geme, MD and Nina F Schor, MD, PhD p2182 to p2292.
- 2. American College of Radiology. ACR-ASER-SCBT-MR-SPR Practice Parameter for the Performance of Pediatric Computed Tomography (CT). American College of Radiology | Practice Parameters by Modality: https://www.acr.org/Clinical-Resources/Practice-Parameters-and-Technical-Standards/Practice-Parameters-by-Modality. Published 2014.
- 3. American College of Radiology. ACR-NASCI-SPR Practice Parameter for the Performance of Quantification of Cardiovascular Computed Tomography (CT) and Magnetic Resonance Imaging (MRI). American College of Radiology | Practice Parameters by Modality. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/ Quant-CardiacCT-MR.pdf. Published 2017.
- 4. Einstein AJ, Henzlova MJ, and Rajagopalan S. Estimating risk of cancer associated with radiation exposure from 64-slice computer tomography coronary angiography. JAMA, 2007;298(3):317-323.
- 5. Baumgartner H, Bonhoeffer P, Groot NMSD, et al. ESC Guidelines for the management of grown-up congenital heart disease (new version 2010): The Task Force on the Management of Grown-up Congenital Heart Disease of the European Society of Cardiology (ESC). European Heart Journal. 2010;31(23):2915-2957. doi:10.1093/ eurheartj/ehq249.
- 6. Bhatt AB, Foster E, Kuehl K, et al. Congenital Heart Disease in the Older Adult. Circulation. 2015;131(21):1884-1931. doi:10.1161/cir.0000000000000204.
- 7. Feltes TF, Bacha E, Beekman RH, et al. Indications for Cardiac Catheterization and Intervention in Pediatric Cardiac Disease: A Scientific Statement from the American Heart Association. Circulation. 2011;123(22):2607-2652. doi:10.1161/cir.0b013e31821b1f10.
- 8. Warnes CA, Williams RG, Bashore TM, et al. ACC/AHA 2008 Guidelines for the Management of Adults with Congenital Heart Disease. Circulation. 2008;118(23). doi:10.1161/circulationaha.108.190690.
- 9. Cifra B, Dragulescu A, Border WL, Mertens L. Stress echocardiography in paediatric cardiology. European Heart Journal - Cardiovascular Imaging. 2015;16(10):1051-1059. doi:10.1093/ehjci/jev159.
- 10. Allen HD, Shaddy RE, Penny DJ, Cetta F, Feltes TF. Moss and Adams' Heart Disease in Infants, Children, and Adolescents: Including the Fetus and Young Adult. 9th ed. Philadelphia, PA: Wolters Kluwer; 2016. American College of Radiology, ACR-NASCI-SPR Practice Parameter for the Performance and Interpretation of Cardiac Computed Tomography (CT). American College of Radiology | American College of Radiology. https://www.acr.org/Clinical-Resources/Practice-Parameters-and-Technical-Standards/Practice-Parameters-by-Modality. Published 2017.
- 11. American College of Radiology. Practice Parameters by Modality: ACR-NASCI-SPR Practice Parameter for the Performance and Interpretation of Cardiac Computed Tomography (CT). American College of Radiology American College of Radiology, https://www.acr.org/Clinical-Resources/Practice-Parameters-and-Technical-Standards/Practice-Parameters-by-Modality. Published 2016.

V1.0.2025

Magnetic Resonance Imaging

Guideline

Cardiac MRI Coding (PEDCD-9.2)
Indications for Cardiac MRI (PEDCD-9.3)
Indications for Chest MRA for Congenital heart disease (PEDCD-9.4)
References (PEDCD-9)

Cardiac MRI Coding (PEDCD-9.2)

CDP.MR.0009.2.A

v1.0.2025

Cardiac Imaging Procedure Codes

| Cardiac MRI | CPT® |
|--|--------|
| Cardiac magnetic resonance imaging for morphology and function without contrast. | 75557 |
| Cardiac magnetic resonance imaging for morphology and function without and with contrast and further sequences. | 75561 |
| Cardiac magnetic resonance imaging for morphology and function without contrast; with stress imaging (rarely used in pediatrics). | 75559 |
| Cardiac magnetic resonance imaging for morphology and function without and with contrast and further sequences; with stress imaging (rarely used in pediatrics). | 75563 |
| Cardiac magnetic resonance imaging for velocity flow mapping (List separately in addition to code for primary procedure). | +75565 |

- Only one procedure code from the set: CPT® 75557, CPT® 75559, CPT® 75561, and CPT® 75563 should be reported per session.
- Only one flow velocity measurement (CPT® +75565) should be reported per session.

Indications for Cardiac MRI (PEDCD-9.3)

CDP.MR.0009.3.A

v1.0.2025

- In addition to indications listed in previous guideline sections, Cardiac MRI (CPT® 75557 or 75561) evaluation is indicated for any of the following, when a recent TTE is inconclusive:
 - Assessment of global ventricular function and mass if a specific clinical question is left unanswered by recent TTE and the MRI results will affect management of the individual's condition
 - Individuals with complex congenital heart disease (e.g., Tetralogy of Fallot [TOF], single ventricle, truncus arteriosis, Transposition of the Great Arteries [TGA]) may require a baseline MRI, or routine Cardiac MRI, especially as they approach their teenage years, due to poor imaging windows on echocardiogram, and the need for specific clinical information not seen on prior echocardiograms due to these known limitations. Once these individuals reach age 18, they can be imaged by adult congenital heart disease guideline.
 - Clinical suspicion of arrhythmogenic right ventricular dysplasia (ARVD) or arrhythmogenic cardiomyopathy (ARVC).
 - For pericardial disease (including constrictive pericarditis, restrictive pericarditis, and perimyocarditis), MRI should not be utilized to diagnose pericarditis but only to answer the question regarding possible constriction or restriction suggested clinically or by other techniques (TTE, etc.)
 - MRI without and with contrast (CPT® 75561) is considered the optimal test for this disorder.
 - Evaluate cardiac tumor or mass
 - MRI without and with contrast (CPT® 75561) is considered the optimal test for this disorder.
 - Evaluate anomalous coronary artery
 - MRI without and with contrast (CPT® 75561) or CCTA (CPT® 75574) after echocardiogram is considered the optimal test for this disorder.
 - For Fabry's disease, late enhancement MRI may predict the effect of enzyme replacement therapy on myocardial changes that occur with this disease.
 - MRI without and with contrast (CPT® 75561) is considered the preferred test for this disorder.
 - Cardiac MRI (CPT® 75557 or 75561) can be performed to evaluate individuals with congenital cardiomyopathy (muscular dystrophy, glycogen storage disease, fatty acid oxidation disorders, mitochondrial disorders, etc.) or unexplained cases of cardiomyopathy in order to characterize the myocardium.

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

- Cardiac stress perfusion study (CPT® 75559 or CPT® 75563) can be considered on a case by case basis for individuals with any of the following:
 - Anomalous coronary artery
 - Kawasaki disease
 - TGA
 - Ross operation
 - Other disorder with the potential for coronary ischemia
 - Individuals in whom an exercise stress test (EST) without imaging is indicated but the individual is not able to perform an EST.
 - Individuals in whom an exercise stress test (EST) is equivocal, positive, or concern for a false negative
- Assessment of cardiac iron overload such as in hemochromatosis, thalassemia, sickle cell (either CPT® 75557 or CPT® 71550, T2* MRI, contrast not necessary).
 - Screening imaging may be approved every 12 months
 - Imaging may be approved every 3 months for treatment response in individuals receiving active treatment (chelation +/- phlebotomy)
 - Frequently performed along with MRI Abdomen (CPT® 74181) to assess liver iron deposition. See Transfusion-Associated (Secondary) Hemochromatosis (PEDAB-18.2) in the Pediatric Abdomen Imaging Guidelines.
- Asymptomatic individuals with Duchenne Muscular Dystrophy (DMD)
 - MRI Cardiac for DMD either CPT® 75557 or CPT® 75561 is indicated for surveillance if done in place of TTE every year starting at 6 years of age
 - Female carriers would not typically be imaged until ≥18 years of age and should be imaged according to general Cardiac Imaging Guidelines
 - CPT® 75565 or CPT® 71555 would not be indicated unless there was an independent indication for either of those codes.

Indications for Chest MRA for Congenital heart disease (PEDCD-9.4)

CDP.MR.0009.4.A

v1.0.2025

- For Familial Aortopathies see <u>Thoracic Aortic Disease (PEDPVD-4.1)</u> in the Pediatric Peripheral Vascular Disease Imaging Guidelines
- For individuals with known CHD for routine imaging <u>Imaging and Surveillance per</u> <u>Congenital lesion (PEDCD-2.4)</u>
- For individuals who have both cardiac and ascending aorta abnormalities (e.g., truncus arteriosus), the following studies may be indicated following an inconclusive TTE:
 - Cardiac MRI (CPT® 75557 or CPT® 75561)
 - And MRI Chest (CPT® 71552) or MRA Chest (CPT® 71555) if aorta is involved
- For individuals with aortic abnormalities without cardiac abnormalities (i.e. normal intracardiac anatomy, but coarctation or peripheral pulmonary artery stenosis), the following studies may be indicated following an inconclusive TTE:
 - MRI Chest (CPT® 71552)
 - MRA Chest (CPT® 71555)
- MRA Chest (CPT® 71555) is indicated for individuals with cardiomyopathy or isolated abnormal intracardiac anatomy, when there are inconclusive images on echocardiogram related to chest vessels (e.g. aortic arch, pulmonary arteries, pulmonary veins, systemic veins).

References (PEDCD-9)

v1.0.2025

- 1. Nelson Textbook of Pediatrics, 20th Edition, Robert M. Kliegman, MD, Bonita M.D. Stanton, MD, Joseph St. Geme, MD and Nina F Schor, MD, PhD, p2182 to p2292.
- Atweh LA, Orth RC, Guillerman RP, Zhang W, Kan JH. MR imaging of children and young adults with classic findings of osteonecrosis on unenhanced MR images: do contrast-enhanced sequences help *Pediatric Radiology*. 2013;43(11):1502-1506. doi:10.1007/s00247-013-2714-1.
- Cohen MS, Eidem BW, Cetta F, et al. Multimodality Imaging Guidelines of Patients with Transposition of the Great Arteries: A Report from the American Society of Echocardiography Developed in Collaboration with the Society for Cardiovascular Magnetic Resonance and the Society of Cardiovascular Computed Tomography. Journal of the American Society of Echocardiography. 2016;29(7):571-621. doi:10.1016/j.echo.2016.04.002.
- 4. Adler Y, Charron P, Imazio M, et al. 2015 ESC Guidelines for the diagnosis and management of pericardial diseases. *European Heart Journal*. 2015;36(42):2921-2964. doi:10.1093/eurheartj/ehv318.
- Allen HD, Shaddy RE, Penny DJ, et. al TF. Moss and Adams' Heart Disease in Infants, Children, and Adolescents: Including the Fetus and Young Adult. 9th ed. Philadelphia, PA: Wolters Kluwer; 2016.
- Hundley WG, Bluemke DA, Finn JP, et al. ACCF/ACR/AHA/NASCI/SCMR 2010 Expert Consensus Document on Cardiovascular Magnetic Resonance. *Circulation*. 2010;121(22):2462-2508. doi:10.1161/ cir.0b013e3181d44a8f.
- Cohen MS, Eidem BW, Cetta F, et al. Multimodality Imaging Guidelines of Patients with Transposition of the Great Arteries: A Report from the American Society of Echocardiography Developed in Collaboration with the Society for Cardiovascular Magnetic Resonance and the Society of Cardiovascular Computed Tomography. Journal of the American Society of Echocardiography. 2016;29(7):571-621. doi:10.1016/j.echo.2016.04.002.
- 8. Valente AM, Cook S, Festa P, et al. Multimodality Imaging Guidelines for Patients with Repaired Tetralogy of Fallot: A Report from the American Society of Echocardiography. *Journal of the American Society of Echocardiography*. 2014;27(2):111-141. doi:10.1016/j.echo.2013.11.009.
- Feingold B, Mahle WT, Auerbach S, et al. Management of Cardiac Involvement Associated With Neuromuscular Diseases: A Scientific Statement From the American Heart Association. *Circulation*. 2017;136(13). doi:10.1161/ cir.000000000000526.
- 10. Mah ML, Cripe L, Slawinski MK, et al. Duchenne and Becker muscular dystrophy carriers: Evidence of cardiomyopathy by exercise and cardiac MRI testing. *International Journal of Cardiology*. 2020;316:257-265. doi:10.1016/j.ijcard.2020.05.052.
- 11. Power LC, O'Grady GL, Hornung TS, Jefferies C, Gusso S, Hofman PL. Imaging the heart to detect cardiomyopathy in Duchenne muscular dystrophy: A review. *Neuromuscular Disorders*. 2018;28(9):717-730. doi:10.1016/j.nmd.2018.05.011.
- 12. Hor KN, Mah ML, Johnston P, Cripe TP, Cripe LH. Advances in the diagnosis and management of cardiomyopathy in Duchenne muscular dystrophy. *Neuromuscular Disorders*. 2018;28(9):711-716. doi:10.1016/j.nmd.2018.06.014.
- 13. Buddhe S, Cripe L, Friedland-Little J, et al. Cardiac Management of the Patient With Duchenne Muscular Dystrophy. *Pediatrics*. 2018;142(Supplement 2). doi:10.1542/peds.2018-0333i.
- 14. Birnkrant DJ, Bushby K, Bann CM, et al. Diagnosis and management of Duchenne muscular dystrophy, part 2: respiratory, cardiac, bone health, and orthopaedic management. *The Lancet Neurology*. 2018;17(4):347-361. doi:10.1016/s1474-4422(18)30025-5.

V1.0.2025

Diagnostic Heart Catheterization

Guideline

Cardiac Catheterization General Information (PEDCD-11.1) Cardiac Catheterization Indications (PEDCD-11.2) References (PEDCD-11)

V1.0.2025

Cardiac Catheterization General Information (PEDCD-11.1)

CDP.DHC.0011.1.A

v1.0.2025

Cardiac Catheterization Procedure Codes

| Cardiac Cath Procedures | CPT® |
|--|--------------|
| Congenital Heart Disease Code "Set" | 93593-93597 |
| Right heart catheterization for congenital heart defect(s) including imaging guidance by the proceduralist to advance the catheter to the target zone; normal native connections | 93593 |
| Right heart catheterization for congenital heart defect(s) including imaging guidance by the proceduralist to advance the catheter to the target zone; abnormal native connections | 93594 |
| Left heart catheterization for congenital heart defect(s) including imaging guidance by the proceduralist to advance the catheter to the target zone, normal or abnormal native connections | 93595 |
| Right and left heart catheterization for congenital heart defect(s) including imaging guidance by the proceduralist to advance the catheter to the target zone(s); normal native connections | 93596 |
| Right and left heart catheterization for congenital heart defect(s) including imaging guidance by the proceduralist to advance the catheter to the target zone(s); abnormal native connections | 93597 |
| Anomalous coronary arteries, patent foramen ovale, mitral valve | 93451-93464, |
| prolapse, and bicuspid aortic valve | 93566-93568 |
| RHC without LHC or coronaries | 93451 |
| LHC without RHC or coronaries | 93452 |

Pediatric Cardiac Imaging Guidelines (For Ohio Only): CSRAD016OH.D

UnitedHealthcare Community Plan Coverage Determination Guideline

Effective: November 1, 2025 Page 158 of 164

Proprietary Information of United Healthcare. Copyright © 2025 United Healthcare Services, Inc.

| Cardiac Cath Procedures | CPT® |
|--|---|
| RHC and retrograde LHC without coronaries | 93453 |
| Native coronary artery catheterization; | 93454 |
| with bypass grafts | 93455 |
| with RHC | 93456 |
| with RHC and bypass grafts | 93457 |
| with LHC | 93458 |
| with LHC and bypass grafts | 93459 |
| with RHC and LHC | 93460 |
| with RHC and LHC and bypass grafts | 93461 |
| LHC by trans-septal or apical puncture | +93462 |
| Angiography of non-coronary arteries and veins performed as a distinct service | Select appropriate codes from the Radiology and Vascular Injection Procedures sections. |

CPT® 93593 to 93597 are appropriate for invasive evaluation of congenital heart disease

- These guidelines apply to individuals with stable conditions and who are not in the acute setting. Individuals in acute settings or with unstable angina should be handled as medical emergencies.
- · Pediatric catheterizations are done for many purposes, including diagnosis and intervention of congenital and acquired heart disease.

V1.0.2025

- When device placement is planned (ASD/VSD device, transcatheter valve implantation, PDA device), the procedure codes for those devices include all cardiac catheterization(s), intraprocedural contrast injection(s), fluoroscopic radiological supervision and interpretation, and imaging guidance performed to complete the procedure. A diagnostic cath may be considered on a case-by-case basis if there are unanswered issues via noninvasive imaging.
- A right heart cath can be approved for pulmonary artery interventions (e.g., stents, coils).

Proprietary Information of United Healthcare. Copyright © 2025 United Healthcare Services, Inc.

Cardiac Catheterization Indications (PEDCD-11.2)

CDP.DHC.0011.2.A

v1.0.2025

- Diagnostic catheterization is indicated:
 - When other advanced imaging has failed to resolve a clinical issue and results will impact the individual's management
 - For example, a cath to assess ventricular pressures and shunt to determine if VSD surgery is required
 - For preoperative assessment in complex heart disease
 - Norwood procedure
 - Bidirectional Glenn shunt
 - Fontan procedure
 - Pulmonary atresia
 - Pulmonary hypertension
 - During some interventions such as:
 - Valvuloplasty
 - Pulmonary artery or vein stents
 - Assessment of individuals who are status post heart transplant
 - See <u>Kawasaki Disease Initial Imaging (PEDCD-6.1)</u> for specific intervals in Kawasaki Disease
 - On an individual who is having a device placed when:
 - A diagnostic catheterization, or stenting is needed in addition to the device
 - The diagnostic catheterization is indicated separate from the device placement
 - Individuals with anomalous coronary arteries, or with syndromes associated with abnormal coronary arteries (i.e., Williams syndrome) or acquired CAD (i.e., KD-see Kawasaki Disease Initial Imaging (PEDCD-6.1)
 - When diagnostic images are not adequate or evaluation or treatment decision
 - Preoperative for cardiac surgery
 - New symptoms concerning for ischemia

V1.0.2025

References (PEDCD-11)

v1.0.2025

- Optum360®EncoderPro.com. EncoderPro.com Online Medical Coding Software|Optum360Coding.com. https://www.encoderpro.com. Published 2019.
- 2. Feltes TF, Bacha E, Beekman RH, et al. Indications for Cardiac Catheterization and Intervention in Pediatric Cardiac Disease: A Scientific Statement from the American Heart Association. *Circulation*. 2011;123(22):2607-2652. doi:10.1161/cir.0b013e31821b1f10.
- 3. LaDisa JF, Taylor CA, Feinstein JA. (2006) Endovascular Treatment Strategies for Coarctation of the Aorta. In: Rousseau H, Verhoye JP, Heautot JF. (eds) Thoracic Aortic Diseases. Springer, Berlin, Heidelberg.
- 4. Bergersen L, Foerster S, Marshall AC, Meadows J. Congenital Heart Disease The Catheterization Manual. New York, NY: Springer US; 2009.

V1.0.2025

Policy History and Instructions for Use

| \sim | | | |
|--------|-----|---|------|
| Gι | JId | е | line |

Policy History and Instructions for Use

Page 163 of 164

Effective: November 1, 2025

Proprietary Information of United Healthcare. Copyright © 2025 United Healthcare Services, Inc.

Policy History and Instructions for Use

Policy History and Instructions for Use

v1.0.2025

Instructions for Use

This Medical Policy provides assistance in interpreting United HealthCare Services, Inc. standard benefit plans. When deciding coverage, the federal, state (Ohio Administrative Code [OAC]) or contractual requirements for benefit plan coverage must be referenced as the terms of the federal, state (OAC) or contractual requirements for benefit plan coverage may differ from the standard benefit plan. In the event of a conflict, the federal, state (OAC) or contractual requirements for benefit plan coverage govern.

Before using this policy, please check the federal, state (OAC) or contractual requirements for benefit plan coverage. United HealthCare Services, Inc. reserves the right to modify its Policies and Guidelines as necessary. This Medical Policy is provided for informational purposes. It does not constitute medical advice.

United HealthCare Services, Inc. uses InterQual® for the primary medical/surgical criteria, and the American Society of Addiction Medicine (ASAM) for substance use, in administering health benefits. If InterQual® does not have applicable criteria, United HealthCare Services, Inc. may also use United HealthCare Services, Inc.'s Medical Policies, Coverage Determination Guidelines, and/or Utilization Review Guidelines that have been approved by the Ohio Department for Medicaid Services. The United HealthCare Services, Inc.'s Medical Policies, Coverage Determination Guidelines, and Utilization Review Guidelines are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.

Policy History/Revision Information

| Date | Summary of Changes |
|------------|--------------------------------|
| 02/01/2024 | Annual evidence-based updates |
| 07/01/2024 | Interim evidence-based updates |
| 05/01/2025 | Annual evidence-based updates |