

Please complete this **entire** form and fax it to: **866-940-7328**. If you have questions, please call **800-310-6826**.
This form may contain multiple pages. Please complete all pages to avoid a delay in our decision.
Allow at least 24 hours for review.

Apple Health Preferred Drug list: <https://www.hca.wa.gov/assets/billers-and-providers/apple-health-preferred-drug-list.xlsx>

Section A – Member Information

First Name:	Last Name:	Member ID:
Address:		
City:	State:	ZIP Code:
Phone:	DOB:	Allergies:
Primary Insurance Information (if any):		

Is the requested medication: New or Continuation of Therapy? If continuation, list start date: _____

Is this patient currently hospitalized? Yes No If recently discharged, list discharge date: _____

Section B - Provider Information

First Name:	Last Name:	M.D./D.O.
Address:	City:	State: ZIP code:
Phone:	Fax:	NPI #: Specialty:
Office Contact Name / Fax attention to:		

Section C - Medical Information

Medication:	Strength:
Directions for use:	Quantity:
Diagnosis (Please be specific & provide as much information as possible):	ICD-10 CODE:
Is this member pregnant? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, what is this member's due date? _____	

Section D – Previous Medication Trials

Medication Name	Strength	Directions	Dates of Therapy	Reason for failure / discontinuation

Section E – Additional information and Explanation of why preferred medications would not meet the patient's needs: Please refer to the patient's PDL at www.uhcprovider.com for a list of preferred alternatives

Member First name:	Member Last name:	Member DOB:
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Clinical and Drug Specific Information

1. Indicate patient diagnosis:

<input type="checkbox"/> Moderate to Severe chronic atopic dermatitis <input type="checkbox"/> Oral corticosteroid dependent asthma <input type="checkbox"/> Other. Specify: _____	<input type="checkbox"/> Asthma with an eosinophilic phenotype <input type="checkbox"/> Chronic rhinosinusitis with bilateral nasal polyposis
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2. Will this be used in combination with any of the following (check all that apply):
 - Anti-interleukin 5 therapy (e.g., mepolizumab, reslizumab, benralizumab)
 - Anti-interleukin 13 therapy (e.g., tralokinumab-ldrm)
 - Janus kinase inhibitors (e.g., upadacitinib, abrocitinib)

3. Is this prescribed by or in consultation with any of the following (check all that apply):

<input type="checkbox"/> Allergy/ Immunology	<input type="checkbox"/> Dermatology	<input type="checkbox"/> Ear, nose, or throat specialist
<input type="checkbox"/> Pulmonology	<input type="checkbox"/> Other. Specify: _____	

4. What is patient's current weight? _____ kg Date taken: _____

For diagnosis of Atopic Dermatitis, complete the following:

Continuation of therapy for atopic dermatitis:

5. Does patient have clinical documentation of disease stability or improvement defined by any of the following? (Check all that apply)
 - At least 20% reduction in body surface area (BSA) involvement
 - Achieved/maintained clear or minimal disease from baseline (equivalent to Investigator's Global Assessment (IGA) score of 0 or 1)
 - Experienced or maintained a decrease in Eczema Area and Severity Index (EASI) score of at least 50%

6. Does patient have documentation of improvement in functional impairment for any of the following? (Check all that apply).

<input type="checkbox"/> Improvement in of limitation of activities of daily living (ADLs) <input type="checkbox"/> Sleep disturbances	<input type="checkbox"/> Skin infections <input type="checkbox"/> Other. Specify: _____
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New start for atopic dermatitis:

7. Does patient have any of the following (check all that apply)?
 - At least 10% body surface area (BSA) involvement
 - A disease severity scale scoring demonstrating severe chronic atopic dermatitis (e.g., Investigator's Global Assessment (IGA) score of 3 or greater; Eczema Area and Severity Index (EASI), Patient Oriented Eczema Measure (POEM); etc.)
 - None of the above

8. Does patient have documentation of functional impairment for any of the following? (Check all that apply)

<input type="checkbox"/> Limitation of activities of daily living (ADLs) <input type="checkbox"/> Sleep disturbances	<input type="checkbox"/> Skin infections <input type="checkbox"/> Other. Specify: _____
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9. Indicate if the patient has a history of failure, intolerance, or contraindication to any of the following for a daily treatment minimum of 28 days each (check all that apply):
 - Topical corticosteroids of at least medium/moderate potency
 - Topical calcineurin inhibitors (pimecrolimus or tacrolimus)
 - PDE-4 inhibitors (crisaborole)

Member First name:	Member Last name:	Member DOB:
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For diagnosis of Asthma, complete the following:

Continuation of therapy for asthma with an eosinophilic phenotype or asthma with oral corticosteroid dependent asthma:

- 10. Is there documentation of disease improvement compared to baseline measures (e.g., reduced missed days from work or school, improved FEV₁, ACQ or ACT scores, decrease in burst of systemic corticosteroids, etc.)?
 Yes No

- 11. **For asthma with oral corticosteroid dependent asthma:** Has the patient had a reduction in daily oral corticosteroid dosage or usage? Yes No

New start for asthma with an eosinophilic phenotype or asthma with oral corticosteroid dependent asthma:

- 12. Has patient had any of following (check all that apply):
 - FEV₁ less than (<) 80% predicted
 - One or more bursts of systemic corticosteroids or oral corticosteroid dependency in the previous 12 months
 - Frequent (at least twice per year) additional medical treatment such as: emergency department (ED) visits, hospitalizations, treatment with mechanical ventilation, or unplanned (sick) office visits
 - Limitation of activities of daily living, nighttime awakening, or dyspnea

- 13. Will patient be using in combination with additional asthma controller medications?
 Yes, please indicate the medication and duration of use. _____
 No, please explain. _____

- 14. Does the patient have a history of failure (remains symptomatic after 6 weeks), contraindication or intolerance to any of the following (check all that apply)
 - High-dose inhaled corticosteroids, in combination with additional controller(s)
 - Daily oral corticosteroids in combination with high-dose inhaled corticosteroids and additional controller(s)

- 15. **For diagnosis of asthma with an eosinophilic phenotype:**
 What is patient's blood eosinophil count? _____ cells/ μ L Date taken: _____

For diagnosis of chronic rhinosinusitis with nasal polyposis, complete the following:

- 16. Will the patient continue to use intranasal corticosteroids with dupilumab? Yes No

Continuation of therapy for chronic rhinosinusitis with nasal polyposis:

- 17. Does patient have clinical documentation of disease improvement compared to baseline defined as a reduction in sinusitis-related symptoms, (such as nasal obstruction, nasal discharge, nasal polyp size, facial pain, and pressure, etc.)? Yes No

New start chronic rhinosinusitis with nasal polyposis:

- 18. Is there clinical documentation in the patient's file confirming the diagnosis of chronic rhinosinusitis with nasal polyposis? Yes No

- 19. Does patient have a history of persistent symptoms of rhinosinusitis after completion of 2 months of intranasal corticosteroid use? Yes No

- 20. Does patient have a history of failure, intolerance, or contraindication to short courses of systemic oral corticosteroids? Yes No

CHART NOTES ARE REQUIRED WITH THIS REQUEST

Prescriber signature	Prescriber specialty	Date
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