

Premium Specialty: Neurosurgery, Orthopedics and Spine

Patient Episode Cost

Additional UnitedHealth Premium® methodology documents are located on unitedhealthpremium.uhc.com.

Condition-Based Episodes

Adult Rheumatoid Arthritis*

Autoimmune Rheumatologic Diseases, except Lupus*

Bursitis and Tendinitis - Elbow and Upper Arm, Bilateral

Bursitis and Tendinitis - Elbow and Upper Arm, Single Side

Bursitis and Tendinitis - Foot and Ankle, Bilateral

Bursitis and Tendinitis - Foot and Ankle, Single Side

Bursitis and Tendinitis - Hand, Wrist and Forearm, Bilateral

Bursitis and Tendinitis - Hand, Wrist and Forearm, Single Side

Bursitis and Tendinitis - Knee and Lower Leg, Bilateral

Bursitis and Tendinitis - Knee and Lower Leg, Single Side

Bursitis and Tendinitis - Shoulder

Bursitis and Tendinitis - Thigh, Hip and Pelvis

Bursitis and Tendinitis - Unspecified

Carpal Tunnel Syndrome

Complex Regional Pain Syndrome

Conditional Exam

Congenital Disorders of Central Nervous System

Gout*

Inflammation of Non-Cranial Nerves, except Carpal Tunnel

Joint Degeneration, Localized - Back, Bilateral

Joint Degeneration, Localized - Back, Single Side

Joint Degeneration, Localized - Elbow and Upper Arm

Joint Degeneration, Localized - Foot and Ankle, Bilateral

Joint Degeneration, Localized - Foot and Ankle, Single Side

Joint Degeneration, Localized - Hand, Wrist and Forearm

Joint Degeneration, Localized - Knee and Lower Leg, Bilateral

| Condition-Based Episodes |
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| Joint Degeneration, Localized - Knee and Lower Leg, Single Side |
| Joint Degeneration, Localized - Neck |
| Joint Degeneration, Localized - Shoulder |
| Joint Degeneration, Localized - Thigh, Hip and Pelvis |
| Joint Degeneration, Localized - Unspecified* |
| Joint Derangement - Elbow and Upper Arm |
| Joint Derangement - Foot and Ankle |
| Joint Derangement - Hand, Wrist and Forearm |
| Joint Derangement - Knee and Lower Leg |
| Joint Derangement - Shoulder, Bilateral |
| Joint Derangement - Shoulder, Single Side |
| Joint Derangement - Thigh, Hip and Pelvis, Bilateral |
| Joint Derangement - Thigh, Hip and Pelvis, Single Side |
| Joint Derangement - Unspecified |
| Low Back Pain Syndrome |
| Major Joint Inflammation - Back |
| Major Joint Inflammation - Elbow and Upper Arm |
| Major Joint Inflammation - Foot and Ankle |
| Major Joint Inflammation - Hand, Wrist and Forearm* |
| Major Joint Inflammation - Knee and Lower Leg |
| Major Joint Inflammation - Other |
| Major Joint Inflammation - Shoulder |
| Major Joint Inflammation - Thigh, Hip and Pelvis |
| Major Joint Inflammation - Unspecified* |
| Minor Orthopedic Trauma - Back |
| Minor Orthopedic Trauma - Elbow and Upper Arm |
| Minor Orthopedic Trauma - Foot and Ankle, Bilateral |
| Minor Orthopedic Trauma - Foot and Ankle, Single Side |
| Minor Orthopedic Trauma - Hand, Wrist and Forearm, Bilateral |
| Minor Orthopedic Trauma - Hand, Wrist and Forearm, Single Side |

| Condition-Based Episodes |
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| Minor Orthopedic Trauma - Head and Face |
| Minor Orthopedic Trauma - Knee and Lower Leg |
| Minor Orthopedic Trauma - Neck |
| Minor Orthopedic Trauma - Shoulder |
| Minor Orthopedic Trauma - Thigh, Hip and Pelvis, Bilateral |
| Minor Orthopedic Trauma - Thigh, Hip and Pelvis, Single Side |
| Minor Orthopedic Trauma - Trunk |
| Minor Orthopedic Trauma - Unspecified |
| Non-Malignant Neoplasm of Bone and Connective Tissue, Head and Neck |
| Non-Malignant Neoplasm of Bone and Connective Tissue, Other than Head and Neck |
| Non-Malignant Neoplasm of Central Nervous System |
| Non-Malignant Neoplasm of Skin |
| Non-Malignant Neoplasm of Skin, with Surgery, Bilateral |
| Non-Malignant Neoplasm of Skin, with Surgery, Single Side |
| Obesity |
| Orthopedic Deformity - Back |
| Orthopedic Deformity - Elbow and Upper Arm |
| Orthopedic Deformity - Foot and Ankle |
| Orthopedic Deformity - Hand, Wrist and Forearm |
| Orthopedic Deformity - Head and Face |
| Orthopedic Deformity - Knee and Lower Leg |
| Orthopedic Deformity - Neck |
| Orthopedic Deformity - Shoulder |
| Orthopedic Deformity - Thigh, Hip and Pelvis |
| Orthopedic Deformity - Trunk |
| Orthopedic Deformity - Unspecified |
| Orthopedic Signs and Symptoms - Back |
| Orthopedic Signs and Symptoms - Elbow and Upper Arm |
| Orthopedic Signs and Symptoms - Foot and Ankle |
| Orthopedic Signs and Symptoms - Hand, Wrist and Forearm |

| Condition-Based Episodes |
|---|
| Orthopedic Signs and Symptoms - Knee and Lower Leg |
| Orthopedic Signs and Symptoms - Neck |
| Orthopedic Signs and Symptoms - Shoulder |
| Orthopedic Signs and Symptoms - Thigh, Hip and Pelvis |
| Orthopedic Signs and Symptoms - Unspecified |
| Osteoporosis* |
| Other Infectious Diseases |
| Other Inflammation of Skin* |
| Other Minor Orthopedic Disorders - Back |
| Other Minor Orthopedic Disorders - Elbow and Upper Arm |
| Other Minor Orthopedic Disorders - Foot and Ankle |
| Other Minor Orthopedic Disorders - Hand, Wrist and Forearm |
| Other Minor Orthopedic Disorders - Knee and Lower Leg |
| Other Minor Orthopedic Disorders - Neck |
| Other Minor Orthopedic Disorders - Shoulder |
| Other Minor Orthopedic Disorders - Thigh, Hip and Pelvis |
| Other Minor Orthopedic Disorders - Unspecified |
| Routine Exam |
| Skin Trauma, except Burn and Open Wound - Elbow and Upper Arm |
| Skin Trauma, except Burn and Open Wound - Foot and Ankle, Bilateral |
| Skin Trauma, except Burn and Open Wound - Foot and Ankle, Single Side |
| Skin Trauma, except Burn and Open Wound - Hand and Forearm, Bilateral |
| Skin Trauma, except Burn and Open Wound - Hand and Forearm, Single Side |
| Skin Trauma, except Burn and Open Wound - Head and Face |
| Skin Trauma, except Burn and Open Wound - Hip and Thigh |
| Skin Trauma, except Burn and Open Wound - Lower Leg |
| Skin Trauma, except Burn and Open Wound - Shoulder |
| Skin Trauma, except Burn and Open Wound - Trunk, Bilateral |
| Skin Trauma, except Burn and Open Wound - Trunk, Single Side |

*Episodes for these conditions are excluded for patients whose pharmacy cost data is not available.

| Procedure-Based Episodes | Claims Grouping Timeframe | |
|--|---------------------------|------------|
| | Days Before | Days After |
| Achilles Tendon Repair (Note: evaluation for single-side and bilateral procedures is performed separately) | 0 | 42 |
| Ankle Ligament Repair (Note: evaluation for single-side and bilateral procedures is performed separately) | 14 | 42 |
| Arthrodesis (Note: evaluation for single-side and bilateral procedures is performed separately) | 14 | 42 |
| Arthrodesis - Single Joint (Note: evaluation for single-side and bilateral procedures is performed separately) | 14 | 42 |
| Arthroscopic Removal of Foreign Body - Debridement of Shoulder (Note: evaluation for single-side and bilateral procedures is performed separately) | 14 | 42 |
| Arthroscopic Repair Shoulder - Rotator Cuff or Slap Shoulder (Note: evaluation for single-side and bilateral procedures is performed separately) | 14 | 42 |
| Bunionectomy (Note: evaluation for single-side and bilateral procedures is performed separately) | 14 | 42 |
| Carpal Tunnel Release - Arthroscopy (Note: evaluation for single-side and bilateral procedures is performed separately) | 14 | 42 |
| Carpal Tunnel Release - Open (Note: evaluation for single-side and bilateral procedures is performed separately) | 14 | 42 |
| Cervical Spine Fusion | 14 | 42 |
| Hip Arthroscopy (Note: evaluation for single-side and bilateral procedures is performed separately) | 14 | 42 |
| Hip Replacement (Note: evaluation for single-side and bilateral procedures is performed separately) | 14 | 42 |
| Hip Replacement - Revision (Note: evaluation for single-side and bilateral procedures is performed separately) | 14 | 42 |
| Knee Arthroscopy with Cruciate Ligament Repair (Note: evaluation for single-side and bilateral procedures is performed separately) | 14 | 28 |
| Knee Arthroscopy with Meniscectomy (Note: evaluation for single-side and bilateral procedures is performed separately) | 14 | 28 |
| Knee Replacement Surgery (Note: evaluation for single-side and bilateral procedures is performed separately) | 14 | 42 |
| Lumbar Decompression | 14 | 42 |
| Lumbar Fusion | 14 | 42 |
| Lumbar Surgery - Curvature of the Spine | 14 | 42 |
| Lumbar Surgery - Disc Disease or Radiculopathy | 14 | 42 |
| Lumbar Surgery - Postlaminectomy Syndrome | 14 | 42 |
| Lumbar Surgery - Spinal Stenosis | 14 | 42 |
| Lumbar Surgery - Spondylolisthesis | 14 | 42 |
| Other Arthroscopic Procedures - Shoulder (Note: evaluation for single-side and bilateral procedures is performed separately) | 14 | 42 |
| Other Knee Arthroscopy with Treatment (Note: evaluation for single-side and bilateral procedures is performed separately) | 14 | 28 |
| Rotator Cuff Repair (Note: evaluation for single-side and bilateral procedures is performed separately) | 14 | 42 |
| Thoracic Spine Fusion | 14 | 42 |
| Total Shoulder Replacement (Note: evaluation for single-side and bilateral procedures is performed separately) | 14 | 42 |

| Procedure-Based Episodes | Claims Grouping Timeframe | |
|--------------------------|---------------------------|------------|
| | Days Before | Days After |
| Vertebral Corpectomy | 14 | 42 |

Episodes for procedures are excluded when they include a diagnosis code on the Agency for Healthcare Research and Quality (AHRQ) Trauma Diagnosis Code list (except meniscus tears), are a redo of a prior procedure, and or include services that are included in a cancer-related condition-based episode.

Important notes about UnitedHealth Premium

The information from UnitedHealth Premium is not an endorsement of a particular physician or health care professional’s suitability for the health care needs of any member. UnitedHealthcare does not practice medicine nor provide health care services. Physicians are solely responsible for medical judgments and treatments.

A Premium Care Physician designation does not guarantee the quality, or the outcome of any health care services members receive. The fact that a physician does not have a Premium Care Physician designation does not mean the physician does not provide quality health care services.

All physicians in the UnitedHealthcare Network have met certain minimum credentialing requirements. Regardless of whether a physician has received a Premium Care Physician designation, members have access to all physicians in the UnitedHealthcare Network as described in the member’s benefit plan.

There are various reasons why a physician may not be designated as a Premium Care Physician. A physician may not receive a designation because that physician has not been evaluated. This occurs when a physician does not practice in a specialty or market that is evaluated by Premium, or the physician’s evaluation is in process. This also occurs when there are not enough measures, patients, and or episodes attributed to the physician for evaluation. This is not an indicator of the total number of patients treated by the physician, or the number of procedures performed by the physician.

UnitedHealthcare informs members that designations are intended only as a guide when choosing a physician and should not be the sole factor in selecting a physician. Members are encouraged to discuss designations with a physician before choosing them or consult with their current physician(s) for advice on selecting other physicians.

As with all programs that evaluate performance based on evaluation of a sample, there is a risk of error. There is a risk of error in the claims data used and in the way patient care is attributed to physicians. UnitedHealth Premium uses statistical testing to compare a physician’s performance to benchmarks. There is a risk of error in statistical tests when applied to the data and a result based on statistical testing is not a guarantee of correct inference or classification. Physicians have the opportunity to review the data and evaluation results and may submit requests for changes and or corrections.

The information contained in this document is subject to change.